International Ski Mountaineering Federation

Rules & Guidelines

Legend:
Modifications in the current text compared to the season 2022/23 are highlighted as follows:
Yellow: Work in progress, pending topic

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GENERAL RULES

1. GENERAL INFORMATION

The ISMF rules and guidelines consist of a set of rules and guidelines applicable for the standardised organisation of the ISMF events. The purpose of the text of the ISMF rules and guidelines is to outline the obligations, behaviour and rights of all persons at any level involved in the events organised by the ISMF.

All ISMF rules and guidelines are in English. They may be subject to modification of the language used, in so much as the context and the content of these documents will remain unaltered but the English language used within said rules may be subject to improvement in terms of grammar and clarity.

In the documents for ISMF rules and guidelines, the masculine gender used in relation to any physical person (for example, names such as official, athlete, referee, coach or pronouns such as he, they or them) shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

All amounts stated in Euro (EUR) may be payable in the local currency where the event is taking place converted at the applicable exchange rate at the present date.

2. DEFINITIONS

- Protester: A protester is an accredited individual entitled to file a protest according to the protestable matters.
- Appellant: An appellant is a party who files an appeal
- Respondent: A respondent is the party against whom an appeal is made

3. REFERENCES

This chapter refers to the following rules:

- Event Registration Rules
- Organisation Event Guidelines
- Athletes Participation Rules
- Technical Race Guidelines
- Sporting Rules
- Race Equipment Rules
- Ranking Rules
- Rules for Youth World Cup
- Rules for Long Distance Team
- Rules for Olympic Games
- Transitory Rules for European Championships

4. ABBREVIATIONS

The following abbreviations are used in the ISMF rules and guidelines.

4.1. ISMF events

ACH: Asian Championships
AR: Assistant Referee
CC: Continental Cup
CCH: Continental Championships
EC: Event Coordinator
EUCH: European Championships
F: Female
H: Heat
IR: Individual race
JP: Jury President

LD: Long Distance
LDI: Long Distance Individual
LDT: Long Distance Team
LL: Lucky Loser
M: Men / Male
MC: Marketing & Media Coordinator
MR: Mixed Relay race
M-WCH: Masters World Championships
NACH: North American Championships
NR: National Referee
RJ: Race Jury
RM: Ranking Manager
RR: Relay race
S: Senior
SR: Sprint race
TD: Technical Delegate
TDA: Technical Delegate Assistant
TR: Team race
U18: Under 18
U20: Under 20
U23: Under 23
VAR: Video Assistant Refereeing
VR: Vertical race
W: Women
WC: World Cup
WCH: World Championships
YWC: Youth World Cup

4.2. ISMF meetings

PA: Plenary Assembly
TCM: Team Captain Meeting

4.3. International Federations/Associations/Bodies

CISM: Conseil International du Sport Militaire (International Military Sports Council)
EU: European Union
EYOF: European Youth Olympic Festival
FISU: Fédération Internationale du Sport Universitaire (International University Sports Federation)
IF: International Federation
IMGA: International Masters Games Association
IOC: International Olympic Committee
ISMF: International Ski Mountaineering Federation
LGC: La Grande Course
OG: Olympic Games
TAS-CAS: Tribunal Arbitral Du Sport - Court of Arbitration for Sport
UIAA: Union Internationale des Associations d'Alpinisme (International Climbing and Mountaineering Federation)
WMWG: World Military Winter Games
WOG: Winter Olympic Games
WWMG: Winter World Masters Games
WWUG: Winter World Universiade Games
YOG: Youth Olympic Games

4.4. National Members

LOC: Local Organising Committee
NC: National Cup
NCH: National Championships
NM: National Member
NOC: National Olympic Committee

4.5. Ranking and results

DNF: Did not finish
DNS: Did not start
DQB: Disqualified for special behaviour
DSQ: Disqualified
IRM: Invalid Result Mark
NRL: Nation Result List
NWCR: Nation World Cup Ranking
NYWCR: Nation Youth World Cup Ranking
OMRRL: Olympic Mixed Relay Ranking List
OSRL: Olympic Sprint Ranking List
PP: Place Points
TP: Time Points
WRK: World Ranking

4.6. Anti-Doping

AD: Anti-Doping
APMU: Athlete Passport Management Units
BCO: Blood Collection Officer
DCO: Doping Control Officer
ITA: International Testing Agency
NADO: National Anti-Doping Organisation
RTP: Registered Testing Pool
TUE: Therapeutic Use Exemption
WADA: World Anti-Doping Agency

4.7. Equipment

CE: Conformità Europea (Certificate of European Conformity)
DVA: Détecteur de Victimes d'Avalanche (Avalanche Victim Detector), also called: Avalanche Transceiver (ATR)
GPS: Global positioning system
TÜV: Technischer Überwachungsverein (Technical Inspection Association)

4.8. Commercial

MP: Manufacturers Pool
TV: Television
VAT: Value Added Tax
VIP: Very Important Person

EVENT REGISTRATION RULES

This document provides information about registering events for the ISMF calendar.

All applications (refer to appendixes below for the official template) from the LOC must be submitted to its NM, who, after consideration, will then forward them to the ISMF office. Applications submitted directly to the ISMF office from the LOC will not be considered.

5. TYPES OF EVENTS

Applications are considered by the ISMF for the following events:

5.1. World Championships

A several days event that must include Team, Individual, Vertical, Sprint and Relay races. For all senior and youth categories.

5.2. World Championships Long Distance Team

A one-to-four-day event for Senior category.

5.3. Masters World Championships

A one-to-four-day event for Master category.

5.4. Continental Championships

A three-to-five-day event for Senior and Youth categories that must include Individual, Vertical and Sprint races. Relay race is optional, while Team race is not possible.

5.5. World Cup

A two or more days event for Senior category that must include at least two or more of the following disciplines: Individual, Sprint, Vertical or Mixed Relay races.

5.6. Youth World Cup

A two or more days event for U20 and U18 categories that must include at least two or more of the following disciplines: Individual, Sprint, Vertical or Mixed Relay races.

5.7. Continental Cup

A two or more days event for Senior and Youth categories that must include at least two different races. Continental Cups need at least two events. A Continental Cup can be a World Cup at the same time.

5.8. Series Events

A one to three days event with one or a combination of the following disciplines: Team, Individual, Vertical, Sprint or Relay races. The LOC may offer the event to particular categories or all categories.

The ISMF rules and guidelines which must be respected for hosting ISMF events are available on the ISMF website.

6. CRITERIA FOR HOSTING ISMF EVENTS

6.1. World Championships

Applicants must have previously held an ISMF World Cup event, a Continental Championships, a Youth World Cup, other ISMF events or have received a favourable ISMF report after a technical homologation visit before applying for the World Championships.

6.2. World Championships Long Distance Team

Applicants must have the approval of two ISMF technical consultants assessing the event in the previous three years before applying for the World Championships Long Distance Team.

6.3. Masters World Championships

Applicants must have received a favourable ISMF report after a technical homologation visit and fulfil all requirements for hosting Masters World Championships.

6.4. Continental Championships

Applicants must have previously held at least an ISMF series event and received a favourable ISMF report and fulfil all requirements for hosting Continental Championships. Under special circumstances, a Continental Championships may be organised in conjunction with a World Cup, subject to prior agreement with the ISMF Sport Department.
Continental Championships shall not take place during the same period of time as ISMF World Cup events.

6.5. World Cup

Applicants must have received a favourable ISMF report and fulfil all requirements for hosting a World Cup.

6.6. Youth World Cup

Applicants must have received a favourable ISMF report and fulfil all requirements for hosting a Youth World Cup.

6.7. Continental Cup

Applicants must have previously held a Series event and received a favourable ISMF report before applying to host a Continental Cup.

6.8. Series Events

Applicants must be part of a Regional or Continental Cup or be at least a high-level national race.

7. APPLICATION DEADLINES

All applications must be submitted and presented by the relevant NM.

Type of event	Sports Season*	Application Period	Approval Deadline	Calendar Announcement
World Championships	n-1/n	1 May – 30 September n-3	31 December n-3	January n-2
2025 World Championships		31 December 2023		June 2024
Masters World Championships	n-1/n	1 - 31 March n-1	30 April n-1	May n-1
Continental Championships	n-1/n	1 - 31 March n-1	30 April n-1	May n-1
World Cup	n-1/n	1 January – 31 March n-1	30 April n-1	May n-1
Youth World Cup	n-1/n	1 January – 31 March n-1	30 April n-1	May n-1
Continental Cup	n-1/n	1 - 31 March n-1	30 April n-1	May n-1
Series Events	n-1/n	1 - 31 March n-1	30 April n-1	May n-1

*The ISMF sports season lasts from 1 July to 30 June of the following year.

In the case not sufficient event applications were received to establish an ISMF event calendar, the ISMF reserves the right to postpone the deadline accordingly.

The ISMF prefers to establish long-term agreements. The LOC/NM can present applications in advance for maximum three consecutive years. For example, from 1 January to 31 March n-1 it is possible to present

applications for the sports season n-1/n, n/n+1 and n+1/n+2. These applications may also consider different events, like Youth World Cups in n-1/n, World Cups in n/n+1 and World Championships in n+1/n+2.

The application form necessary for registering events in the ISMF calendar is available online. Please make sure that the latest available version is used. It is possible to find it on the ISMF website.
To complete the application form, the LOC should send the ISMF the supporting documentation referred to the tracks for all categories (maps with the official colours, profiles with the necessary details, etc.) at the latest one month after submitting the application form. Any change requested by the LOC regarding track itineraries or schedules has to be presented in writing to and approved by the ISMF Sport Department in advance.

For registrations a certain rhythm for ISMF events shall be respected which is available upon request to the Sport Department.

8. APPROVAL PROCESS

Once all applications are received, the ISMF will coordinate dates and races with all applicants in order to finalise the calendar for the sports season. The ISMF reserves the right to reject applications in the case the proposed dates and races do not meet the requirements for the calendar. After this evaluation process, the ISMF will confirm the event and return the confirmed and signed application form (refer to appendixes below for the official template). Once signed the below mentioned calendar fees apply.

9. CALENDAR FEES

CALENDAR FEES			
Type of event	**Calendar fees season 2022/23**	**Calendar fees season 2023/24**	**Calendar fees season 2024/25**
World Championships	5.000,00 EUR	7.500,00 EUR	7.500,00 EUR
World Championships Long Distance Team	5.000,00 EUR	5.000,00 EUR	5.000,00 EUR
Masters World Championships	1.500,00 EUR	4.000,00 EUR	4.000,00 EUR
Continental Championships	500,00 EUR	1.500,00 EUR	1.500,00 EUR
World Cup	2.500,00 EUR	5.000,00 EUR	5.000,00 EUR
Youth World Cup	2.500,00 EUR	3.000,00 EUR	3.000,00 EUR
Continental Cup	500,00 EUR	1.000,00 EUR	1.000,00 EUR
Series Events	200,00 EUR	500,00 EUR	500,00 EUR

APPENDIXES

APPENDIX A: APPLICATION FORM FOR REGISTERING 2025 WORLD CHAMPIONSHIPS TO THE ISMF CALENDAR

EXACT NAME OF THE EVENT	
LOCATION	
WEBSITE	

Please complete the table with crosses by considering it vertically. The crosses have to be entered always referring to the item/column on the left (e.g., the cross in the first column will refer to the type of event, etc.).

TYPE OF EVENT		TYPE OF RACE		CATEGORIES												
World Championships		Team														
Continental Championships		Individual (Long Distance)														
World Cup		Individual (Classic Distance)														
Youth World Cup		Individual (Short Distance)														
Series		Sprint		Master M/W		SM/SW		U23 M/W		U20 M/W		U18 M/W				
Technical Visit only		Vertical														
		Relay														
		Mixed Relay														

PROPOSED DATES (Please indicate the exact days of the races and, if present, the rest day - it is recommended to provide at least two choices)

1st choice	/ / to / /	**2nd choice**	/ / to / /	**3rd choice**	/ / to / /

Please, indicate which race on which date (*e.g., Individual race, Saturday 5 April 2014*):

	LOC Contact and details	**NM** Contact and details
NAME		
ADDRESS	*Street:* *ZIP/Post code:* *Town:* *Country:*	*Street:* *ZIP/Post code:* *Town:* *Country:*
PHONE	+	+
EMAIL		

	NAME	**PHONE**	**Email @**
LOC ISMF liaising person			
LOC Race Director			
LOC President			

GENERAL INFORMATION	
Indicative overall budget for the event	
Main partners/sponsors	
Price of Accommodation per person/day (half/full board option)	..... EUR
Distance from accommodation to start/finish areas	..... km
Will the LOC be providing assistance with transportation between event locations?	YES □ NO □ if athletes required to pay, price: ..... EUR

History of the event Has it ever been National Championships or ISMF event?	Year 1st edition: ..... Number of prev. editions: ..... YES □ NO □ if yes, details .....
Name of the LOC media contact	
For ISMF Series, please indicate the prize money if there are some (equity M/W is compulsory for the podium)	Number of Senior Men/Women awarded: ..... Total amount of prize money: ..... EUR
For Series: Will Anti-Doping test be carried out?	YES □ NO □ if yes, how many tests? .....
Has your event been televised for local or national TV(s)?	YES □ NO □ if yes, details .....

The following documents must be attached to the application form. Incomplete applications will be rejected.

1	Map of the tracks (for all categories) on a 1:25,000 scale map. Official colours must be used (green, red, yellow)	
2	Profile of the tracks (for all categories) with distance, ascent/descent heights, parts on foot, crampons, ropes' parts and check points	
3	List of supplementary equipment if there are some	

OTHER (any specificity or remark which could be important in the candidacy assessment (extra pages may be attached)

Please be aware that the LOC applying to hold an ISMF event (Series excluded) will also be obliged to sign a formal agreement which outlines requirements concerning ISMF sponsorship obligations and possible agreements concerning press and communication service.
As per ISMF rules, Anti-Doping tests will be carried out according to WADA guidelines in relation to World Championships, Continental Championships and World Cups. Testing may take place, before, after a race or at any other period. Full details are in the ISMF rules.
By submitting this document, the LOC agrees to abide by ISMF rules.

At ....., the ..... / ..... / .....
LOC President (name – signature)

Opinion of the NM

Favourable □ Unfavourable □

If unfavourable, the NM should explain why the candidacy has been rejected:

By accepting the candidacy, the NM agrees to send at its own expenses the National Referees from the evening of two days before the first race until the last race day. The National Referees will not be assigned as official Referees of the potential open race taking place at the same time and will be totally dedicated to the ISMF event. They will be coordinated on the race(s) by the ISMF Referees.

At ....., the ..... / ..... / .....

Legal representative of the NM (name – signature)

Decision taken by the ISMF

Favourable □ Unfavourable □ ***Accepted race date(s)***: .....

If unfavourable, the ISMF should explain why the candidacy has been rejected:

At ....., the ..... / ..... / .....

ISMF Event Coordinator (name – signature)

APPENDIX B: APPLICATION FORM FOR REGISTERING EVENTS TO THE ISMF CALENDAR

NAME OF THE EVENT	
LOCATION	
WEBSITE	

Please check the type of event when applicable:

O	O	O	O	O
World Championships	Continental Championships	World Cup	Youth World Cup	Series

Please check the type of race when applicable:

O	O	O	O	O	O
Individual	Vertical	Sprint	Mixed Relay	Team	Relay

Please check the category when applicable:

O	O	O	O	O	O
U16 M/W	U18 M/W	U20 M/W	U23 M/W	SM/SW	Master M/W

Please propose three different dates when the event could take place:

1st choice		2nd choice		3rd choice	
from:	to:	from:	to:	from:	to:

Please indicate on which weekday the races are schedules the category when applicable:

Mon	Tue	Wed	Thu	Fri	Sat	Sun

Please insert the applicant's details:

	Local Organising Committee	**National Member**
NAME		
ADDRESS	*Street:* *ZIP/Post code:* *Town:* *Country:*	*Street:* *ZIP/Post code:* *Town:* *Country:*
PHONE	+	+
EMAIL		

Please insert the contact details:

	Name	**Phone**	**Email**
NF Representative			
LOC President			
LOC Race Director			

By submitting this document, the LOC and the NM agree to follow and respect ISMF Rules in force at the time of signing.

Date	Place	Signature	LOC President name in block letters

Date	Location	Signature	NM Representative name in block letters

APPENDIX C: LETTER OF UNDERSTANDING ("LOU")

Parties involved

The following parties hereby serve to formalize the understanding between them regarding the organisation and execution of the event specified in Section II.

Local Organising Committee ("LOC")	Name
	Street: ZIP/Post code: Town: Country:

National Member ("NM")	Name
	Street: ZIP/Post code: Town: Country:

International Federation ("ISMF")	International Ski Mountaineering Federation
	Street: ZIP/Post code: Town: Country:

Event details

The ISMF confirms receipt of the application submitted by the LOC and the NM for the following event:

NAME OF THE EVENT		
LOCATION		
DATE	from:	to:

Type of event:

O	O	O	O	O
World Championships	Continental Championships	World Cup	Youth World Cup	Series

Type of races:

O	O	O	O	O	O
Individual	Vertical	Sprint	Mixed Relay	Team	Relay

Applicable categories:

O	O	O	O	O	O
U16 M/W	U18 M/W	U20 M/W	U23 M/W	SM/SW	Master M/W

Parties responsibilities

The LOC and NM shall provide the following:

General information

Indicative overall budget for the event	..... EUR
Main partners/sponsors	
Accommodation per person/day	..... EUR half board ..... EUR full board

Contact details

	Name	Phone	Email
LOC Media Representative			

Documentation

The following documents must be attached to the application form. Incomplete applications will be rejected.

1	Map of the tracks (for all races and categories) on a 1:25,000 scale map, official colours must be used (green, red, yellow).
2	Height profile of the tracks (for all categories) with distance, ascent/descent heights, parts on foot, transition areas and technical information.
3	Additional documents when available like time schedule, further logistical information etc.

Other considerations

- The signing of Formal Agreement: The LOC organising the ISMF event (ISMF series excluded) will also be obliged to sign a formal agreement that outlines requirements concerning ISMF sponsorship obligations and possible agreements concerning press and communication services at least fifteen (15) days before the event.
- National Referees: The NM agrees to send at its own expense the National Referees from the evening of two (2) days before the first race until the last race day. The National Referees will not be assigned as official Referees but will be totally dedicated to the ISMF event. They will be coordinated by the ISMF Jury President.
- Commitment and Further Coordination: The Parties understand that this letter forms an integral part of the application submission and will be legally binding upon acceptance of the same. They shall be prepared to provide any additional information, documentation, or clarification required during the application process. The parties agree to sign the final agreements regarding organisation and media in due course. Further meetings and visits for further coordination of the event to be agreed between all parties.
- Under the Scope of the ISMF Rules: By signing this LOU the LOC and the NM agree to follow and respect ISMF Rules in force at the time of signing.
- Applicable calendar fee: BY signing this LOU the LOC confirms that the calendar fee as published in ISMF rules and guidelines will apply, that ISMF is entitled to invoice the applicable calendar fee upon publication of the ISMF calendar and that payment will be done as stipulated in the respective invoice.

Date	Place	Signature	LOC President name in block letters

Date	Location	Signature	NM Representative name in block letters

Date	Location	Signature	ISMF Representative name in block letters

ORGANISATION EVENT GUIDELINES

10. GENERAL REMARKS

10.1. LOC, NM and ISMF

10.1.1. LOC

The administrative and legal statutes of LOCs are under the responsibility of the NM that registers the event. The ISMF headquarters must be informed of the internal structure of the LOC organisation and of the persons in charge of each of the areas mentioned in this document. The LOC is the group of persons or the entity which executes the right, duties and obligations related to the organisation of the ISMF events. The LOC shall make the necessary preparations and carries out the execution and funding of the race as a principle, the NM ensures the proper organisation of the races/event and may delegate all or certain tasks, rights and obligations related to the organisation of the races to an affiliated club or another legal entity which then becomes the LOC and party to any agreements made with the ISMF.

10.1.1.1. Specification of requirements

All members of the LOC shall have the appropriate knowledge and experience necessary to carry out their assigned duties as follows:

- The LOC shall use the ISMF official language (English) in all official documents and meetings (official programme, TCMs, ISMF Race Jury meetings, LOC meetings with international participation, etc.).
- The LOC should organise the event and the races in strict compliance with the applicable ISMF rules and Statutes in force.
- The LOC shall follow the reasonable instructions given by the ISMF.
- The LOC shall provide all necessary infrastructures, support and services (including power supply) necessary for the proper organisation of the entire event.
- The LOC shall carry out the tasks, rights and obligations defined in this agreement and in the ISMF rules.
- The establishment of the LOC shall not affect the liability of the LOC.

10.1.2. Relations between ISMF and LOC/NM

The LOC must name a person who will act as the official liaison between the organisation and the ISMF.
Relations between ISMF and the LOC/NM will initially be carried out by the ISMF Event Coordinator and the ISMF Vice-President Sport and Events, and during the event also with the members of the ISMF Race Jury.
The LOC must follow all ISMF rules maintaining close coordination with the ISMF offices and various responsible entities. The NM appoints the LOC to carry out the duties and responsibilities connected with organising the event. The NM has delegated the tasks, rights and obligations related to the organisation of the event to the LOC. All aspects defining the mutual obligations between ISMF/NM and/or LOC will be defined in a specific contract with the ISMF.
During the months preceding each event, the LOC should always keep ISMF updated on general organisation, any particularities, and deadlines or obligations to be fulfilled.

10.1.3. Agreement between ISMF, NM and/or LOC

An agreement will be signed between the ISMF, NM and/or LOC. This agreement will specify:

- Definitions
- Appointment of the organiser
- General obligations of the LOC
- The LOC
- Further officials
- The races
- The event schedules
- Race venue
- Participants and teams personnel
- Accreditation

- Equipment
- Timing and data
- Press and media
- Media and broadcast rights
- TV production
- Advertising rights
- Exploitation of advertising and commercial rights
- Services and considerations on advertising rights
- Intellectual property
- The event programme
- Representations and warranties
- Sustainability
- Medical services
- Insurance
- ISMF assistance
- Termination and consequences thereof
- Indemnity
- Waiver
- Assignment
- No joint venture
- Amendment
- Language
- Notices
- Severability
- Applicable law and arbitration
- Data privacy.

Any arrangements that are not provided for in the initial agreement will be settled by amendments between NM, LOC and ISMF.

10.2. ISMF meetings

The ISMF will arrange meetings with all appointed LOCs and their NMs in order to prepare for the events for the upcoming season and to share information with and among LOCs and NMs. The meetings will concern the general coordination of the calendar with dates and races and the general information about updates from ISMF regarding rules and guidelines, organisation and other general requirements and framework regarding the organisation of ISMF events. These meetings will be organised preferably online during the months from April to June n-1.

10.2.1. Pre-event preparation meetings

For the organisation of each event ISMF will invite for pre-event meetings with the ISMF Sport & Events Manager, the ISMF Event Coordinator and the ISMF Marketing & Media Coordinator. Follow up meetings will take place in order to coordinate and agree the packages for hosting and media services. The LOC will be able to prepare for these meetings according to the organisational and media check-lists. These meetings will be organised preferably online, with new LOCs these meetings will take place on site (= pre-event visit), both taking place latest two months before the start of the season.

Following up on these meetings the LOC will stay in close contact with the ISMF Event Coordinator in order to update regularly on latest developments. Latest two weeks before any ISMF event an online pre-event meeting will be attended by the LOC key persons of each main area and ISMF staff and collaborators appointed for the event. This meeting is essential for a good coordination and cooperation among the various actors and to determine whether all items mentioned in the organisational and media check-lists in force have been analysed and were prepared accordingly by the LOC.

11. FINANCE AND ADMINISTRATION

11.1. Administrative requirements

The LOC and the NM must take all necessary and useful administrative measures to ensure that the event takes place in the best possible conditions (aid and rescue, environmental issues, etc.).

11.2. Insurance

The NM and/or the LOC must have adequate insurance as required in the hosting nation to cover all civil liability risks and event cancellation. The coverage shall include all members of the LOC and of the ISMF Race Jury, including the ISMF representatives. The minimum liability insurance amount shall be 3.000.000 EUR (three million EUR) or equivalent for each event. The insurance coverage shall apply from the first day of work of the LOC staff until (and including**)** the last day of the event. The LOC shall submit a copy of the relevant insurance policy to the ISMF Event Coordinator at the latest one week before the first day of work. The ISMF will take care of full insurance coverage of the civil liability of the officers and staff members attending the event on behalf of the ISMF who are not members of the LOC and of the ISMF Race Jury.

11.3. Budget

The budget is the sole responsibility of the NM and the LOC. The NM and/or the LOC assume the event's financial risk, being entirely responsible for any losses and/or deficit, whilst also retaining any surplus in the event of a budget benefit.
The NM and/or the LOC must also abide by national legislation with respect to the payment of any local and/or national taxes that may apply to the event.

11.4. Responsibilities

Upon registering an event in the ISMF calendar, the LOC accepts the responsibilities entailed and agrees to collaborate with the ISMF and abide by ISMF rules as outlined:

- Strict working schedules must be adhered to.
- Full financial responsibilities are made clear in the ISMF rules.
- All events are subject to the ISMF Anti-Doping policy. Anti-Doping tests will be carried out according to WADA guidelines in relation to ISMF events. Testing may take place, before, after a race or at any other time even out of racing schedule.
- To find out more about ISMF collaboration and the presence of ISMF staff at events refer to the Organisation Event Guidelines.
- Pay to the ISMF the hosting and media fees corresponding to the type of event requested.
- Use the ISMF logo, provided by the ISMF complying with ISMF brand guidelines, on the LOC/event website and in all other means of communication.

In general, the LOC is responsible for:

- Signing the application form and, in some cases, the agreement with the ISMF and abide by all aspects laid out in said agreement.
- The full board accommodation from the arrival until the departure of the ISMF staff and collaborators/providers.

11.5. Costs beared by the LOC

11.5.1. ISMF event hosting fee and media fee

Please refer to the Annex A.1 in order to find out the chart with the split ISMF event hosting fee.
Please refer to the Annex A.2 in order to find out the chart with the split ISMF media fee.

HOSTING FEE – DOWN PAYMENT	
2023/24 SEASON	
Amount valid for WCs/WCH	7.500,00 EUR
Amount valid for YWCs/CCHs	3.000,00 EUR
This amount will be required only in case of acceptance of the event into the ISMF calendar and upon signing the LOC agreement. Afterwards, it will be deducted from the total Hosting Fees. This amount is non-refundable.	

11.5.2. Prize money and awards

The LOC guarantees the minimum gross prize money in connection with each race according to the ISMF rules. The LOC is however entitled to pay a higher than the minimum prize money.
The prize money has to be paid by the LOC within one week after the event. The ISMF office will send the athletes' bank account details to the LOC.

11.5.2.1. World Championships

Prize money to be applied for the season 2023/24:

SENIOR CATEGORY					
PRIZE MONEY* (minimum)	**WORLD CHAMPIONSHIPS**				
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**TEAM**	**MIXED RELAY**
1st SM/SW	1.500,00 EUR	1.500,00 EUR	1.500,00 EUR	2.000,00 EUR**	2.000,00 EUR**
2nd SM/SW	1.000,00 EUR	1.000,00 EUR	1.000,00 EUR	1.300,00 EUR**	1.300,00 EUR**
3rd SM/SW	700,00 EUR	700,00 EUR	700,00 EUR	900,00 EUR**	900,00 EUR**
4th SM/SW	400,00 EUR	400,00 EUR	400,00 EUR	Gift***	Gift***
5th SM/SW	200,00 EUR	200,00 EUR	200,00 EUR	Gift***	Gift***
1st U23M/W	500,00 EUR	500,00 EUR	500,00 EUR	-	-
2nd U23M/W	300,00 EUR	300,00 EUR	300,00 EUR	-	-
3rd U23M/W	200,00 EUR	200,00 EUR	200,00 EUR	-	-
4th U23M/W	Gift			-	-
5th U23M/W	Gift			-	-
TOTAL per category	4.800,00 EUR	4.800,00 EUR	4.800,00 EUR	4.200,00 EUR	4.200,00 EUR
TOTAL per race	9.600,00 EUR	9.600,00 EUR	9.600,00 EUR	8.400,00 EUR	4.200,00 EUR
TOTAL all races	41.400,00 EUR				

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*
***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*
****The LOC shall provide both team members with a gift.*

Prize money to be applied for the season 2023/24:

YOUTH CATEGORIES				
PRIZE MONEY* (minimum)	**WORLD CHAMPIONSHIPS**			
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**MIXED RELAY**
1st U20M/W	300,00 EUR	300,00 EUR	300,00 EUR	300,00 EUR**
2nd U20M/W	200,00 EUR	200,00 EUR	200,00 EUR	200,00 EUR**
3rd U20M/W	150,00 EUR	150,00 EUR	150,00 EUR	100,00 EUR**
4th U20M/W	Gift			Gift***
5th U20M/W	Gift			Gift***
1st U18M/W	200,00 EUR	200,00 EUR	200,00 EUR	-
2nd U18M/W	150,00 EUR	150,00 EUR	150,00 EUR	-

3rd U18M/W	100,00 EUR	100,00 EUR	100,00 EUR	-
4th U18M/W	Gift			-
5th U18M/W	Gift			-
TOTAL per category	1.100,00 EUR	1.100,00 EUR	1.100,00 EUR	600,00 EUR
TOTAL per race	2.200,00 EUR	2.200,00 EUR	2.200,00 EUR	600,00 EUR
TOTAL all races	7.200,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*
***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*
****The LOC shall provide both team members with a gift.*

Prize money to be applied for the season 2024/25:

SENIOR CATEGORY					
PRIZE MONEY* (minimum)	**WORLD CHAMPIONSHIPS**				
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**TEAM**	**MIXED RELAY**
1st SM/SW	2.000,00 EUR	2.000,00 EUR	2.000,00 EUR	2.000,00 EUR**	2.000,00 EUR**
2nd SM/SW	1.300,00 EUR	1.300,00 EUR	1.300,00 EUR	1.300,00 EUR**	1.300,00 EUR**
3rd SM/SW	900,00 EUR	900,00 EUR	900,00 EUR	900,00 EUR**	900,00 EUR**
4th SM/SW	600,00 EUR	600,00 EUR	600,00 EUR	600,00 EUR**	600,00 EUR**
5th SM/SW	500,00 EUR	500,00 EUR	500,00 EUR	400,00 EUR**	400,00 EUR**
1st U23M/W	500,00 EUR	500,00 EUR	500,00 EUR	-	-
2nd U23M/W	300,00 EUR	300,00 EUR	300,00 EUR	-	-
3rd U23M/W	200,00 EUR	200,00 EUR	200,00 EUR	-	-
4th U23M/W	Gift			-	-
5th U23M/W	Gift			-	-
TOTAL per category	6.300,00 EUR	6.300,00 EUR	6.300,00 EUR	5.200,00 EUR	5.200,00 EUR
TOTAL per race	12.600,00 EUR	12.600,00 EUR	12.600,00 EUR	10.400,00 EUR	5.200,00 EUR
TOTAL all races	53.400,00 EUR				

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*
***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*

Prize money to be applied for the season 2024/25:

YOUTH CATEGORIES				
PRIZE MONEY* (minimum)	**WORLD CHAMPIONSHIPS**			
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**MIXED RELAY**
1st U20M/W	300,00 EUR	300,00 EUR	300,00 EUR	500,00 EUR**
2nd U20M/W	200,00 EUR	200,00 EUR	200,00 EUR	300,00 EUR**
3rd U20M/W	150,00 EUR	150,00 EUR	150,00 EUR	200,00 EUR**
4th U20M/W	Gift			Gift***
5th U20M/W	Gift			Gift***
1st U18M/W	200,00 EUR	200,00 EUR	200,00 EUR	-
2nd U18M/W	150,00 EUR	150,00 EUR	150,00 EUR	-
3rd U18M/W	100,00 EUR	100,00 EUR	100,00 EUR	-
4th U18M/W	Gift			-
5th U18M/W	Gift			-
TOTAL per category	1.100,00 EUR	1.100,00 EUR	1.100,00 EUR	1.000,00 EUR

TOTAL per race	2.200,00 EUR	2.200,00 EUR	2.200,00 EUR	1.000,00 EUR
TOTAL all races	7.600,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*
***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*
****The LOC shall provide both team members with a gift.*

11.5.2.2. Continental Championships

The prize money amounts for the Continental Championships have to be decided by the respective Continental Council and the ISMF has to be notified no later than six months before the event. If such a communication is not received by ISMF, World Cup's prize money amounts will be applied.
In the exceptional case where a Continental Championship is organised in conjunction with a World Cup, there will be two podiums awarding the two different titles, but only the World Cup prize money will be awarded.

11.5.2.3. World Cup

Prize money to be applied for the season 2023/24:

SENIOR CATEGORY				
PRIZE MONEY* (minimum)	**WORLD CUP**			
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**MIXED RELAY**
1st SM/SW	1.300,00 EUR	1.300,00 EUR	1.300,00 EUR	1.500,00 EUR**
2nd SM/SW	1.000,00 EUR	1.000,00 EUR	1.000,00 EUR	1.200,00 EUR**
3rd SM/SW	700,00 EUR	700,00 EUR	700,00 EUR	800,00 EUR**
4th SM/SW	500,00 EUR	500,00 EUR	500,00 EUR	Gift***
5th SM/SW	300,00 EUR	300,00 EUR	300,00 EUR	Gift***
TOTAL per category	3.800,00 EUR	3.800,00 EUR	3.800,00 EUR	3.500,00 EUR
TOTAL per race	7.600,00 EUR	7.600,00 EUR	7.600,00 EUR	3.500,00 EUR
TOTAL all races	26.300,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*
***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*
****The LOC shall provide both team members with a gift.*
Prize money to be applied for the season 2024/25:

SENIOR CATEGORY				
PRIZE MONEY* (minimum)	**WORLD CUP**			
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**MIXED RELAY**
1st SM/SW	1.500,00 EUR	1.500,00 EUR	1.500,00 EUR	1.500,00 EUR**
2nd SM/SW	1.200,00 EUR	1.200,00 EUR	1.200,00 EUR	1.200,00 EUR**
3rd SM/SW	800,00 EUR	800,00 EUR	800,00 EUR	800,00 EUR**
4th SM/SW	600,00 EUR	600,00 EUR	600,00 EUR	600,00 EUR**
5th SM/SW	400,00 EUR	400,00 EUR	400,00 EUR	400,00 EUR**
TOTAL per category	4.500,00 EUR	4.500,00 EUR	4.500,00 EUR	4.500,00 EUR
TOTAL per race	9.000,00 EUR	9.000,00 EUR	9.000,00 EUR	4.500,00 EUR
TOTAL all races	31.500,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*

***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*

In the exceptional case where a Continental Championship is organised in conjunction with a World Cup, there will be two podiums awarding the two different titles, but only the World Cup prize money will be awarded.

11.5.3. Event cancellation policy

In the case of cancellation of the event before the first day of work the downpayment will not be refunded and used to cover the calendar fee, costs for pre-event visit and other administrative and organisational costs.
In the case of cancellation of either the entire event or single races from the first day of work onwards the LOC will be responsible for all costs already occurred by ISMF or its providers/suppliers. The downpayment will not be refunded and the calendar fee will be withheld to cover mentioned costs accordingly. The hosting fee has to be agreed mutually between LOC/NM and ISMF.

11.6. Technical visit

Technical visits may be requested by any event which wishes to consider appearing the following season in the ISMF calendar. A technical visit does not give automatic entitlement to appearing in the ISMF calendar in future seasons. Fees for an ISMF technical visit are for the exact travel expenses and the daily allowance for the number of days of permanence of the ISMF staff on the race venue. Previous agreements have to be made between the ISMF and the LOC.

11.7. Pre-event visit

Once the candidacy of a LOC hosting a World Cup or a World/Continental Championships is accepted, the ISMF Sport Department may decide to make a pre-event visit on the venue of the ISMF event to be checked from both the organisational and technical sides in accordance with the ISMF organisational check-list in force from July to November (in any case before the ISMF event). Two assessors at maximum (usually the ISMF Event Coordinator and the ISMF Technical Delegate) may participate in pre-event visits which will be completely in charge to the LOC.

12. ORGANISATION

Athletes, coaches and teams' staff members cannot be members of the organisation (LOC and ISMF).

12.1. LOC

12.1.1. LOC Staff

All persons involved in the organisation of a race are named "members of the organisation". A list of names will be drawn up, communicated to the ISMF and displayed on the LOC/event website.

A typical LOC is composed of:
- LOC Race Director;
- LOC Tracks Directors;
- Treasurer;
- Administrative Officer (accreditations, ski passes, etc.);
- Press Officer (press and media relations, communication);
- Sustainability Officer;
- Person liaising with the ISMF;
- Person in charge of results;
- Person in charge of catering and accommodation;
- Person in charge of the Flower and Award Ceremonies;
- Person in charge of site management and equipment;
- Doctor and rescue team.

12.1.2. LOC Officials

LOC Officials are:
- NM President or his/her representative;
- LOC President;
- NM Official Representatives.

12.1.3. Roles and responsibilities

12.1.3.1. The LOC President

The LOC President is in charge of the event for the NM and is the main contact person for the ISMF.

12.1.3.2. The LOC Race Director

- Is in charge of all issues relating to the ISMF event;
- Organises the ISMF event according to the ISMF rules;
- Is responsible for ensuring that the races meet all requirements of the ISMF rules;
- Decides whether the event takes place depending on conditions prior to the event (trails, weather, other environmental impacts, etc.);
- Is in contact with the staff on site from the LOC and the ISMF;
- Can request the assistance of the ISMF staff in agreement with the ISMF Event Coordinator;
- Validates where transition areas should be positioned and which track and equipment to be used for safety reasons (foot part, crampons, etc.). All these decisions should be made together with the LOC Track Director. The ISMF Race Jury advises the LOC Race and LOC Track Director in these matters.;
- Is responsible for stopping the race in the case of accident, danger, safety, weather conditions, etc.;
- Is responsible for evacuating all participants from the race venue: athletes, staff and also spectators.

12.1.3.3. The LOC Sustainability Officer

- Is appointed by the LOC and validated by the NM hosting the event;
- Is familiar with sustainability concepts and any special rules in force in the hosting nation / is also familiar with ISMF sustainability policy and any related documentation;
- Is familiar with the environment of and requirements for ski mountaineering events;
- Is in charge of making a sustainable plan for the event in accordance with the ISMF sustainability guidelines (ISMF sustainability Handbook);
- Is involved in the organisation and execution of preparing and running the event;
- Cooperates with the LOC Race Director and the ISMF Event Coordinator to deal with any important issue concerning sustainability;
- Will write a final sustainability report in accordance with the ISMF sustainability rules (ISMF sustainability Handbook) and communicate it to ISMF by the end of the event.

12.2. ISMF

12.2.1. ISMF Staff

The ISMF Staff is composed of (maximum of roles):
- ISMF Event Coordinator;
- ISMF Technical Delegate;
- ISMF Jury President;
- ISMF Referees;
- ISMF VAR Operator;
- ISMF Assistant Referee;
- ISMF Assistant Technical Delegate;
- ISMF Ranking Manager;
- ISMF Marketing & Media Coordinator;

- National Referees.

12.2.2. ISMF Officials

The ISMF Officials are:
- ISMF Official Representative;
- Possible ISMF Bureau Members;
- Possible ISMF Council Members.

12.2.3. Roles and responsibilities

12.2.3.1. The ISMF Official Representative

- Is an ISMF Council Member;
- Is the representative of the ISMF in front of the NM representatives, nation and local authorities, the LOC President and other authorities that are attending to the event;
- Should foster political relations with the nation and local authorities, the NM and the LOC;
- Is the representative of the ISMF in all ceremonies and official institutional meetings;
- Is present in TCMs;
- Is informed about the schedule and protocol of all ceremonies before the event;
- Supervises the correct organisation of the ceremonies according to the ISMF rules and guidelines;
- Is informed about the general status of the event, including state of the signed contracts, approved insurances and other relevant information - last update: before the event;
- Is invited to the internal ISMF pre-event meetings and debriefings of the event;
- Is invited to the on-line or presential meetings with the NM/LOC previous, during or after the event (technical & media calls, briefings, debriefing, etc.).

12.2.3.2. The ISMF Event Coordinator

- Is appointed by the ISMF Sport & Events Manager;
- Coordinates the relation between the ISMF and the LOC;
- Ensures together with the LOC and the Sustainability Officer that the event is in compliance with ISMF Sustainability Guidelines;
- Coordinates the preparation and organisation of the event within the ISMF and its staff, especially the ISMF Jury President and the ISMF Technical Delegate;
- Is informed of the protocol drawn up by the LOC;
- Ensures the compliance of responsibilities as outlined in the ISMF and LOC agreement;
- Ensures that ISMF rules concerning Anti-Doping are followed;
- Is responsible for liaising with LOCs/NMs, ISMF Technical Delegates and appointed ISMF Referees concerning the general management of the event during the event;
- Is accountable for relations with the person in charge of the NM;
- Is in charge together with the ISMF Official Representative of relations with the National Officials of the NMs;
- Assures that ceremonies are carried out according to ISMF rules and guidelines;
- Writes an official report, incorporating the report of the ISMF Jury President and the online feedback form within three days after the last race day addressed to the ISMF Sport & Events Manager and the ISMF Office.

12.2.3.3. The ISMF Technical Delegate

- Is appointed by the ISMF Sport & Events Manager for the technical organisation of the races working in close collaboration and coordination with the LOC Race Director, the LOC Track Director, the ISMF Jury President and the ISMF Event Coordinator;
- Advises the ISMF staff, the LOC Race Director and LOC Track Director on technical issues;
- Is the responsible in the ISMF staff on technical issues in the preparation of the races;
- Contacts the LOC and advises the organisation of the races and any technical requests from the LOC;

- Is responsible for approving the technical data received from the LOC;
- Must attend all Safety Committee meetings, if invited;
- Is in constant contact with the LOC Race Director and LOC Track Director during the event;
- Collaborates with the LOC to coordinate the work of volunteers or can delegate this task to an ISMF Referee;
- Is accountable for technical sector of the race;
- Coordinates the ISMF Technical Team (ISMF Technical Delegate, ISMF Jury President and ISMF Referees) before the event and during the preparation of the race;
- Controls and verifies the race tracks and the transitions to meet the requirements of ISMF rules and guidelines;
- Is responsible for the set up of the finish area and finish corridor (skating or on skins) to be in compliance with ISMF rules and guidelines and coordinates this work with the LOC Track Director;
- Is responsible for the set up of the finish lines in coordination with the time-keeping company (Photo Finish).

12.2.3.4. The ISMF Jury President

- Is appointed by the ISMF Referee Manager;
- Is an ISMF Referee;
- Must attend all Safety Committee meetings, if invited;
- Ensures compliance with ISMF rules and guidelines, and sporting fairness;
- Leads the ISMF Race Jury and calls for its meetings;
- Together with the ISMF Technical Delegate coordinates the work of the ISMF Race Jury;
- Coordinates Referees before the event, appoints their position the day before the race and coordinates their work during the race;
- Makes decisions concerning any disputed points or issues that are not provided in the ISMF rules and guidelines;
- Is in constant contact with the LOC Race Director during the race or his/her representative;
- Supervises provisional ranking and performs an initial verification once the provisional results are available;
- Applies the penalties and signs the unofficial results;
- Receives protests submitted within the correct deadline as specified in the ISMF rules and guidelines;
- Signs official rankings;
- Writes an official report incorporating the feedback of the ISMF Technical Delegate and all ISMF Referees within three days after the last race day addressed to the ISMF;
- Is the ISMF accountable for the TCM and its content with the LOC Race Director;
- Is responsible for the arrival to the finish during the race with material control and coordinates the LOC staff accordingly (he/she can delegate this task to a designed Referee);
- Is responsible for the results with penalties to be published on the bulletin board;
- Carries out tasks of the ISMF Event Coordinator in case he/she is not present at the event;
- Assigns the positions/tasks to the ISMF and National Referees latest the day before the race.

12.2.3.5. The ISMF Referees

- Are appointed by the ISMF Referee Manager;
- Are ISMF Referees;
- Carry out the tasks assigned by the ISMF Jury President during the race;
- Carry out the tasks assigned by the ISMF Technical Delegate before the race;
- Ensure that the event is run according to the ISMF rules and guidelines;
- Attend TCMs;
- Can execute and coordinate the set up of the start/finish area, transition area, track marking to be in compliance with the ISMF rules and guidelines following the instructions of the ISMF Technical Delegate;
- Can execute and coordinate the set up of the start line and starting gate in coordination with time-keeping company;

- Can be the responsible for the starting procedure during the race with material control (including bibs, chips and GPS), starting position, starting signal and coordinates the LOC staff accordingly following the instructions of the ISMF Technical Delegate and/or of the ISMF Jury President;
- Can execute and coordinate the set up of the track (including elements like diamonds in uphill or gates in downhill) and transition areas (including entry and exit line) to be in compliance with ISMF rules and coordinates this work with the ISMF Jury President and the ISMF Technical Delegate;
- Can be responsible for the track and transition areas during the race and coordinates the LOC staff accordingly.

12.2.3.6. The ISMF VAR Operator

- Is appointed by the ISMF Referee Manager;
- Is an ISMF Referee;
- Is responsible for the set up of the VAR system in transition and handover areas, the VAR tent next to the finish area and coordinates this work with the ISMF Jury President and the LOC Track Director;
- Attends TCMs;
- Is accountable for the VAR system during the race, provides the relevant information to the ISMF Jury President and coordinates the ISMF staff accordingly;
- Carries out the tasks assigned by the ISMF Jury President during the race;
- Should have two VAR Referee Assistants at the World Championships.

12.2.3.7. The ISMF Assistant Referee

- Is appointed by the ISMF Referee Manager;
- Is an ISMF Referee in training;
- Attends TCMs;
- Carries out the tasks assigned by the ISMF Jury President during the race.

12.2.3.8. The ISMF Assistant Technical Delegate

- Is appointed by the ISMF Sport & Events Manager;
- Is an ISMF Technical Delegate in training;
- Attends TCMs;
- Carries out the tasks assigned by the ISMF Jury President or ISMF Technical Delegate during the race.

12.2.3.9. The ISMF Ranking Manager

The ISMF Ranking Manager coordinates all information concerning the rankings and results system.

Prior to the season, the ISMF Ranking Manager:

- Participates in the Rules Commission to understand, follow and propose evolutions concerning rankings and results (and close topics as categories, Athletes Participation Rules, etc.);
- Prepares the ISMF website to have an operative ranking system for the season (WC rankings, YWC rankings, WR, CC rankings, etc.);
- Prepares, updates the ISMF time-keeping rules and contact each ISMF event's time-keeping company to receive the races results in time and with the proper formats;
- Helps the ISMF Office to complete the ISMF calendar;
- Is accountable for Ranking Rules and coordinate the work on Ranking Rules.

During the season, the ISMF Ranking Manager:

- Ensures that ISMF rules and guidelines are followed and resolves any registration issues (categories, etc.);
- Prepares the start lists for the necessary ISMF events;
- Receives the results from the time-keeping companies where the official ISMF company is not involved;
- Inputs the results in the ISMF ranking system to produce updated rankings;
- Publishes results on the ISMF website as soon as possible after each concerned race;

- Is present at the World Championships and the World Cup finals to produce and publish the necessary rankings;
- Updates the ISMF licences and follow the licence system;
- Provides the licence list to ISMF Office.

12.2.3.10. The National Referees

- Are appointed by the NM;
- If the NM does not have National Referees, the ISMF Referee Manager will appoint two ISMF Referees from other NMs;
- Carry out the tasks assigned by the ISMF Technical Delegate before the race;
- Carry out the tasks assigned by the ISMF Jury President during the race.

12.2.4. ISMF licence and registration

The ISMF licence is only for ISMF members (staff and officials) who will work on the ISMF events at least once during the season.
To obtain the ISMF licence, applicants should create their own profile online on the ISMF website in order to generate the respective ISMF licence in time before the first event of the season on which they will work.
There will be two options to choose from:

- Option 1: it will be for Event Coordinators, Marketing & Media Coordinators, Official Representatives, Office Members, Legal Consultant, Press Officer, etc.;
- Option 2: it will be for Jury Presidents, Technical Delegates, all ISMF Referees appointed for the season, VAR Operators, Assistant Referees, Assistant Technical Delegates, etc.

The ISMF Office will validate the ISMF licence as a final step.
Applicants agree to accept and abide by all ISMF rules mentioned in the ISMF licence.
For the first year, the ISMF licence will be free of charge.
The ISMF staff and officials are obliged to register for free for the ISMF events on which they will work before the registration deadline previously specified.

12.3. National Officials

12.3.1. National Officials licence and registration

The National Officials licence is only for members of national teams who want to be present at the ISMF events as accompaniment and support to the athletes.
To obtain the National Officials licence, applicants should create their own profile online on the ISMF website in order to generate the respective licence.
There will be three levels to choose from:

- Level 1: it will be for head coaches;
- Level 2: it will be for national coaches, technical and medical staff, etc.;
- Level 3: it will be for self-coaches. If an athlete already holds an ISMF Elite or Youth licence, they are not obliged to apply for the National Officials licence.

Each NM must validate the licence in time before the first event of the season on which coaches and national staff (National Officials) members will work.
Applicants agree to accept and abide by all ISMF rules mentioned in the licence.
Applicants or the respective NMs will have to pay for the National Officials licence by credit card directly during the licence application process. If the payment is not successful, the licence will not be validated by the ISMF and therefore will not be active. For the first year, the National Officials licence will be free of charge.
All coaches and national staff (National Officials) members are obliged to register for free for the ISMF events at which they will be present before the registration deadline previously specified.

13. LOC DOCUMENTATION

13.1. Prior to the event

The LOC has to:

- establish a website for the event providing all necessary general information in English language before 15 October of the current season. The LOC has to publish specific information about the event for athletes, the NMs, ISMF and the press no later than one month prior to the event. The website should contain the following elements:
  - detailed programme: schedule and respective locations for each day of the event including training sessions, TCMs, bibs distribution, race days with split times, ceremonies (Opening & Closing, Top5, Flower, Award and Overall, if present), race office opening hours with the specification of times for accreditation, any side events that the LOC organises (e.g., in the evening), etc.
  - tracks: types of tracks and differences in height with profiles;
  - LOC contact information (phone, email, fax of the main contact person/central office/race office);
  - information on how to reach the race venue (by car or public transport);
  - accommodation and/or meals rates and how to book it/them with the respective deadline;
  - any other important information that athletes and NMs should know.
- prepare a location and have the necessary means for taking samples for Anti-Doping controls, as provided in the texts of the WADA-AMA and the National Agency.
- It is mandatory to issue official accreditation (refer to appendixes for the ISMF official template).

13.2. During the event

At the race office the LOC must provide:

- Event programme;
- Accreditation;
- Ski passes.

Free or reduced ski passes are required according to the LOC availabilities and to the event programme. When the race venue or training slope can only be reached by means of ski or chair lift or gondola all athletes and two coaches per NM should receive free or reduces ski passes for each training, track inspection and race day.

For the event programme and accreditation, refer to appendixes.

14. MAIN ON-SITE LOCATIONS

The LOC must structure the event around the following locations:

14.1. Race office

Race office should be centrally located and clearly signed upon entering the resort.
At least one English speaking person must be present at the race office.

14.2. Media areas

14.2.1. Media office

The media office should be located close to the race office and the LOC Media Coordinator is responsible for the distribution and collection of accreditation and armbands, event programme and ski passes for media representatives during the event.

14.2.2. Mixed zone

An area reserved for members of the press should be set up inside the finish area. Only people with a press accreditation will be able to access this area. The LOC is advised to set up a board showing partners/sponsors logos, in front of which interviews may be conducted.

14.3. TCM room

The TCM room has to have a capacity for up to 30 National Officials, 10 LOC Officials and 5 ISMF staff with chairs, screen, projector, speaking system and a table for the board (presentation desk) for approx. 8 persons with name tags.
The TCM room requires a table next to a power outlet for the scale on which the weight of the equipment can be checked.

14.4. ISMF meeting room

The LOC has to provide a meeting room either during World Cups for ISMF staff and/or during Championships also for ISMF institutional meetings.

14.5. Commercial village

The commercial village is an area set up near the finish and start area, which is reserved for LOC to host the LOC sponsors as well as other activities organised by the LOC and/or the ISMF, offices for press and various services for athletes (e.g., recovery zone, Wi-Fi, etc.). The commercial village is not covered by the TV camera range.

14.6. Spectators area

The spectators area should be set up both at the start and finish area, but also along the track where spectators can watch the race. This area is to be marked under the LOC responsibility. The LOC must ensure the safety of the spectators (rescue teams, radio links, etc.).

15. ON-SITE ORGANISATIONAL ITEMS

15.1. Meals and accommodation

The LOC must organise and be financially responsible for catering and accommodation for the duration of the event for the ISMF personnel.
The LOC must provide a list of accommodation facilities (hotels, apartments, guest houses, etc.) as close as possible to the race location with a price of maximum 100 EUR/person (full board) and maximum 80 EUR/person (half board). Accommodation facilities must include bathroom and toilet in room for 2-3 people and have access to WI-FI.
The organisation of the meals is highly recommended and is on charge of the NMs. The meals have to fulfil the following standards:

- at least two warm served main courses, additionally with choice for vegetarian / vegan food
- sport and carbohydrates-oriented meals with a fresh and healthy way of preparation
- consumption at the place of accommodation or nearby in a short walking distance.

15.2. On-site transportation

Shuttles services or any transport to reach the race venue should be coordinated by the LOC and be preferably free of charge.
A big enough car park near the start area of the race has to be reserved for athletes, coaches and organisation members.
The LOC should provide information about the possible connections from closest airport and the event venue.

15.3. Race bibs

15.3.1. Race bibs for World/Continental Championships

For World/Continental Championships with different categories, the bib numbers for the highest category (Senior) for each gender will start with the number "1" and the bib numbers for other categories for each gender will start with the numbers "101" (e.g., U20), "201" (e.g., U18).

The bibs for the World and Continental Championships have to follow the guidelines below:
- Blue for Senior/U23 Men**;
- Green for Senior/U23 Women** and U20 Men;
- Yellow for U18 Men and U20 Women;
- Pink for U18 Women.

**Specific mark/distinctive or colour on the bib to identify U23 athletes.

15.3.2. Race bibs for World Cups

For World Cup events, the bib numbers for each gender will start with the number "1".

The bibs for the World Cups have to follow the guidelines below:
- Blue for Senior Men;
- Green for Senior Women;
- White for the Open Race (if present).

15.3.3. Further specifications

The size of the bib cannot exceed 16x16 cm on the backpack, and 13x18cm on the leg. The bibs must be placed on the backpack and on the front part of both thighs. If a backpack is not needed for Vertical race the bigger bib is reserved for the back of the athlete.
The registration team will assign the number series for the categories.

Individual, Sprint and Vertical races:
A red number "1" will be assigned to the athlete (Senior Man and Senior Woman) who is currently leading the Specialty World Cup on the day of the race. The following numbers will be assigned according to the current ranking of the Specialty World Cup. This applies for World Cup and Continental/World Championships.

Relay race:
- The numbers "X" are assigned according to the ranking at the previous race for the same title (for a World Championships n° N, athletes numbers are determined by their ranking at the World Championships n° N-1). If a previous ranking is not available for number assignment in a category, then numbers will be drawn.
- 1st athlete = X-1, 2nd athlete = X-2, 3rd athlete = X-3 and 4th athlete = X-4.

Mixed Relay race:
- the numbers "X" are assigned according to the ranking at the previous race for the same title (for a World Championships n° N, athletes numbers are determined by their ranking at the a World Championships n° N-1). If a previous ranking is not available for number assignment in a category, then numbers will be drawn.
- bibs assignment: X.1 to the Woman and X.2 to the Man.
- The colour of the bibs will be blue for both Senior Men and Women at World Cups and Championships. At World Championships the colour of the bibs for the Youth category will be green.

Team race:
The number will be assigned according to the current Overall World Cup ranking of the best of the two/three teammates.

When a race comprises various stages, an athlete who is the leader of the World Cup whilst also leader of the race, may wear a bib that indicates the position as race leader (if there is a bib for this purpose).
The categories will be differentiated from each other through their sport numbers, which will have different numerical series.

15.4. TCM

Latest on the day before the race, the LOC organises the TCM chaired by the ISMF Jury President. All NMs participating in the race have to attend the TCM either represented by their head-coach or by self-coached athletes.

A specific template of the TCM for each race type is provided by the ISMF to every LOC.

The TCM must respect the following specifications:

- Members of the board at the TCM:
  - LOC President
  - LOC Race Director
  - ISMF Official Representative
  - ISMF Event Coordinator
  - ISMF Jury President
  - ISMF Technical Delegate
- Present at the TCM:
  - Speaker
  - ISMF Referees
  - LOC Track Director
  - Roll call of the NMs (National Representatives) attending.
- At the TCM the following information is provided:
  - Presentation of the name of the event officials;
  - Weather forecasts and snow conditions: snow quantity and quality, temperatures, wind speed, avalanche risks using the European scale, etc.
  - It is advisable that a meteorologist is present in the meeting (or in direct communication with the race) to predict the weather forecasts or snow conditions.
  - A track map and height profile specifying distance and ascent and descent for each section, transition areas, danger areas, checkpoints and waypoints, technical features, track refreshment areas, technical areas and additional information required for each race type.
  - Equipment specifically required for the race.
  - Race procedures:
    - start (pre-race TCM, check of DVA and safety equipment, control of BIB and timing chip, warm-up area, starting times, etc.);
    - procedure to follow for athletes who do not finish the race;
    - information on medical assistance procedures;
    - cut-off times (if any) and race stoppages;
    - short notice cancellation procedures;
    - finish (equipment inspection);
    - protests procedures.
  - Event schedule with times and places: public transport to and from the race, car parks, Anti-Doping controls, results service, ceremonies, press conferences and other meetings and meals.
  - Race services: place to deposit and collect clothing, changing rooms, showers, catering facilities, communication services and all other necessary information.
  - Information about good environmental practices to be respected.

All this information will be displayed on the screen. The PDF file of the TCM must be available online latest within 30 minutes after the TCM. A pre-start TCM will be held 30 minutes before the start of the first race of the day to update the NMs on the latest available information.
The LOC Race Director has the right to change the schedule, if necessary, at any time, if the changes remain within the timeframe defined by the ISMF Race Jury. He/She can decide to implement cut-off times at any moment of the race. He/She reserves the right to change the event for safety reasons.

15.5. Radios connection

The LOC must provide radios (at least 12 devices), for the ISMF Event Coordinator, the ISMF Technical Delegate, the ISMF Jury President, ISMF and National Referees and ISMF Marketing & Media Coordinator. Radio links between the various race areas are compulsory and under the responsibility of the LOC.
The LOC has to inform to the coaches about free channels and the laws of the nation to avoid interference to others (Rescue services, ski mountaineering clubs, etc.).

16. PRIZE MONEY

16.1. World Cup and World/Continental Championships

A minimum prize money should respect the following requirements:
- Gender equality in prizes for podiums is compulsory.
- If there are less than 10 athletes classified in one category only the top three athletes will be awarded with prize money.
- In the case of a tie, the prize money will be shared at equal parts between the tie ranked athletes.

16.2. Overall and Specialty World Cup

General information:
- The Overall and Specialty World Cup prize money and cups/trophies are paid by the ISMF.
- Gender equality in prizes for podiums is compulsory.
- The Overall and Specialty World Cup prize money and cups/trophies are awarded at the final World Cup event.
- If a ranked athlete, who should attend the Overall World Cup ceremony, cannot participate in the final World Cup event because of health problems, the athlete must present a medical certificate to the ISMF Event Coordinator at least two days prior to the Overall World Cup ceremony in order to receive the prize money and cup/trophy.

OVERALL WORLD CUP Senior category				
Gender		**Rank**	**Cup/Trophy**	**Prize money**
W	M	1	YES	3.000,00 EUR
W	M	2	YES	2.200,00 EUR
W	M	3	YES	1.500,00 EUR
W	M	4	-	1.200,00 EUR
W	M	5	-	1.000,00 EUR
W	M	6	-	800,00 EUR
W	M	7	-	600,00 EUR
W	M	8	-	500,00 EUR
W	M	9	-	400,00 EUR
W	M	10	-	300,00 EUR
TOTAL for both genders (W & M)			**6**	**23.000,00 EUR**
OVERALL WORLD CUP U23 category				
Gender		**Rank**	**Cup/Trophy**	**Prize Money**
W	M	1	YES	300,00 EUR

W	M	2	YES	-
W	M	3	YES	-
TOTAL for both genders (W & M)			**6**	**600,00 EUR**

SPECIALTY WORLD CUP					
Discipline	**Gender**		**Rank**	**Cup/Trophy**	**Prize money**
Sprint / Vertical / Individual	W	M	1	YES	400,00 EUR
	W	M	2	YES	-
	W	M	3	YES	-
Mixed Relay	Nation		1 - 3	YES	-
TOTAL for both genders (W & M)				**21**	**2.400,00 EUR**

NATIONS WORLD CUP RANKING			
Nation	**Rank**	**Cup/Trophy**	**Prize Money**
	1	YES	-
	2	YES	-
	3	YES	-
TOTAL		**3**	**-**

17. OFFICIAL CEREMONIES

17.1. Organisation

The LOC is responsible for organising all official ceremonies according to the rules and protocol of the ISMF under the guidance of and agreed with the ISMF Event Coordinator. The programme of the ceremonies has to be agreed between both parties latest one month before the event. In the case of a delay or postponement of the ceremonies the LOC President and the ISMF Event Coordinator will agree on the new schedule.

17.2. Event Ceremonies

Event Ceremonies are Opening and Closing Ceremonies. They are compulsory for Championships. They are optional for World Cups when there are spectators expected.

The following general instructions have to be respected:
- Date and time with attending personalities must be sent to the ISMF office one month prior to the event.
- Flags must be provided for each nation, have the same size and be equal for every nation.
- Maximum speech duration is 3 minutes in only one language; translation is done by the speaker or on a big screen in the background.
- Musical or cultural performances are optional between the different protocol items.
- Hospitality like buffet is recommended in order to facilitate conversations etc.

The exemplary sequence for the Opening Ceremony protocol is:
- entry of delegations with nations parade (optional, with flags, 5-10 minutes)
- speech of the LOC President
- presentation of ISMF officials and handover of the ISMF flag to the LOC
- speech of one local/regional Representative
- speech of NM President or his/her Representative
- official declaration of the integrity of the ISMF Referees
- oath of the athletes and ISMF Referees
- speech and opening declaration of ISMF President or his/her Representative

The exemplary sequence for the Closing Ceremony protocol is:
- official Award Ceremony of the last race

- speech of the LOC President
- speech of one local/regional Representative
- speech of the NM President or his/her Representative
- podium for Combined ranking and Nations ranking
- speech and closing declaration of ISMF President or his/her Representative
- handover of ISMF present to the LOC
- return of the ISMF flag from the LOC to the ISMF

17.3. Athletes Ceremonies

Athletes Ceremonies are ceremonies where athletes are directly involved and are performed in connection with races. They are compulsory for all ISMF events.

The following general instructions have to be respected:

- Date and time must be provided to the ISMF office one month prior to the event, attending personalities must be coordinated latest the day before the ceremony.
- Ceremonies begin with the youngest category and end with the highest ranked category.
- Both genders are awarded separately.
- Athletes are called in an ascending order finishing with the highest ranked athlete.
- Prizes are awarded by the highest authorities present in coordination between the LOC President and the ISMF Event Coordinator. The assignment of authorities for the awarding is:

- 1st place: ISMF Official Representative
- 2nd place: Authority of the hosting nation
- 3rd place: NM Representative
- 4th and 5th place: to be chosen by the LOC

17.3.1. Bib Presentation

The Bib Presentation is optional for any event of the season when there are spectators expected. It is recommended to be combined with another ceremony like Opening Ceremony or Award Ceremony.

17.3.2. Top3 Presentation

The Top3 Presentation is optionally to be done immediately after the arrival of the Top3 athletes in the finish area depending on local and media requirements. For Individual and Vertical races this presentation shall not obstruct the arrival of the finishing athletes. For Sprint and Relay races, this presentation shall be done next to the finish line. The podium sign has to be used, but no ceremony backdrop will be used. The athletes are allowed to present their race equipment.

17.3.3. Flower Ceremony

For Sprint and Relay races the Flower Ceremony will be done right after the finals. For Individual and Vertical races, the Flower Ceremony is done preferably after all athletes have finished the race, optionally after the arrival of all categories. The ISMF Event Coordinator will decide about the final timing of the Flower Ceremony.
Top3 athletes have to be present in the waiting area at least 5 min before the beginning of the Flower Ceremony. Both genders have to receive the same presents, e.g., flowers or local products (equipment excluded). Anti-Doping tests can only take place after the Flower Ceremony in accordance with the applicable rules.

17.3.4. Award Ceremony

Award Ceremonies take place earliest 20 min after the end of the race (after the arrival of all categories) either at the finish area or a different location depending on local and media requirements. Optionally it can be done later that day when there are more spectators expected. Award Ceremonies can be combined together.

In case of specific conditions (bad weather, accidents, safety etc.) the ISMF Event Coordinator has the right to decide about changes for time and location of the Award Ceremony. In the case of a protest the Award Ceremony can be delayed. The ISMF Event Coordinator must ensure that the information on such changes is communicated to all team captains.

Top5 athletes have to be present in the waiting area at least 5 min before the beginning of the Award Ceremony. The winners' national anthem has to be played (use official ISMF playlist) and the flags of the Top3 NM have to be shown. Only medals or trophies have to be presented, optionally gifts can be handed over. Cheques/envelopes for prize money cannot be presented.

A photo with the best female and male athlete of the day has to be arranged. The LOC has the possibility to honour these athletes with a separate trophy.

17.3.5. Overall World Cup Ceremony

This ceremony has to be done as a separate event at WC finals. Prize money and trophies will be supplied by ISMF. The winners' national anthem has to be played (use official ISMF playlist) and the flags of the Top3 NM have to be shown.

The order of presentation is as follows:

- Top3 of Specialty World Cups
- Top3 of U23 Overall World Cup
- Top10 of Senior Overall World Cup
- Top3 of Nations World Cup Ranking

18. SUSTAINABILITY

The LOC acknowledges and agrees that sustainability is an important prerequisite in the organisation of the event. The LOC shall carry out its tasks under this agreement in a manner which duly considers the concept of sustainable development in compliance with the applicable environmental legislation and, whenever and wherever possible, serving to promote the protection of the environment.
The LOC must take all necessary measures to be in compliance with IOC rules.

In particular, the LOC should:

- Avoid designing tracks that cross areas with sensitive ecosystems.
- Discourage spectators from entering areas with sensitive ecosystems.
- Cause no deforestation or harm to reforestation areas.
- Protect ecologically sensitive areas.
- If necessary, restrict areas open to spectators and the media.
- Prepare the event in collaboration with (and not to the detriment of) any other activities organised in the mountain range when both organizations benefit the sustainable development goals.
- Minimise acoustic impact.
- Minimise the use of modes of transport (helicopters, groomers, snow mobiles, etc.).
- Not use explosives to trigger avalanches outside of ski resorts unless the LOC is authorised to do so.
- Provide sufficient amenities for the number of spectators and participants expected: toilets, specific public transport (buses) to and from start and finish areas, information about existing public transport (trains, buses, etc.).
- Rapidly remove race markings at the end of the race.
- Rapidly remove all waste material discarded by spectators and participants.
- Continue monitoring waste material even once the event is finished. Depending on the location and weather conditions, inspections and extra waste material, removal might be necessary during the summer season.
- Not use sound systems or billboards outside of the start and finish areas.
- Confine billboards and other means of advertising to the start and finish areas and to ski resort trails.

- Inform members of press and spectators on the importance of environmental protection.
- Ensure protection of ecologically sensitive areas by quality trail design and proper track marking.
- Use only natural biodegradable products for marking on snow.
- Protect flora. Zones that are not or only partially covered by snow must be prepared. If there is insufficient snow coverage, then the event should be cancelled or take place in another location.
- Ensure that athletes, supporters, spectators and the press remain on or close to the race track.

19. RACE SAFETY

Athlete safety must be guaranteed in every part of the race.
The LOC is responsible for the provision of medical services to provide maximum assistance to athletes involved in races. Such medical services must be available for athletes, officials, spectators and any other person attending, or being affected by, the races (being onsite at least an hour before the start of the race). The LOC must ensure compliance with the recommendations of the ISMF rules.

19.1. Rescue and emergencies

The LOC must provide a rescue service according to directives of the hosting nation including:

- A rescue plan (medical organisation planned for the event, relations with emergency services and hospital admissions). The rescue plan has to be sent to the ISMF office two weeks before the start of the event. It has to be signed by the Event Coordinator.
- Agreements involving specialised services.
- Agreements with the services of nearby ski resorts.

The LOC must forbid spectators to access dangerous areas.
The LOC Race Director must communicate to the other ISMF Race Jury members all injuries and incidents happened during the event.

19.2. Medical Organisation

The LOC must organise together with the race doctor (specialized in sports and mountain medicine) appropriate medical facilities for the race:

- First-aid at start/finish area;
- Medical equipment (with instructions) handed out to LOC rescue team positioned along the tracks;
- Facilities for Anti-Doping tests (see related chapter);
- A medical assistance area with ambulance (helicopter on site);
- Relations with the emergency services of the nearest hospital;
- Medical staff must be on the race venue at least two hours before the start of the race.

19.3. Safety Committee

The LOC Race Director is responsible for the race safety during the event, takes all the decisions about safety and is supported by a Safety Committee, according to the national and international legislation, which may be composed of:

- LOC Race Director;
- LOC President;
- LOC Track Director;
- Local authorities;
- Head of the LOC rescue team;
- Officials from state rescue services;
- Director of the local ski resort;
- LOC race doctor;
- NM Official Representative;
- National Technical Delegate.

The ISMF Officials/Staff may be invited to participate in Safety Committee meetings, without the right to vote or any legal responsibility:

- ISMF Official Representative;
- ISMF Event Coordinator;
- ISMF Jury President;
- ISMF Technical Delegate.

The LOC Race Director will decide about:

- Approving the tracks;
- Approving the general organisation of the event in terms of safety: protection of athletes, spectators and organisers, etc.;
- Approving organisation of rescues and emergencies;
- Modification or cancellation of a race for safety reasons, and approving alternative tracks;
- Ensuring that there is no or minimum risk of avalanche on the tracks.

The LOC has to provide a room for the meetings of the Safety Committee. The Safety Committee must take minutes of its meetings to be signed by the LOC Race Director and sent to the ISMF Event Coordinator.

20. Media & TV

The rules for media and television coverage for ISMF event are established and formalised within the Media & TV Agreement. This comprehensive document covers various aspects crucial for the seamless execution of the event and effective collaboration between the ISMF, LOCs, NMs and other third parties.

Key Components Covered Under the Media & TV Agreement:

- **Media and TV Rights:**

Definition and Allocation: The agreement clearly defines the allocation of media and TV rights for the event, encompassing broadcasting, streaming, and other relevant rights.

- **Advertising and Commercial Rights:**

Clear Delineation: To prevent conflicts, the agreement specifies the advertising and commercial rights of both ISMF sponsors and LOC sponsors.

- **Intellectual Property:**

Usage Guidelines: Guidelines are provided for the usage and protection of intellectual property associated with the event, including logos, branding, and event-related content.

- **Advertising Implementation Rules:**

Specific Guidelines: Detailed rules are outlined for the implementation of advertising during the event, ensuring a standardized visual representation.

- **Workforce & Logistics Requirements:**

Collaborative Implementation: The agreement addresses the workforce and logistics needed or required by ISMF to the LOCs to seamlessly implement and manage media, TV and sponsor-related activities during the event.

- **Event Publications Guidelines:**

Usage Specifications: Clear specifications are provided on the usage of race names, titles, logos, images, and videos on printable documents, social media, and other promotional platforms.

- **Press and Media Needs:**

Detailed Requirements: The agreement specifies the requirements from ISMF for press and media engagements during the event, including press conferences, interviews, and other media-related activities.

- **Minimal Services:**

Essential Services: Minimal services that LOCs are expected to contract and obtain from ISMF to ensure a standardized and high-quality experience for all participants, sponsors, and spectators.

For detailed information, please refer to the complete Media & TV Agreement document provided separately. It is imperative that all involved parties familiarize themselves with the terms and guidelines laid out in this agreement to ensure a successful and harmonious event.

21. ANTI-DOPING POLICY

The ISMF supports Anti-Doping policy via several programmes, in compliance with WADA and IOC guidelines. The ISMF successfully applies an Anti-Doping policy.

The Anti-Doping policy is a top priority of the ISMF together with NM. The ISMF has in place a programme of controls of selected athletes that may be in or out-of-competition during the year. The LOCs must contribute to the payment of costs for control (included in the hosting fee).

21.1. Anti-Doping Control Programme

This programme is managed, under the authority of ISMF, through an agreement with an external supplier specialised in Anti-Doping control.

The programme includes:

- RTP management and whereabouts information follow-up;
- Management and organisation of in and out-of-competition testing;
- The cost of testing (sample collections, Anti-Doping kits, shipment, analysis by a WADA-accredited laboratory), DCOs remuneration fees and travel expenses;
- The implementation and follow-up of Biological Passports;
- Education;
- APMU costs;
- TUE Management;
- Results Management;
- Long Term Storage;
- External supplier administrative costs.

In addition, for the in-competition tests, the LOCs are requested to appoint a person in charge of Anti-Doping, to arrange for the necessary location (doping control station) and equipment, as well as for a team of chaperons, as described below, and to cover for any related costs (except for the DCOs costs which are already covered in the framework of the ISMF/external supplier agreement). The LOCs have to provide the DCOs with meals and accommodation. The ISMF, in coordination with the external supplier, is available for any question from the LOC with regards to these requirements.

21.2. Doping Control Station

The location for carrying out doping tests must respect the recommendations and the technical characteristics set out by WADA in its International Standard for Testing in force, available on the WADA website www.wada-ama.org and above all show respect to the athletes subjected to the tests.

21.2.1. Test area

The area must be specific for the tests. It must respect the athletes' privacy and sense of modesty, confidentiality, and gender. These are particularly important when dealing with minors (under 18).
It includes a waiting room (see below), a processing room equipped with a large table and chairs, with an adjacent toilet.

21.2.2. The waiting room/area

The chaperons accompany the identified athletes to the waiting area and wait for the DCOs to proceed with the sample collection.
This area must:

- Be spacious;
- Have as many chairs as athletes and chaperons;
- Be heated;
- Be equipped with drinks for each athlete: individually sealed, non-caffeinated and non-alcoholic beverages, which includes a mix of natural mineral water and soft drinks (e.g., Gatorade, 7-Up, Fanta, Sprite, etc.);
- Have a storage area for the athletes' equipment (skis, boots, etc). This area must be sheltered and secure.

21.3. Anti-Doping staff

21.3.1. The DCOs

The DCOs are appointed and remunerated in the framework of the agreement with the external supplier. They contact the LOC and the ISMF Event Coordinator before the event.

21.3.2. The Chaperones

It is mandatory that, as of the time of their notification for doping control and until the completion of the doping control procedure. Athletes selected for doping control must stay under the chaperone's observation at all times after the conclusion of the race.
Chaperones who accompany the athletes must be:

- A man for each male athlete to be tested;
- A woman for each female athlete to be tested;
- There must be as many chaperons as athletes to be tested;
- They must be major of age and, wherever possible, have a good command of English language.

Training of the chaperones: training of the chaperones is as stipulated in the WADA standards and guidelines by the rules of the hosting nation's ruling body. In the case of lack of training the DCO in charge may organise an intensive training course, so as to ensure that the doping tests are carried out under the best possible conditions.

The chaperons have to agree that in the exercise of their duties on behalf of the LOC, they shall avoid any undue influence or other factors which may give rise to an actual or perceived conflict between their own personal interests or the interests of any other person and those of the LOC.

21.3.3. The person in charge of Anti-Doping from the LOC

He/she is appointed by the LOC and holds the following role:

- Reception of the whole staff: DCOs, chaperones.
- Ensuring the necessary means to carry out smooth doping control operations.
- Diligently planning of location, drinks, chairs, offices, etc.

The person in charge of Anti-Doping from the LOC must display discretion, efficiency and availability. This person should have a good knowledge of the English language.

The quality of the relationship between the athletes and those others involved, depends upon the good handling by the LOC Anti-Doping official prior to the tests.

21.4. Number of tests and selection of athletes to be tested

The number and the nature of tests, as well as the selection of athletes to be tested, is established by the external supplier, in the framework of its agreement with and under the authority of ISMF.

22. POLICY ON THE USE OF ALCOHOL AND TOBACCO

22.1. Prohibition of alcohol and tobacco

The consumption, marketing and advertisement of alcohol and tobacco products are strictly prohibited at all ISMF races ad events, including all kinds of ceremonies where athletes are present.

22.2. Restrictions on advertising

The prohibition on the advertising of alcohol or tobacco products extends to, but is not limited to, the following accessories worn by athletes, officials and other accredited persons at ISMF events: clothing, footwear, headwear, sports equipment, sports apparel, bib numbers and similar items.

22.3. Prohibition of gifting alcohol or tobacco products

The gifting of alcohol or tobacco products to athletes is strictly prohibited.

22.4. Duty to good conduct

At team-organised festive events, whether organised by the LOCs or not, NMs and athletes are reminded of their responsibility to prioritise the best interests of the sport and maintain duty of good conduct. As such, NMs are strongly advised to discourage and/or supervise the consumption of alcoholic beverages to prevent excessive or irresponsible behaviours.

APPENDIXES

APPENDIX D: ACCREDITATION PLAN FOR AN ISMF EVENT

The accreditation card must adhere to the established requirements consistent with other event publications and promotional materials. Commercial sponsors of the Local Organizing Committee (LOC) should not be competitors or in contradiction with ISMF sponsors. The logos of the National Member (NM) and ISMF are mandatory on the accreditation card. Approval from ISMF is required for the accreditation card design. An example accreditation card illustrates the required information, sponsors' placement, and their percentage of exposure. ISMF should be informed and give approval for the final design to ensure proper execution.

CATEGORY - FUNCTION	1	2	3	4	5	6	7	8	9	10
ISMF Official Representative	X	X	X	X		X	X	X	X	X
ISMF Manufacturers Pool Member	X	X				X	X	X		X
ISMF Marketing & Media Coordinator	X	X	X	X	X	X	X	X	X	X
ISMF Sponsor(s)	X	X		X		X	X	X	X	X
ISMF Time-keeping Company	X	X			X	X	X	X		X
ISMF Social Media Partner	X	X	X	X	X	X	X	X	X	X
ISMF Press Coordinator	X	X	X	X	X	X	X	X	X	X
ISMF Photographer Agency or single	X	X		X	X	X	X	X		X
Media Host Broadcaster	X	X		X	X	X	X	X		X
Media TV/Radio editorial staff	X	X		X	X	X	X	X		X
Media TV Technician	X	X		X	X	X	X	X		X
Media Rights Holders	X	X		X	X	X	X	X		X
ISMF Partner and Guest	X	X		X		X	X	X	X	X
NM Council member / NM President	X	X		X	X	X	X	X	X	X
NM/LOC Official Representative	X	X		X		X	X	X	X	X
NM/LOC Sponsor and Guest	X	X		X		X	X	X	X	X
NM Ski Mountaineering Director	X	X				X	X	X		X
NM Ski Mountaineering Coach / Trainer	X	X				X	X	X		X
NM/LOC Team Doctor	X	X				X	X	X		X
NM/LOC Medical support / physiotherapist	X	X				X	X	X		X
NM/LOC Team Press Coordinator	X	X	X	X		X	X	X	X	X
NM/LOC Team Serviceman	X	X	X	X	X	X	X	X	X	X

1 Team area
2 Media area
3 Coaching area
4 Media centre
5 Timing area
6 Start area
7 Finish area
8 Lift area
9 VIP area
10 Awards area

APPENDIX E: ACCREDITATION PLAN – EXAMPLE OF ACCREDITATION CARD FOR AN ISMF EVENT





APPENDIX F: SCHEDULE FOR ISMF EVENTS

For ISMF events a certain event schedule is obligatory and the following elements have to be respected. Any changes in the mentioned schedules have to be presented and approved by the ISMF Event Coordinator. TCMs can be combined in one, BIB distribution always has to take place the day before the respective race.

For Championships the Sprint race for Senior and Youth athletes shall take place on two different days. Starting with season 2024/25 the Championships shall take place separately, either at different locations or on consecutive days at the same location.

Single disciplines, such as Individual and Sprint races, shall always take place before the team races, such as Team and Relay races, as they are commonly qualification races for the respective team races.

Races with similar physiological effort, like Vertical, Individual and Team races or Sprint and Relay races, should take place on consecutive days as this helps the NM to plan the travels more efficiently.

World Cup with two races

Day 1	**Day 2**	**Day 3**	**Day 4**
Arrival	Track inspection	Race 1	Race 2
Accreditation	TCM	Ceremonies	Ceremonies
	BIB distribution	TCM	Departure
		BIB distribution	

World Cup with three races, one rest day – Option A

Day 1	**Day 2**	**Day 3**	**Day 4**	**Day 5**	**Day 6**
Arrival	Track inspection	Race 1	Race 2	Rest Day	Race 3
Accreditation	TCM	Ceremonies	Ceremonies	Track inspection	Ceremonies
	BIB distribution	TCM		TCM	Departure
		BIB distribution		BIB distribution	

World Cup with three races, one rest day – Option B

Day 1	**Day 2**	**Day 3**	**Day 4**	**Day 5**
Arrival	Race 1	Race 2	Rest Day	Race 3
Accreditation	Ceremonies	Ceremonies	Track inspection	Ceremonies
TCM Race 1 + 2			TCM	Departure
BIB distribution			BIB distribution	

Continental Championships

Day 1	**Day 2**	**Day 3**	**Day 4**	**Day 5**	**Day 6**	**Day 7**
Arrival	Track inspection	Race 1	Race 2	Senior Sprint race	Rest Day = Youth Sprint race	Race 4
Accreditation	TCM Race 1 + 2	Ceremonies	Ceremonies	Ceremonies	TCM	Ceremonies
Opening Ceremony	BIB distribution	BIB distribution	TCM		BIB distribution	Closing Ceremony
			BIB distribution			Departure

World Championships

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Arrival	Track inspection	Race 1	Race 2	Race 3	Rest Day	Race 4	Race 5
Accreditation	TCM	Ceremonies	Ceremonies	Ceremonies	TCM	Ceremonies	Ceremonies
	BIB distribution	TCM Race 2 + 3	BIB distribution		BIB distribution	TCM	Closing Ceremony
	Opening Ceremony	BIB distribution				BIB distribution	Departure

APPENDIX G: FOOTAGE ON OFFICIAL WEBSITE OF THE LOC

SPECIFICATION TO PUBLISH FOOTAGE OF THE HOSTED EVENT ON THE OFFICIAL CHANNELS OF THE LOC

ISMF and/or LOC is/are entitled to publish on its/their official internet website(s) and/or its/their official YouTube channel(s) footage of the hosted events, according to the following specifications:

- During Race Video Clips:
  LOCs are entitled to embed and use Clips with a maximum duration of ninety (90) seconds of footage during a race with no time embargo.
- After Race Video Clips:
  LOCs shall be entitled to embed and use Clips solely on their Dedicated ISMF Platforms after conclusion of the accordant race and no longer than ninety (90) seconds per race.
- After Event Day Video Clips:
  LOCs shall be entitled to embed and use after the conclusion of the relevant Event on their Dedicated ISMF Platforms a compilation of Clips of each Event Day's races which may include up to three (3) minutes in aggregate of footage of the relevant Event Day's races. No such Clip shall contain more than thirty (30) seconds of consecutive race footage.
- Transmission limited to the official ISMF's and LOC's websites and/or official YouTube channels and social media pages (including but not limited to Facebook, Twitter, etc.) accessible on URL addresses to be communicated to the ISMF media partner in advance.
- International transmission, with no need to geo-block.
- Not downloadable audio-video material.
- For LOCs hosting events every season: transmission until the event of the next season.
- For LOCs not hosting events every season: transmission until December 15th. The transmission can be resumed on December 15th of the season in which the LOC will host the event again, until the event date.
- Audio-video material not to be licenced, distributed or otherwise shared with any other party, including, but not limited to, sponsors and tourist offices, which will be addressed to the ISMF media partner if interested to obtain footage. Any NM or LOC different from the event host will also be addressed to the ISMF media partner for any footage needs.

APPENDIX H: CHECK-LIST

ISMF WORLD CUP

ORGANISATIONAL CHECK-LIST WORLD CUP 2023/24

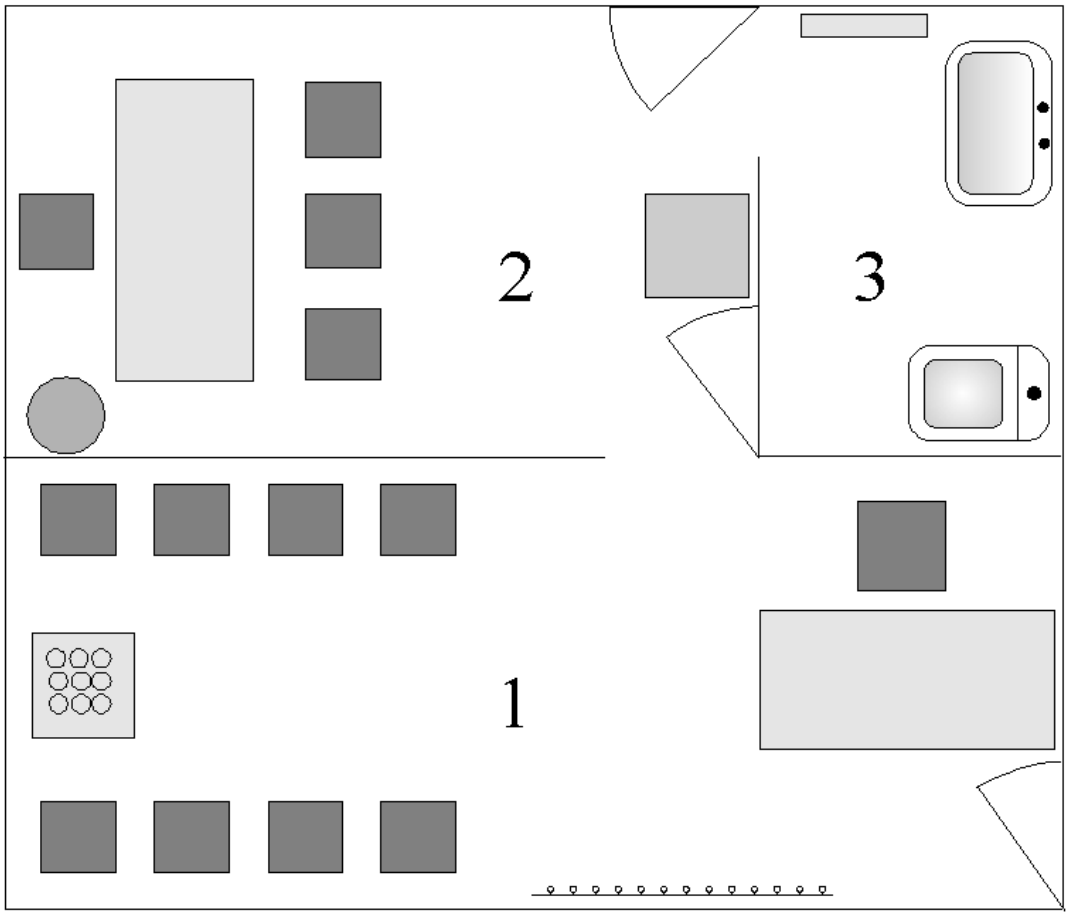
Date: Date:

	Information/item	Pre-event			Post-event	
		Deadline	*tick off*	*Notes*	Evaluation	*Notes*
General Points	CONTRACT between ISMF/NF/LOC					
	INSURANCE for EVENT					
	MEETINGS: - ISMF homologation visit (on site) - ISMF pre-event meeting (two weeks before the event, online) - LOC technical meeting (on site = Race Jury) - LOC pre-event meeting (two days before the first race, on site) - ISMF de-briefing (one week after the event, online)					
Marketing Points	WEBSITE: - domain - presence of official logo - programme of the event - race tracks - info about accommodation/accreditation/main places					
	MEETINGS: - ISMF media meeting - LOC media meeting - ISMF media de-briefing					
	Social Media (Promotion) - Co-content plan with LOCs - Visual ocntent from LOCs					
	COMMERCIAL VILLAGE					
	RACES to be streamed: discipline and respective day					
	DEFINITION OF THE TIMELINE: starting time for each category/streamed race - to be coordinated among ISMF and LOC					
	INTERMEDIATE TIME for races (if required, where implemented etc.)					
	TECHNICAL SPECIFICATIONS from TV production to the LOC					
	CAMERAS (fixed/mobile): total number					
	HIGHLIGHT of the single races (if possible) and of the whole event: when and where is it available?					
	LOCAL TVs: to be coordinated					
	NATIONAL TVs: to be coordinated					
	TV production NEEDS about the work on-site: - cable channel to be coordinated					
	LOC'S NEEDS about the media coverage					
	RACE AREA: location of cameras on the track and definition of spaces reserved for TV production					
	EVENT PROMOTION & VISIBILITY (advertising, specators etc.)					
	SPONSOR: names, logos and graphics					
	BIG SCREEN to show the streaming on-site					
	SNOWCAT for transport (if necessary)					
	INTERNET CONNECTION: 4G/5G WIFI (necessary in the finish area for streaming, social media, time-keeper, etc.)					
	JOURNALISTS/PHOTOGRAPHERS: 7 official (ISMF/Skimo Stats/LOC) with blue strip / others not official with pink strip = different access to the photo area (priority to official ones), media accreditation					

Organisational Points	LIST of MAIN ROLES of LOC (with phone number and email address): - general coordinator and secretary - race and/or track director - ceremonies - accommodation and meals - press, media and website - volunteers: check material, scale etc. - sustainability					
	LOGISTICS and MAIN PLACES (with WIFI access): - race office - Team Captain Meeting room - press room - general office room - Accreditation - ski room for producers - ski tent for teams near Finish area / reserved parking for teams and ISMF staff					
	EVENT PROGRAMME (with time and location): - opening and Closing Ceremonies (only when specators) - top5 bib distribution (only when specators) - flower and award ceremonies - parties (if required)					
	RACE PROGRAMME (with time and location): - starting times of each category - TCM and pre-event TCM					
	ACCREDITATION PLAN: to be plasticized or with a small plastic case and nominative (everyone including press must have an accreditation)					
	REGISTRATION: closing day					
	CHECK MATERIAL (8-9 persons needed): - start area: 2x for timing chip, 1-2x for DVA, 1x for bib - finish area: 4x for control of backpack and weight equipment					
	AWARDS and PRIZES: coordinatio for ceremonies, authorities, procedure (coordinated with TV production)					
	SAFETY PLAN (signed by the ISMF Event Coordinator) to provide rescue also for the rest day (if present) and training day					
	MEDICAL PLAN (signed by the ISMF Event Coordinator)					
	ANTI-DOPING CONTROL: - relevant location/room - LOC staff needed (chaperons)					
	TEAM CAPTAIN MEETING: - ISMF template (single template per each race type) - dedicated room with a big screen and sound system - presentation shared on WA group and on website					
	TENTS or ROOMS for ATHLETES: to change clothes (heated)					
	VIDEO CHECK - VAR (ONLY SPRINT and RELAY): - closed tent 3mx2m minimum of dark color, 1xtable 2m, 2x chairs - Electricity plug 3kW , 1 electricity cable of 50m at the tent / cable channel to be coordinated - 8 wood poles of 1.5 meter hight (dimension approx. 3 cm x 2 cm x 150) / 10 wood poles of 1 meter hight (dimension approx. 3 cm x 2 cm x 100) / Electricity plug on each plateform					
	RADIOS for ISMF STAFF: with separate channel, also for national referees and TV production (WC 12 pcs., YWC 6 pcs.)					
	CABELING PLAN: - electricity - channels (MSO, TV, LOC, Implemetation, Organisation)					
	TRAINING and COURSE INSPECTION: when (day and time) and where (which slopes), to be communicated before arrival via WA group					
	SKI PASS: - for NF (coaches and athletes) and ISMF - to provide also for rest/training days - possibility that for use of chairlift the accreditation is sufficient					
	OFFICIAL TIME-KEEPER: - transport of material (snow cat for timing container - size/weight?) - implementation of intermediate times (loops) and/or GPS trackers - cable channel to be coordinated					
	SPEAKER: - sound system with 2 radio-microphones (spare batteries included) - DJ and music - local and ISMF speaker (vertical with start and finish)					
	VOLUNTEERS: - for official results at finish area - for check material / scale - for control of accreditation and entry into the various race areas - meeting information ISMF - LOC - teamleader - volunteers					
	ON SITE TRANSPORTATION (if necessary): clothes transport for vertical race					
	ACCOMMODATION for teams and ISMF staff: - ski preparation for NF - late check out on last day					
	MEALS: in hotel (early breakfast) or togehter					
	SUSTAINABILITY					
	ISMF RACE JURY					
	NATIONAL REFEREES					

Technical Points	TRACKS: - layout (including transition, technical and refreshement area) with height profile for all categories - plan B and C (technical & organisational) - options for sprint race and mixed relay race					
	DATA: provide track data to time keeping and TV production (height profile, lenght / distance etc.)					
	RACE VENUE and FIELD OF PLAY: - athletes deposit and warm up area - coaching areas for sprint (start, foot part, 3rd transition) - coaching areas for vertical (start, after steep parts) - coaching areas for individual (start, technical and refreshement area) - spectators areas - media areas for live-stream (camera position) and photo - organisation areas - referee areas for referees and video check					
	LAYOUT for START and FINISH AREA: finish area following ISMF proposals depending on the location including flower ceremony and check material including relevant access to areas					

APPENDIX I: DOPING CONTROL STATION LAYOUT (EXAMPLE)



1. **Waiting Room**
- Refrigerator or Cool Box with sealed non-alcoholic drinks,
- Desk, Chairs, Hangers, etc.

2. **Administration / Processing Room**
- Desk, Chairs…
- Waste Bin, Paper Towels, Disposable gloves, etc.
- Refrigerator (Sampling storage), etc.
- Telephone or other Communication Device, Scissors, writing material, etc.

3. **Sampling Room (Toilet)**
- Water Closet, Wash Basin,
- Paper Towels, Hygienic Toilet Paper, Hooks.

ATHLETES PARTICIPATION RULES

23. PARTICIPATION

23.1. Categories

Category	Age range	Year of birth	Notes
U12	11-12 years	2012-2013	
U14	13-14 years	2010-2011	
U16	15-16 years	2008-2009	
U18	17-18 years	2006-2007	Categories applicable for ISMF events
U20	19-20 years	2004-2005	
Senior	19+ years	2005 or before	
U23 Subcategory	19-23 years	2005-2004-2003-2002-2001	
Pre Master	35-39 years	1989-1985	
O40	40-44 years	1984-1980	
O45	45-49 years	1979-1975	
O50	50-54 years	1974-1970	
O55	55-59 years	1969-1965	
O60	60+ years	1964 or before	

For the sports season n-1/n, the age taken into account is the age on 31 December of year n.

23.2. Team composition

For team composition the following guidelines have to be respected:

- The Mixed Relay race team is composed of one female and one male athlete.
- The Relay race team is composed of four athletes of the same gender.
- The Youth Relay race team is composed of one female and two male athletes.
- The Team race team is composed of two or three athletes of the same gender.
- The members of the team must have the same nationality and belong to the same NM.
- An athlete holding an ISMF licence who teams up with an athlete who does not have an ISMF licence cannot receive place points.

23.3. Quotas per nation

If a Championship takes place together with a World Cup, no quota shall be applied for the registration in the race and the start lists will follow the World Cup ranking.

The title of a World or Continental Champion grants a bonus place (except for Relay Race) for the following Championship.
If for any reason the race does not take place, or if there is no ranking, this bonus is applied in the following Championship.

23.3.1. World Championships quotas

Individual, Sprint and Vertical races:

- Senior: 4 M and 4 W
- U23: 3 M and 3 W (total of 7 Senior M and 7 Senior W)
- U20: 4 M and 4 W
- U18: 4 M and 4 W

Team race:

- Senior: 4 teams M + 4 teams W

Relay race:

- Senior: 1 team M + 1 team W
- Youth: 1 team

Mixed Relay race:

- Senior: 3 teams
- Youth: 2 teams

23.3.2. Continental Championships quotas

Continental Championships quotas have to be decided by the respective Continental Council and the ISMF has to be notified no later than six months before the event. If such a communication is not received by the ISMF, World Championships quotas will be applied.

23.3.3. World Cup and Series quotas

There are no quotas.

24. ISMF LICENCES AND DOCUMENTS

Athletes must hold an ISMF licence to participate in ISMF events.

The process to apply for any ISMF licence will be completely online via the ISMF website. There are no paper documents to be completed, signed and sent to the ISMF Office. Completion and various signatures will only be available electronically.
For each ISMF licence level there will be the possibility to upgrade to higher grades, only paying the extra cost from the lower grade. The upgrade process will be managed by the ISMF directly, without any intervention by the respective NM.
To obtain any ISMF licence, athletes should create their own profile online on the ISMF website in time to meet the race registration deadline for the first event of the season in which each athlete wants to participate.
All NMs and athletes agree to accept and abide by all ISMF rules mentioned in the ISMF licences.

24.1. ISMF Elite licence

The ISMF Elite licence is only for athletes belonging to national teams, who want to participate in ISMF World Championships and ISMF World Cups.
Following the creation of their own profile, athletes should contact their NM to obtain the validation of the ISMF licence.
The ISMF Office will invoice each NM for all ISMF Elite licences applied for during the season at the end of the season itself. The ISMF Elite licence for Seniors and U23s is 100,00 EUR per athlete, while for U20s and U18s is 60,00 EUR per athlete.
With the ISMF Elite licence, athletes can participate in all the events since the ISMF Elite licence is a top grade to all other minor ones.

24.2. ISMF Youth licence

The ISMF Youth licence is only for athletes belonging to national teams, who want to participate in ISMF Youth World Cups. Following the creation of athletes' profile, each NM must validate the ISMF licence.
The ski mountaineering club of reference of a selected athlete must contact the NM of the own nation to proceed to obtain the ISMF Youth licence, since only the NM has the power to ultimately validate the ISMF licence. In the event that such NM does not have a national licence, it must provide the athlete with an official document valid as a pass.
Athletes or the respective NMs will have to pay for the ISMF Youth licence by credit card directly during the ISMF licence application process. If the payment is not successful, the ISMF licence will not be validated by the ISMF and therefore will not be active. The ISMF Youth licence is 30,00 per athlete.

24.3. ISMF Competition licence

The ISMF Competition licence is only for athletes who want to participate in ISMF Masters World Championships, ISMF Series and Continental Cups/Championships.
Athletes will have to pay for the ISMF Competition licence by credit card directly during the ISMF licence application process. If the payment is not successful, the ISMF licence will not be validated by the ISMF and therefore will not be active. The ISMF Competition licence is 30,00 EUR per athlete.
NMs may have an overview with a blocking option on the application process for this type of ISMF licence.

24.4. ISMF Open licence

The ISMF Open licence is only for athletes who want to participate in Open races and National/Continental Series.
For the first year, the ISMF Open licence will be free of charge.
NMs may have an overview with a blocking option on the application process for this type of ISMF licence.

24.5. Further specifications

Each NM must ensure that its athletes enrolled in ISMF events are:

- holders of a public liability insurance and a repatriation assistance policy covering any accidents involving athletes that may arise during journeys to and from the event and during the race;
- holders, if necessary, of an individual accident insurance;
- physically fit to take part in ski mountaineering races and holders, and if necessary, of a medical certificate in compliance with the national rules;
- authorised to take part in races. A letter from parents or the legal guardian for young athletes (minors) with respect to the legislation of each nation is requested.

25. REGISTRATION

25.1. General information

25.1.1. Nationality

NMs can only register athletes of the nation they represent (no foreigners). Athletes with dual nationality must choose which nationality they wish to use at the beginning of each season and then maintain it until the end of the concerned season.

25.1.2. Participation of ISMF and LOC staff

LOC staff members and ISMF officials cannot participate in an ISMF event in which they are officially involved.

25.2. World Cup and Youth World Cup

All athletes must be registered for the World Cups by the respective NMs via the ISMF website (by a specified deadline).
For the Youth World Cups, instead, athletes have the possibility to register directly, but with a final confirmation from the respective NM.

25.2.1. Registration fees

25.2.1.1. World Cup

The athlete registration fee at World Cups can amount to a maximum of 50,00 EUR per athlete/discipline.

25.2.1.2. Youth World Cup

The athlete registration fee at Youth World Cups has to be fixed between 30,00 EUR and 40,00 EUR per athlete/discipline at the discretion of the LOC.

25.2.2. Late athlete registration

Late athlete registration for World Cups and Youth World Cups is not allowed.

25.2.3. Team composition

The composition of the teams for the Mixed Relay race has to be communicated to the ISMF office via email or other means of communication by a specified deadline. Further changes after this deadline will not be accepted.

25.3. World and Continental Championships

All athletes must be registered for the World Championships by the respective NMs via the ISMF website (by a specified deadline).
Continental Championships registration process has to be decided by the respective Continental Council and the ISMF has to be notified no later than six months before the event. If such a communication is not received by the ISMF, World Championships process will be applied.
At World/Continental Championships, U20 athletes will be able to choose for each single race the category in which they want to participate.

25.3.1. Registration fees for World Championships

25.3.1.1. Senior athletes

The athlete registration fee at World Championships can amount to a maximum of 50,00 EUR per athlete/discipline.

25.3.1.2. Youth athletes

The athlete registration fee at World Championships can amount to a maximum of 50,00 EUR per athlete/discipline, but for Relay races it can amount to a maximum of 30,00 EUR per athlete.

25.3.2. Registration fees for Continental Championships

The athlete registration fee at Continental Championships has to be decided by the respective Continental Council and the ISMF has to be notified no later than six months before the event. If such a communication is not received by the ISMF, World Championships' athlete registration fee will be applied.

25.3.3. Late athlete registration

On the day before the concerned race (by a new specified deadline), coaches have the possibility to register additional athletes with a penalty of 100% of the athlete registration fee in addition to the latter (amount to be paid in cash on-site) at a location previously specified by the ISMF.
Further changes after the deadline set for athlete registration modifications will not be considered as the final start list will be generated and bib numbers assigned to the corresponding athletes.

25.3.4. Substitution and team composition

On the day before the concerned race (by a specified deadline), coaches have the possibility to substitute athletes for free at a location previously specified by the ISMF or via email or other means of communication.
The composition of the teams for the Mixed Relay and Team races has to be communicated to the ISMF office via email or other means of communication by a specified deadline. Further changes after this deadline will not be accepted.

25.4. Masters World Championships

Athlete registration for Masters World Championships has to be done directly by the interested athletes via the ISMF website by a specified deadline.
The athlete registration fee for Masters World Championships has to be fixed between 40,00 EUR and 60,00 EUR per athlete/discipline at the discretion of the LOC.

25.5. Series, Continental Cups and other events

Athlete registration for Series, Continental Cups and any possible other event has to be done directly by the interested athletes via the event or LOC website. The LOC should implement the registration system by allowing athlete registration only and exclusively if the athlete has first applied for the necessary ISMF licence.
The athlete registration fees for Series and other events are at the discretion of the LOC.

TECHNICAL RACE GUIDELINES

26. SPORT AND TECHNICAL ISSUES

26.1. The ISMF Race Jury

26.1.1. Composition

The ISMF Race Jury is composed of:
- LOC Race Director
- ISMF Technical Delegate
- ISMF Jury President
- ISMF Referees
- ISMF VAR Operator.

26.1.2. Competence

The ISMF Race Jury has the competence to:
- make decisions in respect of the requirements of the ISMF rules and guidelines;
- make decisions concerning any issues for which the ISMF rules and guidelines might seem incomplete or unclear.

26.1.3. Decisions

Decisions are taken by the majority of members of the group. In the situation of a draw the vote taken by the ISMF Jury President prevails.

ISMF RACE JURY	**DECISIONS**
LOC Race Director	Right to vote
ISMF Technical Delegate	Right to vote
ISMF Jury President (head of Jury)	Right to vote
ISMF Referees	Right to vote
ISMF VAR Operator	Right to vote

Restricted rights are applied to decisions on behaviour and protest (according the related section in the Sporting Rules) when only the following circumstances apply:
- make decisions concerning any issues ISMF Sporting Rules and guidelines;
- assess protests and decide on their outcome;
- ensure that Ranking Rules are respected;
- guarantee sporting fairness.

ISMF RACE JURY	**DECISIONS**
LOC Race Director	Member with NO right to vote
ISMF Technical Delegate	Member with NO right to vote
ISMF Jury President	Right to vote
ISMF Referees	Right to vote
ISMF VAR Operator	Member with NO right to vote

Decisions are taken by the majority of the ISMF Race Jury members having the right to vote. For decisions about offences and penalties in the situation of a tie, the vote taken by the ISMF Jury President prevails. For decisions on protests the vote of all three members with the right to vote is required.

26.2. ISMF Jury Consulting Group

The role of the ISMF Jury Consulting Group is to assist the ISMF Race Jury in specific situation and topic which may affect the development of the race.

The ISMF Jury Consulting Group can be called by any member of the ISMF Jury Consulting Group.

The ISMF Jury Consulting Group is composed by:
- ISMF Event Coordinator
- ISMF Jury President
- LOC Race Director
- Two Coaches Representatives (if their NM is not involved)
- Men Athletes representative (If he is not involved)
- Women athletes representative (if she is not involved).

The decision of the ISMF Jury Consulting Group is not binding for the decisions of the ISMF Race Jury.

26.3. The Start and Finish areas

The start and finish areas contain technical installations necessary for the proper organisation and execution of the race. Both areas are of fundamental importance for the management aspects and advertising rights of the ISMF and the LOC. The start and the finish areas must be at the same location, have restricted access and must be fenced by nets or metal barriers.

Start and finish areas must comply with the following:
- Accreditation compulsory for access (for the athletes BIB is acceptable);
- Fences to separate it from other areas (at least 15m long);
- Toilets;
- Medical assistance area;
- Spectators zone and visitors outside of the start and finish areas;
- 8 athletes at the starting line;
- Not have and arch or narrow place the first 300m after the start.

The start area consists of:
- An area for controlling DVA (minimum one entrance/line);
- An area for controlling chips;
- A race BIB control area;
- Start list controllers (they take note of all numbers – minimum one entrance/line);
- People in charge of collecting athlete's personal effects at the start and handing them back at the finish;
- A start line and two finish lines marked on the ground;
- A warm-up area on the snow and big enough to allow the athletes go up and down:
- For Sprint and Relay races with a minimum exact length of the Sprint race.
- For Individual, Vertical and Team races is recommended a positive ascent of 300m.
- NM zone: a place for the tents of the NMs (coaches, staff members who prepare the athletes' race equipment, etc.) closed by nets.

The finish area consists of:
- Two finish lines marked on the ground;
- System for timing, photo finish and video check;
- An area for controlling DVA (at the exit);
- An area for taking off chips;
- Equipment control area (for DVA and other compulsory safety equipment). This area for inspecting equipment, must be situated 15 to 30 meters after the finish line. This area is closed, athletes should have access to a recovery zone immediately after equipment control;

– A bulletin board for displaying provisional results (including penalties).

The start and finish areas must be set up in coordination with the:
– ISMF Event Coordinator;
– ISMF Technical Delegate;
– ISMF Marketing & Media Coordinator;
– Implementation team responsible;
– TV Production Team responsible.

The typical start and finish areas for every race are presented in appendixes below. The appendix defines the typical organisation of the start and finish area, with particular attention to the aspects relating to the management of advertising rights.

26.4. Race Organisation

26.4.1. Track change

Changes of the track are the responsibility of the LOC Track Director and the LOC Race Director. The ISMF Event Coordinator and the ISMF Technical Delegate must be informed immediately about such changes. Any changes to the tracks must be announced at least 45 minutes before the start to the NM.

26.4.2. Race delay or cancellation

Races may be delayed or cancelled due to extreme weather conditions, safety concerns or unforeseen technical problems. The decision to delay or cancel a race is taken by the ISMF Event Coordinator after consultation with the ISMF Race Jury.

Prior to athletes arriving at the start area, it may be necessary to delay the start due to above mentioned reasons. The new start time must be provided to all NM with adequate time in advance to the new start time not to have set off for the event. The start time may be delayed for up to a maximum of 2 hours after the scheduled time once the athletes are in the start area. The delay is confirmed by the ISMF in coordination with the LOC. A delay is called only when it is presumed that the condition causing the delay is likely to be resolved within the time limit as stated. During the maximum delay of 2 hours, athletes must have access to a warm waiting area, nutrition and toilets. Athletes are expected to be able to prepare immediately for the start during the maximum waiting period once they are called. No protests are accepted during the maximum waiting time of 2 hours. If the race does not start within the 2-hour time frame, the ISMF Race Jury will officially cancel the race.

26.4.3. Event or race reschedule

The possibility to reschedule an event or a race at a later date is entirely at the discretion of the ISMF. Such a decision will only be considered if it meets certain conditions, the LOC is in full agreement, the new date will not cause problems with the ISMF calendar and is not at one of the dates agreed at the ISMF Plenary Assembly for hosting national events and is considered appropriate by the ISMF media partners. Even when these conditions are met, rescheduling is not guaranteed.
In this case, the NMs, in consultation with the ISMF, should do everything within their power to ensure participation on the day scheduled for the rescheduling, if this was an inherent part of the event programme (as agreed in advance with the ISMF).

26.5. Results

Results are to be produced according to the procedure described in the ISMF rules.

The LOC must make arrangements so that:
– results (provided by the timing company) can be posted at the finish and in the welcome area;
– posting of results is to be announced;
– the place and time of results posting is stated;

– the provisional results must be posted within 15 mins of the first athlete or when 10 athletes have crossed the finish line and passed the control equipment. This is so any protests can be made. After this moment, new provisional results with the rest of the athletes will be posted approximately every 20min.

Timekeeping must send the final raking immediately once approved by the ISMF Jury President to the ISMF Ranking Manager and ISMF office.

27. RACES SPECIFICATIONS

27.1. General features of ISMF races

	DESCRIPTION	CATEGORIES	POSITIVE ASCENT	DURATION	TEAM COMPOSITION
SPRINT	Short track with ascent, descent, and a part on foot with skis attached to backpack, which will take place in qualifying phases, heats, semifinals and final. Race held by heats of 6 athletes from heats to final. Track inspection time: 15min	SM/SW	70m maximum	Between 2min30-3min30s for the best SM/SW	
		U23M/W			
		U20M/W			
		U18M/W***			
VERTICAL	A single ascent on skis. No part takes place on foot with skis on backpack. Vertical race is possible off-piste but only along a sheltered track with a minimum width of 2 meters. The average gradient should be at least 15%. The area after the finish line must be completely flat or with a gentle slope, and at least 6m wide.	SM/SW	500 to 700m		
		U23M/W			
		U20M			
		U20W	400 to 500m		
		U18M***			
		U18W***			
INDIVIDUAL	Minimum three (3) ascents/descents on mountain slopes. The longest ascent must not exceed 50% of the total positive difference in height. In the longest ascent, if possible, it is recommended to include a part on foot (except for the first uphill).	SM	1300 to 1600 m	1h 15min to 1h 30min	
		U23M			
		SW	1150 to 1400m		
		U23W			
		U20M			
		U20 W	900 to 1200 m		
		U18M***	800 to 1000 m		
		U18W***			
TEAM*	Out of the total difference in height (positive + negative): - at least 85% must be raced with skis on feet; - at the most 10% should be raced on foot (footpaths, forest tracks, etc.), depending on the peculiarities of the race venue; - at the most 10% should be technical sections raced carrying skis on the backpack (ridges, couloirs, etc.). U20M race on the same track as senior women. A fixed rope, where use of lanyards is compulsory, it is not recommended for individual race.	SM	2100m to 2400m	3 h max for 1st team	2 athletes**
		SW	1800m to 2100m		2 athletes**
RELAY*	4 loops with 2 distinct ascents and descents each raced by each team member once, with a part on foot in the	SM	120 to 150m	7-10min	4 athletes****
		SW			4 athletes****
		YOUTH			3 athletes****

	2nd ascent. The first uphill should be at least 60m. Each relay leg must include 2 distinct ascents and descents. There is no qualification phase. A part of the second ascent requires a portion to be climbed on foot with skis strapped on the backpack. Each relay leg is run by a member of the relay team. Each athlete can participate in only one relay. (That is to say that if a U20 athlete participates in a senior relay, he / she cannot participate in the youth relay - ditto for senior women). For safety reasons it is compulsory to include a short uphill (with skins on) before the handover, except for the last athlete of the Relay, who must proceed directly to the finish line. Track inspection time: 20min				1 U18M 1 U18W or U20W 1 U18M or U20W or U18W or U20M Start: U18W or U20W starting necessarily in 1st lap
MIXED RELAY	Qualification phase followed by a final A and a final B (optional decided by the ISMF Race Jury). The Mixed Relay race covers 4 loops, each with 2 ascents and 2 descents. Each athlete has to cover the loop twice alternately with the teammate. The loop contains a part on foot in the 2nd ascent and the first uphill should be at least 60m. The order of the final can be either W-M-W-M or M-W-M-W. The ISMF Race Jury will decide the best option (according to the track) to be communicated during the TCM of the previous day. In the case a team retires from the start that place cannot be taken by another team. Track inspection time: 20min	Senior U20 U18	120 to 150m	7-10 min	2 athletes Order W-M-W-M The composition of the team cannot change from the qualification phase to the final.
* Athletes holding valid ISMF licences are not allowed to take part in team races that count towards the ISMF Championships with team members of different nationalities. ** Can be 3 athletes on Continental cups, World cups, and ISMF series. *** U18 categories cannot participate or be ranked on World Cup races. **** The teams will be composed of athletes belonging to the same nation.					

27.1.1. Special features for Sprint races

SPRINT RACE DESCRIPTION (SEE APPENDIXES)
1st PART: ON SKIS
Approximately 30 to 50m of elevation. – After the start, approximately 200 m of moderate slope. – The slope then becomes steeper but has to be easily skiable (not too steep). – This part should be wide enough to allow athletes to overtake easily. – The track must not be plotted along slopes with a highly angled diagonal gradient across the transverse of the slope – if such a situation is naturally found on the terrain, then it must be modified to create a more regular slope. – If the slope is steep enough, the circuit should be a figure of '8' designed with diamonds and athletes can choose the most advantageous track.
2nd PART: ON FOOT

– Approximately 10 to 15m of elevation. – This part must have at least three (3) parallel tracks. Must be possible change from one track to the others. – The ascent is made with skis attached to the backpack.
3rd PART: ON SKIS
– After foot part approximately 10 m maximum of elevation.
4th PART: THE DESCENT
– The slope should be wide, with an even packed surface. – The descent must be fitted out with turns. The use of blue and red flags (as used for snowboard gates), or other safe and visible elements, is permitted. – The athlete must pass through each gate.
5th PART: THE FINISH
– The circuit must finish on a flat area or with a slight ascent, so that athletes must use the skating technique until the finish line. Depending on the terrain, upon decision of the ISMF Technical Delegate, the last part of the finish area can be done with skins on. – The last 20 m of the track will be set up with a minimum of three wide lanes with a width approximately 3 m each. When the athletes enter to the finish area skating corridors have to yield the track to the athlete that arrived first and respect the corridor. To overtake the athlete must change the corridor. The track is a loop: the finish line is very close to the start line.
MANAGEMENT OF THE TRACK
– A preferably heated tent/room (with seats) must be set up close to the start area. Pre-start room. – The track should be completely closed off by netting. Only athletes and accredited press officials are allowed access. – The start and finish lanes are marked on the ground. – For the athletes and coaches, a path must be set up to facilitate access from the finish area to the start
TRANSITION AREAS
– The Transition areas will be wide and fitted out in order to permit all 6 athletes to make transition with ease.

27.2. Race Organisation

27.2.1. The Start set up

27.2.1.1. Start Area, Race Schedules and Start Times

The ISMF events starting/finish area must be compulsory set up in coordination with the:
- ISMF Event Coordinator
- ISMF Technical Delegate
- ISMF Marketing & Media Coordinator
- TV Production Team responsible
- Implementation team responsible (for sponsorship requirements)

The starting area is one of the main points of attention and interest of the race. In the starting area are the concentrated technical installations necessary for the proper organisation and conduct of the race. The starting area is of fundamental importance for the management aspects of the advertising rights of the ISMF and of the LOC. The start and the finish area must be at the same place. It is not allowed to use a handmade gate, only the ISMF official system.

The starting and the finish areas are restricted and surrounded by barriers and / or nets. They consist of:
- Nets to separate it from other areas (at least 15m long)
- Start area – An area for controlling DVA (minimum one entrance/line)
- Area for controlling chips
- Starting/finish line marked on the ground (as provided in the Sporting Rules)
- Toilets
- Starting list controllers, who take note of all numbers, minimum one entrance/line
- A starter
- People in charge of collecting athletes' personal effects at the start and handing them back at the finish
- Warm-up area

- Race number control area
- Medical assistance area
- System for photo finish and video check
- Bulletin board for displaying provisional results (including penalties) as and when athletes come in.

Any changes to tracks must be announced 45 minutes before the start. If the start is delayed, announcements must be made every fifteen minutes.
A typical start area is presented in appendixes below.
(The World Cup start area must be set up also in coordination with the ISMF communications team responsible for sponsorship requirements).

Start order and timings will be decided in conjunction between the ISMF Technical Delegate and the LOC.
World Cup races, it is strongly recommended to start before 09.00 or after 17.00, except for Sprint races which can be held as a nocturnal event, upon request.

For all World Cup races and Continental/World Championships, the ISMF Jury President is responsible to manage all the start procedure, including the position of the athletes on the start line and the final countdown.

27.2.1.2. Individual, Team or Vertical races start set up

- The starter positions himself/herself in the starting area in a manner in which all athletes can easily hear his/her announcements.
- Use of a sound system is compulsory. All communications must be made in English.
- The starting area and the trail should be groomed for 300m or 100 m difference in height after the starting line must be wide.
- Race starts and tracks must be planned so one category cannot be overtaken by the other category.
- Race starts and tracks must be planned so that open athletes cannot be overtaken by ISMF categories during the race.
- The start schedule has to be approved on the eve of the race by the ISMF Technical Delegate.
- A combined categories mass start will ONLY be allowed if approved by the ISMF Technical Delegate.

Tracks must be designed and set up by LOC trail setters. If another race takes place at the same time as an ISMF race:

*Open race at the same moment of individual world cup race is not allowed, except special agreement with ISMF, and cannot interfere with the ISMF athletes.

27.2.1.3. Relay races start set up

- Starting positions must be separated by 1.5m (to be adjusted depending on the terrain) with a maximum of 6 athletes in each line. Separation between lines of 2,5m each line;
- On uneven ground, the starting line should be positioned in a fair way for all athletes;
- Start order: athletes for the first relay take position on the starting line. Number 1 is positioned in the centre of the track, n° 2 to his/her right, n°3 to his/her left, and so on;
- Athletes must remain in the handover waiting zone until relay handover.

27.2.1.4. Mixed Relay race set up

A – Design of the track
One run consists of two different loops with ascents and descents. The total elevation of one run is 120-150 meters with at least 60m ascent on the first ascent and a foot part in the second ascent. The arrival to the finish area can be with or without skins subject to the decision of the ISMF Technical Delegate. One run shall be completed within 7-10 minutes for the best athlete (30-40 minutes for the best team).

B – Starting Area
A separate starting area will be set up, giving space for 6 teams starting next to each other in the front line, the second starting line is 2,5 m behind. If the race venue does not allow a separate starting area, the latter can be positioned between the transition area and the handover area. The distance between starting line and entry handover area must be at least 5m.

C - Handover Area
The handover area is at least 6-10m wide and 15-20m long marked by an entry and exit line. Along the first half of the handover area there is free entrance from the waiting area for the following athlete to enter. After the exit line there is an exit area for the predecessor to exit the track. The handover area shall be slightly upwards and close to start and finish area. The entry line shall be approximately 20m after the transition area. The athletes shall distribute evenly along the width of the handover area waiting for their predecessor.

D – Waiting Area
Only athletes have access, ideally some seats and tents shall be arranged.

E – Track Inspection
The entry gate for track inspection is open 10min, the track is closed for athletes after 20min from the start of track inspection. The track inspection has to be finished 20min before the first qualification.

F – Qualification
The qualification is done by each athlete alone against the time (individual start without handover). First all female athletes, afterwards all male athletes start their qualification with single start every 30 seconds. The team leading in the World Cup will start last in qualification per gender. Inside a team the best ranked athlete in the specialty World Cup is taken into consideration for bib distribution. The total qualification time is calculated by addition of the single time of the female and male athlete per team.

G – Equipment control
Equipment control for the qualification run is done randomly. Equipment control for the finals is done for each single athlete.

H – Timekeeping
Electronic chip timing is compulsory. The intermediate time of each loop is published (1st loop up to entry line of handover area), if such a timekeeping is available.

I – Ranking
The ranking is done by the order of crossing the finish line. World Cup points for the Overall World Cup Ranking for national teams are assigned according to the position in the final of each best team per nation. For other information please refer to the ISMF Ranking Rules.

27.2.1.5. Sprint races start set up

- Lanes are marked for the first 10 m of the track which will be at least 1,2m wide. Athletes must stay in their lane until leaving the designated area.
- For every category, the start will be the inverse order of the classification of the Sprint World Cup ranking, on the day of the race (N-1 ranking for the first race of the season). The non-classified athletes will start first with a randomly established start time.
- The start area is prepared with a start line and a pre-start line that are 1m apart.
- Behind, in the qualifications every 2m there will be another small waiting line/place where the athletes will be waiting in order to the schedule of the start list.
- During the heats: Athletes are called to the pre-start room (warm tent) from 10 to 5 minutes before the start. The pre-start room should be warm and must contain chairs for at least 6 athletes. Athletes are organised on the pre-start line where instructions are given and start lanes designated.

- In case of false start, athletes are not stopped. The penalty will be directly applied to the athletes after crossing the finish line. False start penalty applies only if ISMF starting procedure is respected and if there is a camera video on the start line. The penalty applies for the first athlete who commits the false start.
- During the heats sessions, a member of the ISMF Race Jury may check the start video.
- Heats will start consecutively approximately every 5 minutes. Following instructions from the time-keeping company.
- Every category between the end of their qualifications and the beginning of the final phases, there should have a 15-minute gap for recovery.
- For the finals, the speaker will call the athletes one by one, with a presentation of the athlete and nation of the athlete.
- For the sprint, the ISMF Race Jury, in order to make the race shorter and safer in the case of bad weather conditions, can take the decision to go directly to the final after the qualification stage with the best six places from the qualification. The ISMF Race Jury should take this decision before the start of the race and communicate it to the coaches and athletes, except in the case of sudden reasons that can suggest taking this decision later.

27.2.2. Other important features for the track set up

For a clear picture of how to set up a kick turn please refer to the document called "ISMF instructions for a race track", section "Official texts", "Sport Rules".

If the track crosses or follows a marked ski trail, then the portion used by athletes must be separated from that used by others, by means of nets (or any other means making it impossible to cross the track by accident) both during ascents and descents. As far as possible these trails should be closed to the general public for the duration of the race.

- Important to avoid crosses in the track inside the same category and between different categories competing at the same time
- Junctions for different categories must be located where athletes arrive at low speed;
- Separations for different categories must be located at checkpoints or waypoints after transition area or in uphill where athletes arrive at low speed, never in downhill; marked with arrows showing which direction should be followed by a given category;
- The tracks in corridors and in ridges will be used for ascents during the second half of the race;
- The parts where the use of the lanyard is necessary must be minimized. On the tracks in a corridor or on a ridge where there is one single lane, overtaking can only take place in the clearly marked zones. It is strongly recommended not to use any of those very technical parts on a world cup or continental/world championship and ever must be validated for the ISMF Technical Delegate according that there is no other option.
- In the event of a risk due to high speed, then LOC tracers should set up chicanes with signs in order to make athletes reduce their speed;
- LOC is responsible for adapting the speed of the athletes in function of:
  - the ground (forest – narrow trail - risk of dangerous fall - obstacles - ski trail);
  - the quality of the snow (hard, wet or crusty);
  - weather conditions (bad visibility - snow).

The LOC has an obligation to slow the athletes, by using appropriate means (track drawn in big curves), when:

- a dangerous speed may be reached;
- exceedingly steep slope;
- mass start in descent is not allowed.

The track is marked with flags of at least 150 cm^2 (300 cm^2 rigid round fluorescent flags highly recommended)

- Rectangular 15 x 20 cm
- Triangular 15 x 20 cm
- Round 15 cm of diameter

- Green (fluorescent flags): Moving with on skis with skins on;
- Red (fluorescent flags): Moving on skis without skins;
- Yellow (fluorescent flags): on the parts on foot;
- Large flags must be used during difficult conditions to reinforce marking (minimal height: 1.5m);
- Danger signs mark technically difficult or dangerous areas;
- Specific Danger Flag: to mark specific dangerous elements.



- Respect the environment

27.2.3. Transition area and check point

- The transition areas are all the designated locations where the athletes must change from one mode of travel to another.
- A transition area is a closed area (with nets, ropes, flags), reserved for the athletes and the qualified track staffers.
- The flags used to delimit the transition area will be of the colour of the next section (e.g., yellow if it is before a foot part, red if it is before a descent, etc.).
- A narrow gate (2m minimum for Individual/Team races and 3m minimum for Sprint/Relay races) controls the exit. An image sign will indicate the operation to be carried out.
- The entrance and the exit gates of the area should be clearly marked with a blue line in the snow with environmentally friendly marking material
- Controllers must be equipped with radios and be able to communicate with race headquarters.
- Controllers also check safety issues.
- Controllers ensure that ISMF rules are followed and immediately report any offenses committed by athletes to race headquarters.
- Under instruction from race headquarters, the transition area chief must have enough authority to give instructions to athletes (for example: giving instructions to put on an extra layer of clothing, stopping the race under the authority of the LOC Race Director, etc.).
- Transition area will be positioned so that athletes reduce speed upon arrival and should be big enough to avoid problems according to the possible number of athletes making the transition manipulation at the same time (for example near the start needs to be so big). The design of the Transition Area should be done without giving more advantage to one place than other to avoid that all athletes will made the transition manipulation in just one small part of the area and not using all of it.
- At all times, the transition area chief must be able to inform the speaker at the finish on the advancement of the race – athlete racing order – times between athletes – etc.
- Athletes must pass through all transition areas or check points on the race.

27.2.4. Check Point

A check point is an area where the athletes bibs are noted. Check points may be located at transition areas. Controllers take note when athletes pass through their check point and record their arrival order + times + ranking if the race is neutralized or stopped.

27.2.5. Refreshment Area and Technical Point set up

For Individual and Team races, the LOC must set up a refreshment area (recommended fresh/warm water/tea, cereal bars, cakes) at the most appropriate location on the track. It must be approved by the ISMF Technical

Delegate and, generally, it is placed at the beginning of an ascent, but separated of the transition area/technical point (with a line is enough), near the middle of the race. The refreshment area is also to be used by coaches who are not allowed to supply food and beverages at any other location. Garbage or trash bags must be present in the area and near the exit. The recommended length of the area is from 15 to 30 m.
The refreshment area must be limited by lines (entry/exit) on the ground, and a pictogram at the entry inform the athletes is recommended.
For Individual and Team races, the ISMF Race Jury will decide one or, if it is necessary, more transition areas where it is possible to change the skis+bindings. In this case, the transition area will also be a technical point. The transition area close to the refreshment area will always be a technical point.

27.2.6. Relay handover area set up

The LOC Race Director appoints a person in charge of the relay handover area, and the ISMF Race Jury appoints an ISMF Referee in charge of the relay.
The handover area should be at least 6-10m wide and 15-20m long marked by an entry and exit line.
For safety reasons the relay will include a short uphill (Skins on) few meters before the handover. The arrival to the finish area can be with or without skins subject to the decision of the ISMF Technical Delegate.

Regarding the handover area for the Mixed Relay race, please refer to the dedicated paragraph.

27.2.7. The Finish set up

The WC starting/finish area must be compulsory set up following the ISMF design in coordination with the:

- ISMF Event Coordinator
- ISMF Technical Delegate
- TV Production Team responsible
- Implementation team responsible (for sponsorship requirements)

- A finish line marked on the ground, at least 10 cm wide, preferably situated in a skiable area. Steep downhill slopes must be avoided.
  If the arrival is in skating, there will be at least 3 corridors the last 20m with a minimum 3m wide. At the beginning of the corridor's area there will be a discontinuous line.
  It is strongly recommended finish with skins on after a short uphill near the arrival.
- A second line, 10 cm wide minimum, will be marked 3 m after the official finish. Upon arriving in the finish area, athletes must pass over the second line before stopping (timings are taking at the first/official finish line).
- A restricted finish area surrounded by barriers and / or nets.
- Timing to 1/100 of second to decide between "hand in hand" arrivals and photo finish or video check.
- A person in charge of taking note of all the numbers of the athletes who cross the line (in the arrival order). In the sprint race, during the qualification time this person should note down also the arrival time of the athletes to have an extra document in case of technical problems.
- An area for inspecting equipment, designated "Equipment Control", situated 15 to 30 m after the finish line. This area is closed off. In this area, a controller inspects the equipment of the selected athlete according to the instructions issued by the ISMF Jury President.
- A podium for the first three athletes/teams.
- A bulletin board for displaying provisional results (including penalties) as and when competitors come in.
- A medical assistance area.
- In case of a doping test, a person of the LOC shall escort the athlete to the medical control area (the person must be of the same sex as the athlete)
- Toilets.
- A Referee from the ISMF Race Jury in charge of finish procedures.
- Compulsory equipment controllers, with control sheets (see appendixes below).
- People in charge of handing back the athlete's personal effects that were left at the start.

- A press area with a spot for conducting interviews, near to the equipment control area and located inside the restricted finish area.
- A person from the LOC in charge of press relations will be present in the finish area to supervise interviews.
- The placement of the ISMF flags will be decided together with the ISMF Event Coordinator or ISMF Marketing & Media Coordinator.

In case of a doping test, a person of the LOC shall escort the athlete to the medical control area following the provisions reported in the Organisation Event Guidelines.

The finish area must have people in charge of handing back the athlete's personal effects left at the start.
The finish area must also have a press area with spot for conducting interviews, near to the equipment control area and located inside the restricted finish area.

A typical finish area is presented in appendixes below.

27.2.8. Tracks and markings

The rules which govern the track design and marking are as follows:

27.2.8.1. Extreme weather or altitude

If the weather forecast predicts that the temperature could be extreme, the organiser must take in account when planning the race track (normally track B or C) according the following recommendations:

- the race is held on a more sheltered track (forest);
- the departure time is postponed until temperature raise to an acceptable level;
- the total positive difference in height of the race may be reduced;
- to avoid areas which are known to be very windy (exposed ridges, certain passes, top of mountains).

ISMF will provide to the LOC 3 devices to measure the wind chilly temperature in start/arrival and highest point / coldest point.
The measurement will be done 40min before the start (before the pre-start TCM).

According to Wind Chill Temperature Chart in the appendixes.
If the Wind Chill temperature is in the minus 10ºC to -20ºC range (the moderate risk, orange in the chart) recommendations regarding cold weather protection should be made available to the athletes. Under such conditions it is responsibility of the athletes to seek the information and to follow the recommendations given by the organiser:

- a fourth compulsory layer for the descent can be imposed;
- if it is reasonably expected that the temperature will drop during the day, then further measurements will be done every 30 minutes and, if necessary, the race will be stopped.

If the Wind Chill temperature is colder than -20ºC at any of the measurement points, the race must not start.

- The race can be delayed (if it is reasonably expected that the temperature will rise during the day)
- The race must be cancelled if the weather forecast does not expect the temperatures to rise significantly or wind to die down.

For special events where it is expected that the Wind Chill Temperature will be colder than -20ºC (for example because the race profile imposes a particular high wind-exposed high point, or because it is a night event), ISMF Sport Department will send the proposal to the ISMF medical commission in order to find a tailored solution to be applied by the LOC.

27.2.8.2. Rules for racing in altitude

The Instruction from ISMF Medical Commission (in coordination with EXALT Centre expertise sur l'Altitude) feels that to minimise the risk linked to altitude:

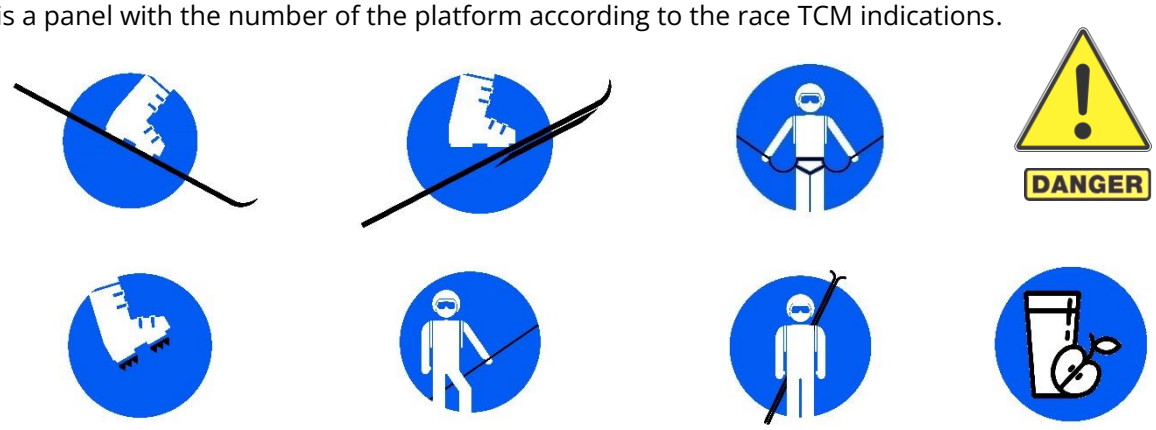
- Athletes should not spend more than 4 hours above 3500m
- No more than 2 hours above 4000m
- No racing higher than 4500m

Special information/warning must be sent out to coaches/athletes/ISMF officials if the residence/sleeping area is >2500m in order to prevent altitude-related illness.

For a special event that requires going higher than 4500m, ISMF Sport Department will send the proposal to the ISMF medical commission in order to come up with a tailored specific solution for the race.

27.2.8.3. Further details

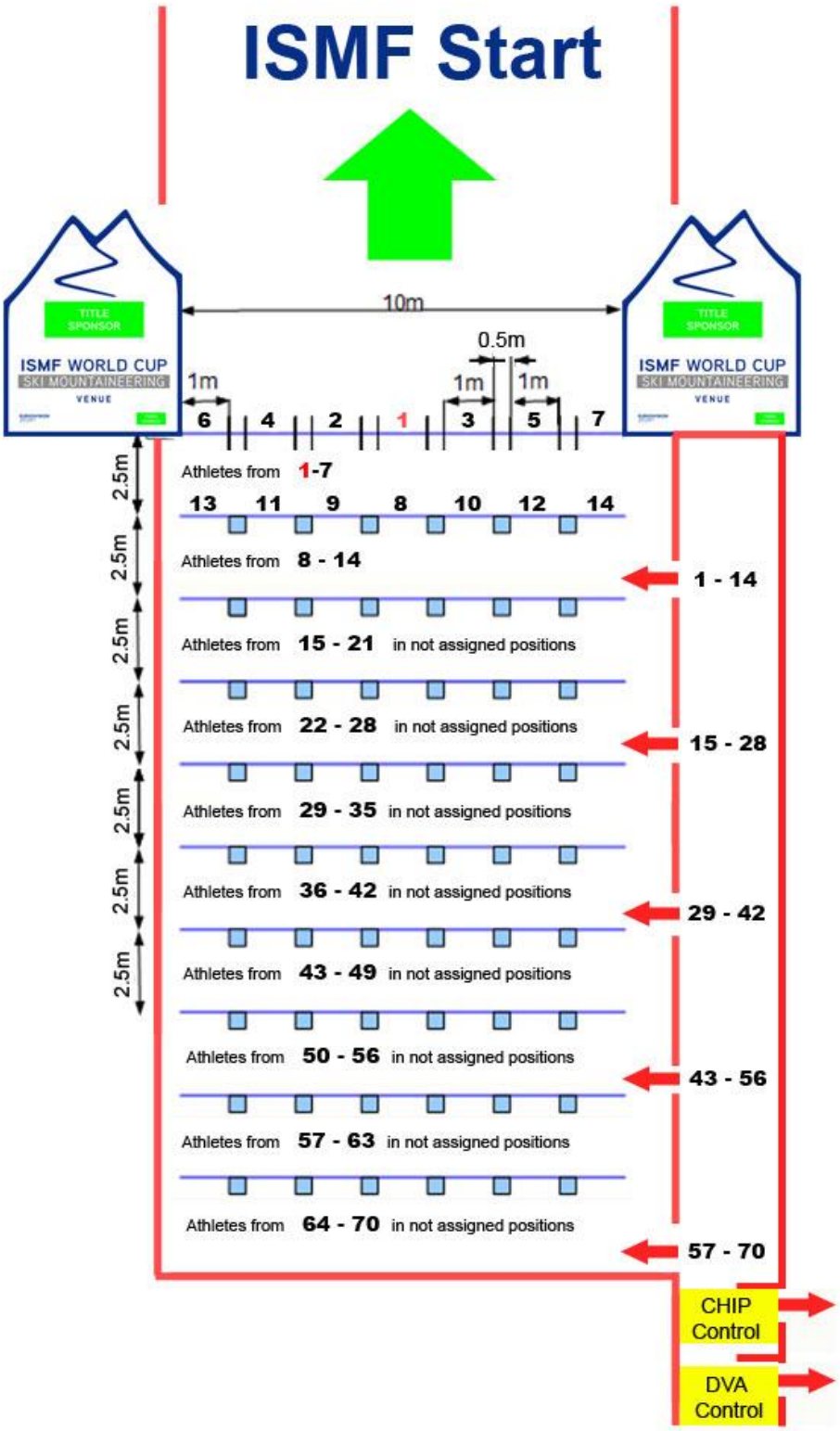
- First medical assistance has to arrive to any point of the track as soon as possible;
- Unless there are critical weather conditions or important safety issues, the tracks for individual/team race must be ready in the morning on the day before the race (10h00 maximum) or the eve of the first race during a World Cup event. There should be at least one track, with a few flags to give the main direction;
- For Individual, Vertical and Team races: at least 30% of the race duration must be visible from one or two close points easily accessible by spectators. The original track (A option) should include inside the track for bad weather conditions (B option) and the emergency track (C option). To guarantee the safety during the race, a track with some laps and transit zone is the most recommended option;
- For Sprint and Relay races: 100% of the race duration is strongly recommended to be visible from one point (start/finish area recommended);
- For Vertical races: it is necessary to indicate every 100m of elevation from the start to the arrival with a plastic sign, banner or similar. A line on the floor is also recommended;
- It is recommended that wide transition areas should be placed just before technical portions and that special care should be taken to avoid "traffic jams";
- Slow down athletes and mark areas with little snow which might present a risk for athlete safety;
- Make sure that coaches, team managers, press members and spectators cannot place objects along the side of the track (except for rescue teams) and cannot invade the track;
- If skis are to be removed, then several wide flat areas should be prepared for this purpose supervised by a sufficient number of controllers;
- Platforms must be able to host comfortably a minimum of 10 athletes together during the race. Any platform reached by the athlete within the first 30min of the race must host comfortably 30 athletes at the same time. They can be organised in three platforms of 10 athletes;
- All transition areas are closed with nets, ropes or flags and must have a wide exit (2m minimum for individual/team races and 3m minimum for Sprint/relay race). They are reserved for the athletes and controllers only. Minimum of two controllers/check point;
- Transition areas are announced at the race TCM and are indicated on the track by an official pictogram, with the recommended size of 297 mm x 420 mm DinA3 indicating the action to be carried out will be put in the entrance of every transition areas (available full size on the ISMF website); Also recommended is a panel with the number of the platform according to the race TCM indications.



APPENDIXES

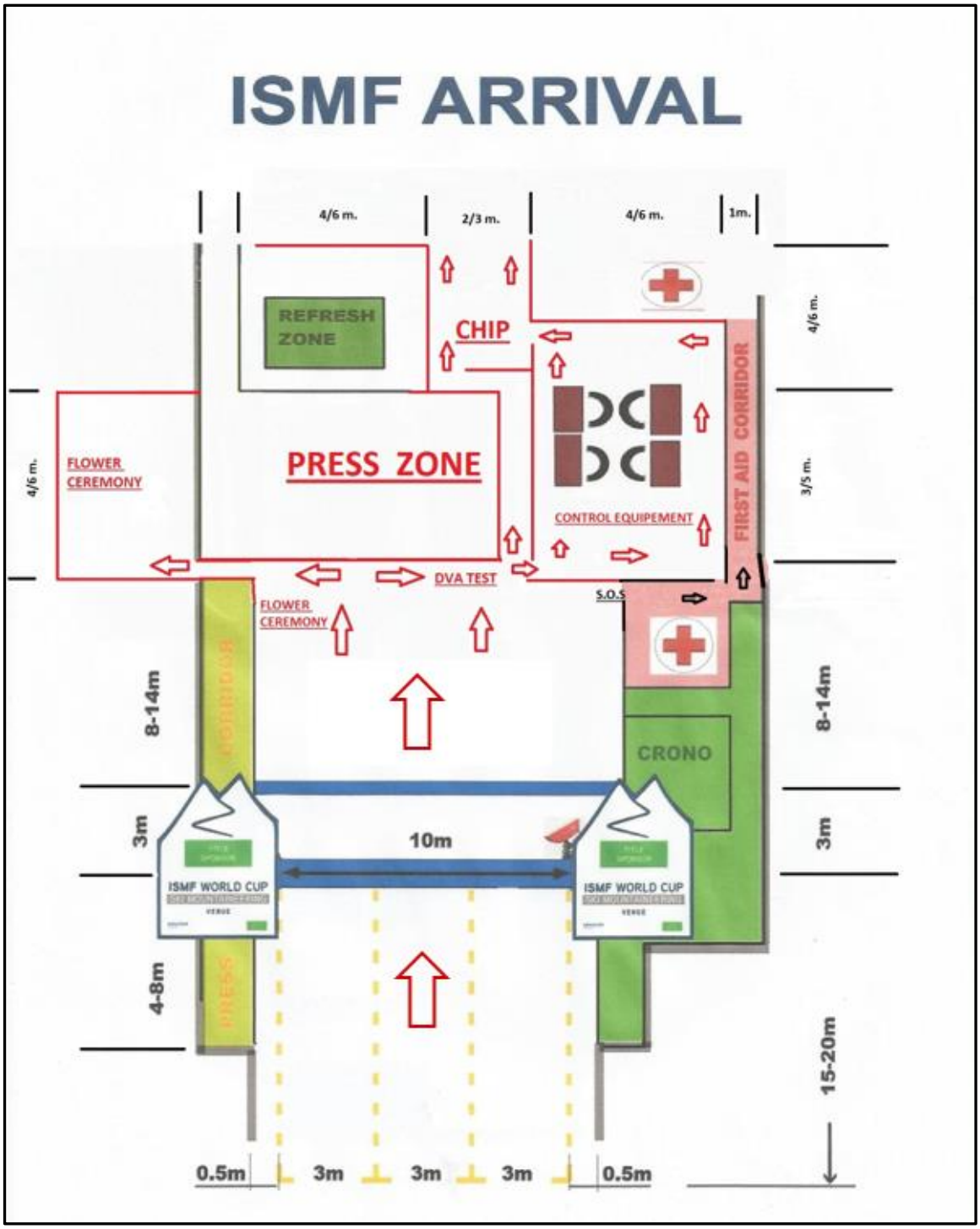
APPENDIX J: TECHNICAL SPECIFICATIONS START AREA

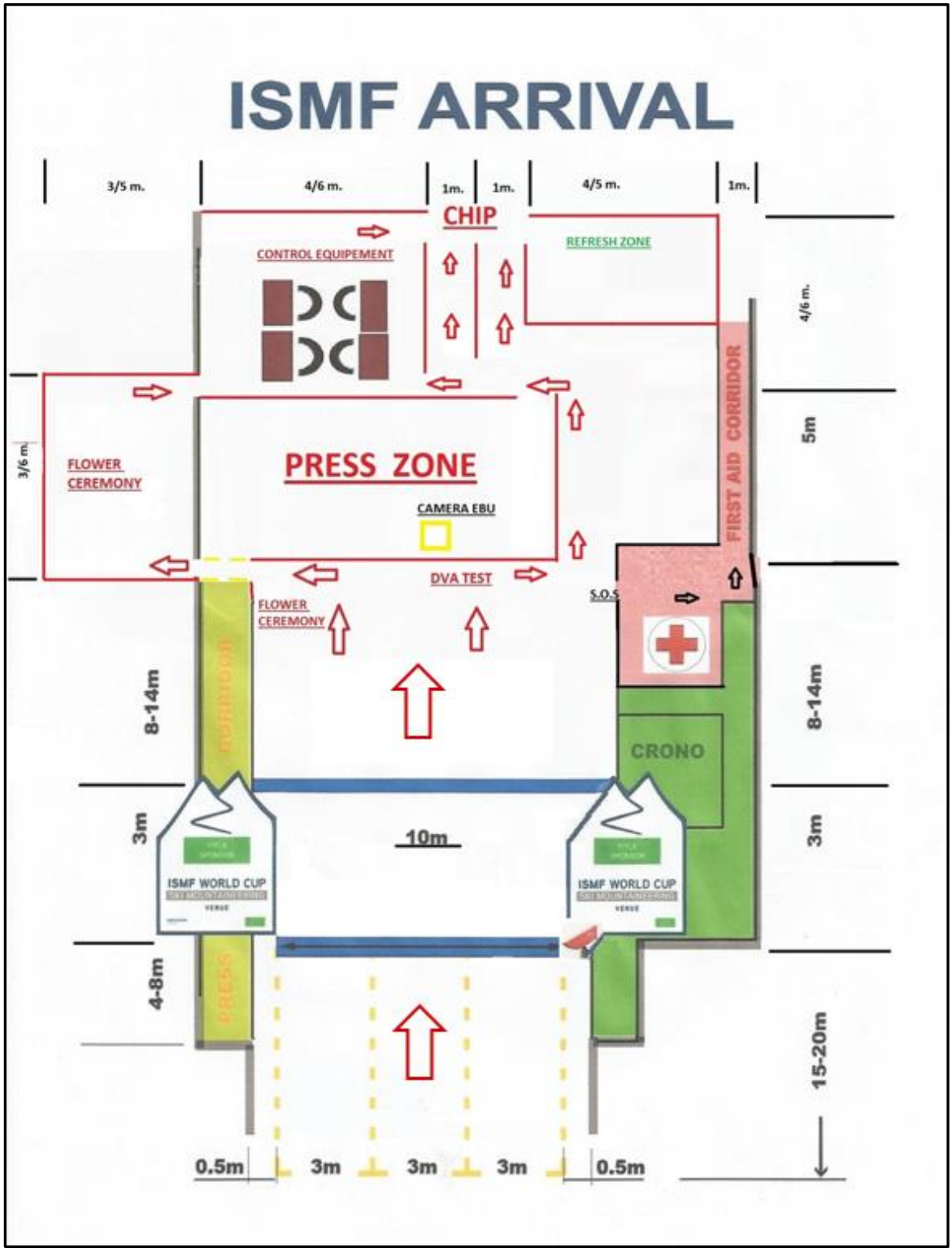
Schematic example of the organisation of the start lines into the Start Area. The implementation team of ISMF will adapt the start area to the needs and the terrain.

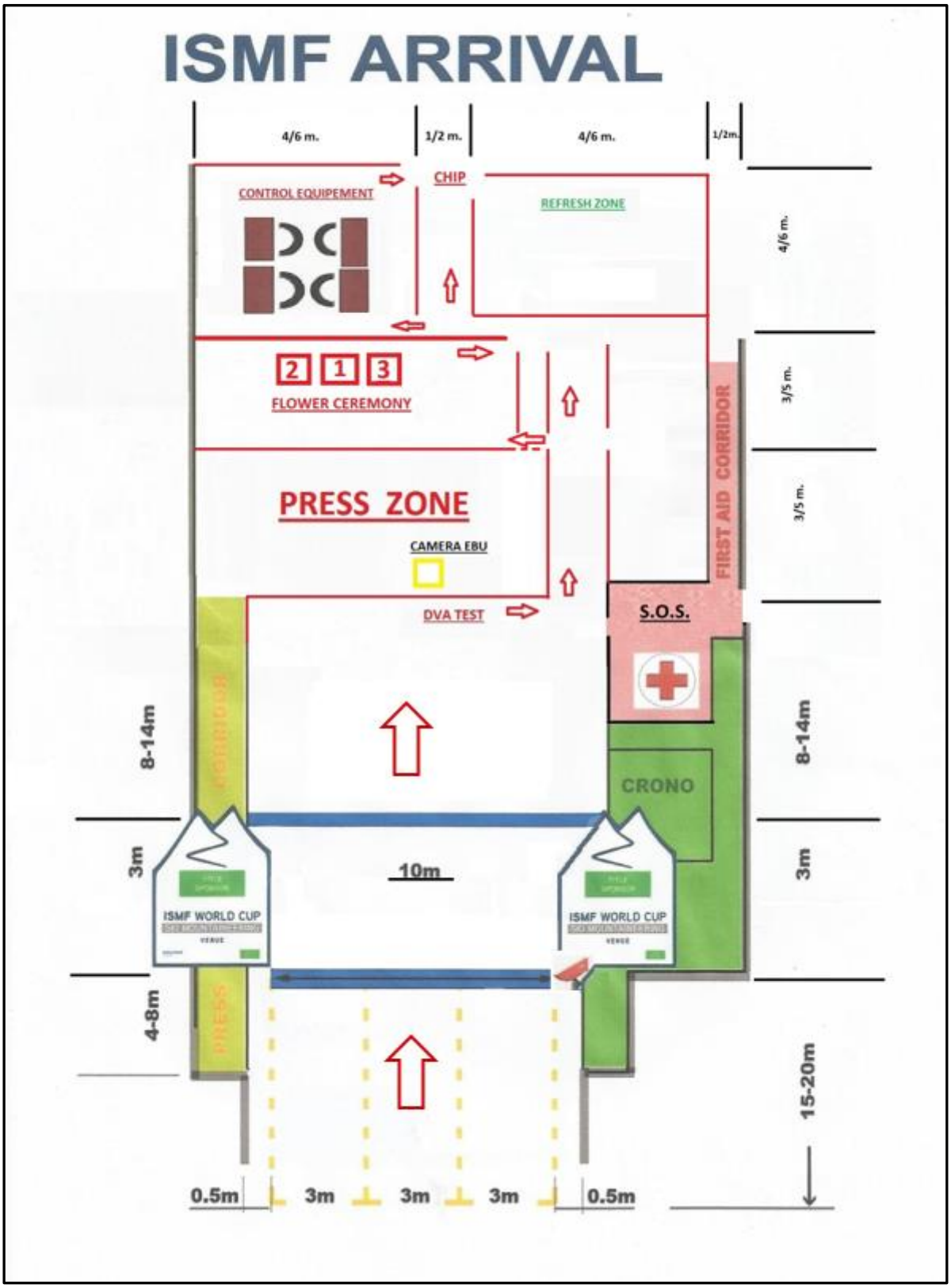


APPENDIX K: TECHNICAL SPECIFICATIONS FINISH AREA

N° 3 schematic example of the organisation of the start lines into the Finish Area. The implementation team of ISMF will adapt the Finish area to the needs and the terrain. Athletes will have to arrive by skating.

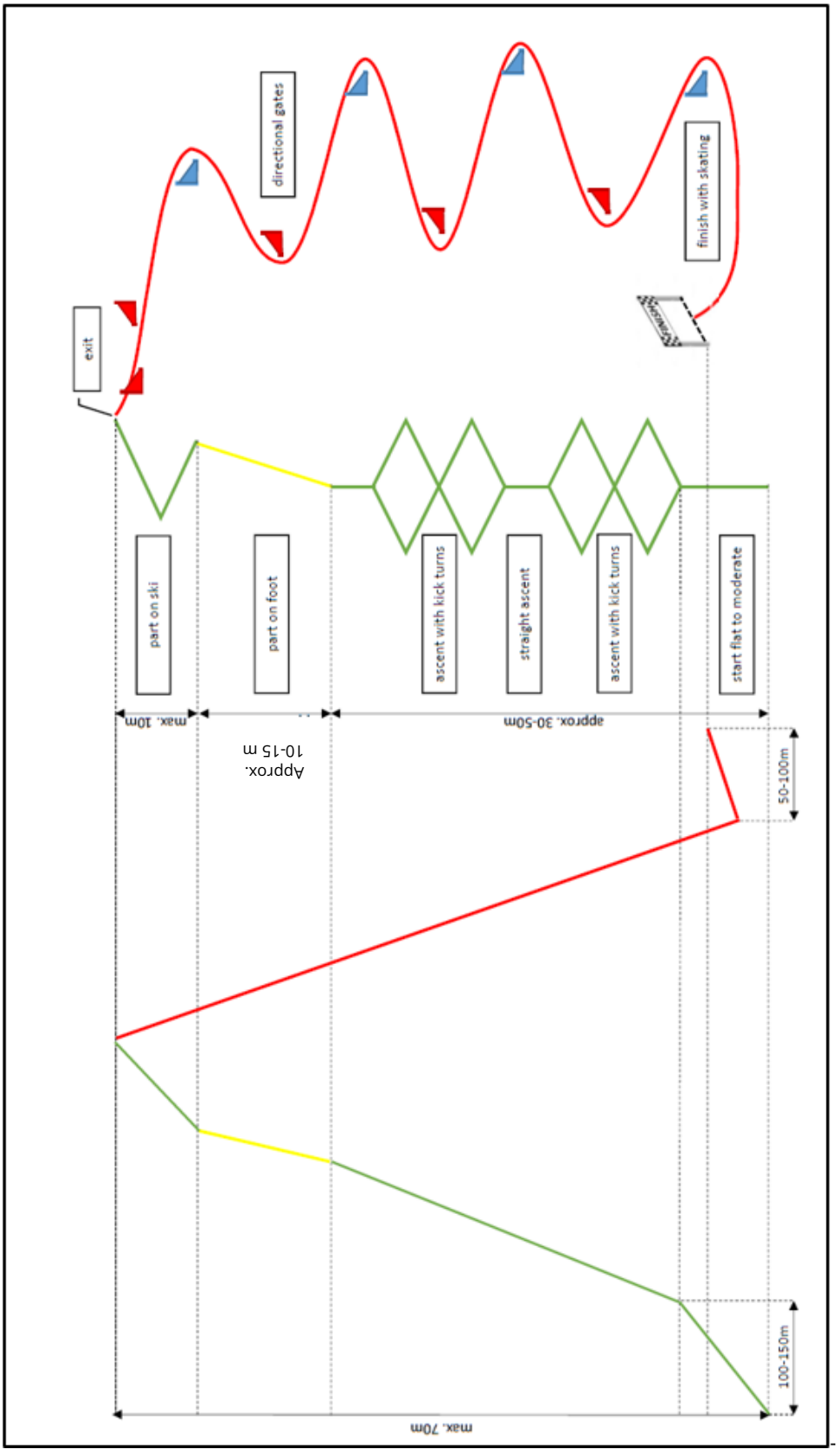



ISMF ARRIVAL
3/5 m.
4/6 m.
1m.
1m.
4/5 m.
1m.
CHIP
CONTROL EQUIPEMENT
REFRESH ZONE
4/6 m.
FIRST AID CORRIDOR
5m
3/6 m.
FLOWER CEREMONY
PRESS ZONE
CAMERA EBU
DVA TEST
S.O.S
FLOWER CEREMONY
CORRIDOR
8-14m
CRONO
8-14m
3m
10m
3m
ISMF WORLD CUP
ISMF WORLD CUP
4-8m
PRESS
15-20m
0.5m
3m
3m
3m
0.5m


ISMF ARRIVAL
4/6 m.
1/2 m.
4/6 m.
1/2m.
CONTROL EQUIPEMENT
CHIP
REFRESH ZONE
4/6 m.
2
1
3
FLOWER CEREMONY
3/5 m.
FIRST AID CORRIDOR
PRESS ZONE
CAMERA EBU
3/5 m.
DVA TEST
S.O.S.
8-14m
CRONO
8-14m
3m
10m
3m
ISMF WORLD CUP
ISMF WORLD CUP
4-8m
15-20m
0.5m
3m
3m
3m
0.5m

APPENDIX L: ALTIMETRIC PROFILE AND DESIGN OF THE SPRINT

After foot part: approximately 10 m maximum of elevation with skins on.



APPENDIX M: SPRINT RACE BRACKETS

A. If less than 12 athletes (applicable for all categories):

QUALIFICATION			
Rank	NN	Bib	
1.		3	F
2.		1	F
3.		10	F
4.		8	F
5.		7	F
6.		2	F
7.		5	
8.		11	
9.		9	
10.		4	
11.		6	

FINAL		
Rank	NN	Bib
1.		1
2.		7
3.		2
4.		10
5.		3
6.		8

Ranking:
- From 1st to 6th place: following the position of the final.
- From 7th to last athlete: ranking by qualification time.

B. If 12 or more up to 23 athletes (applicable for all categories):

QUALIFICATION			
Rank	NN	Bib	
1.		17	SF1
2.		11	SF2
3.		4	SF2
4.		8	SF1
5.		1	SF1
6.		15	SF2
7.		2	SF2
8.		6	SF1
9.		9	SF1
10.		10	SF2
11.		18	SF2
12.		3	SF1
13.		13	
14.		7	
15.		5	
16.		12	
17.		19	
18.		14	
19.		16	

SEMIFINAL 1			
Rank	NN	Bib	
1.		3	F
2.		1	F
3.		9	LL1
4.		17	LL2
5.		8	
6.		6	

SEMIFINAL 2			
Rank	NN	Bib	
1.		4	F
2.		15	F
3.		11	
4.		18	
5.		2	
6.		10	

FINAL		
Rank	NN	Bib
1.		9
2.		1
3.		4
4.		3
5.		17
6.		15

Ranking:
- From 1st to 6th place: following the position of the final.
- From 7th to 12th place: semifinalists not qualified for the final, ranking as follows:
  - the order of arrival of each semifinal;
  - the best time of equal positions reached in semifinals. Example: 7th position = the best time between the two athletes who arrived fourth in each semifinal.
- From 13th to last athlete: ranking by qualification time.

C. If 24 or more up to 29 athletes (applicable for all categories except U18):

QUALIFICATION			
Rank	NN	Bib	
1.		3	H1
2.		8	H3
3.		20	H4
4.		16	H2
5.		2	H2
6.		9	H4
7.		7	H3
8.		14	H1
9.		17	H1
10.		24	H3
11.		21	H4
12.		1	H2
13.		15	H2
14.		11	H4
15.		10	H3
16.		23	H1
17.		19	H1
18.		4	H3
19.		12	H2
20.		6	H4
21.		22	H4
22.		13	H2
23.		5	H3
24.		18	H1
25.		26	
26.		25	

HEAT 1			
Rank	NN	Bib	
1.		19	SF1
2.		24	SF1
3.		3	SF1
4.		23	
5.		18	
6.		17	

HEAT 2			
Rank	NN	Bib	
1.		1	SF1
2.		16	SF1
3.		2	SF1
4.		12	
5.		15	
6.		13	

HEAT 3			
Rank	NN	Bib	
1.		8	SF2
2.		4	SF2
3.		7	SF2
4.		5	
5.		24	
6.		10	

HEAT 4			
Rank	NN	Bib	
1.		9	SF2
2.		21	SF2
3.		11	SF2
4.		6	
5.		22	
6.		20	

SEMIFINAL 1			
Rank	NN	Bib	
1.		3	F
2.		1	F
3.		16	LL1
4.		24	
5.		19	
6.		2	

SEMIFINAL 2			
Rank	NN	Bib	
1.		7	F
2.		4	F
3.		11	LL2
4.		9	
5.		8	
6.		21	

FINAL		
Rank	NN	Bib
1.		1
2.		4
3.		11
4.		3
5.		7
6.		16

Ranking:

- From 1st to 6th place: following the position of the final.
- From 7th to 12th place: semifinalists not qualified for the final, ranking as follows:
  - the order of arrival of each semifinal;
  - the best time of equal positions reached in semifinals. Example: 7th position = the best time between the two athletes who arrived fourth in each semifinal.
- From 13th to 24th place: heat finalists not qualified for the semifinals, ranking as follows:
  - the order of arrival of each heat;
  - the best time of equal positions reaches in heats. Example: 13th position = the best time between the four athletes who arrived fourth in each heat.
- From 25th to last athlete: ranking by qualification time.

If there is no timekeeping for heats, semifinals and final, the ranking times will be taken from the qualification.

D. If 30 or more athletes (applicable for all categories except U18):

QUALIFICATION			
Rank	NN	Bib	
1.		9	H1
2.		4	H4
3.		21	H5
4.		29	H2
5.		14	H3
6.		2	H3
7.		25	H2
8.		22	H5
9.		12	H4
10.		7	H1
11.		17	H1
12.		8	H4
13.		23	H5
14.		15	H2
15.		1	H3
16.		27	H3
17.		13	H2
18.		5	H5
19.		30	H4
20.		10	H1
21.		16	H1
22.		20	H4
23.		33	H5
24.		3	H2
25.		28	H3
26.		35	H3
27.		18	H2
28.		32	H5
29.		6	H4
30.		11	H1
31.		24	
32.		19	
33.		26	
34.		31	
35.		34	

HEAT 1			
Rank	NN	Bib	
1.		10	SF1
2.		7	SF1
3.		9	
4.		17	
5.		16	
6.		11	

HEAT 2			
Rank	NN	Bib	
1.		3	SF1
2.		15	SF1
3.		13	
4.		29	
5.		25	
6.		18	

HEAT 3					
Rank	NN	Bib			
1.		1	SF2		
2.		2	SF1		
3.		14	SF2	=	LL2
4.		35			
5.		28			
6.		27			

HEAT 4			
Rank	NN	Bib	
1.		12	SF2
2.		4	SF2
3.		8	
4.		20	
5.		6	
6.		30	

HEAT 5					
Rank	NN	Bib			
1.		33	SF2		
2.		5	SF2		
3.		21	SF1	=	LL1
4.		22			
5.		32			
6.		23			

SEMIFINAL 1			
Rank	NN	Bib	
1.		7	F
2.		3	F
3.		10	
4.		2	
5.		15	
6.		21	

SEMIFINAL 2			
Rank	NN	Bib	
1.		14	F
2.		1	F
3.		4	LL1
4.		5	LL2
5.		12	
6.		33	

FINAL		
Rank	NN	Bib
1.		3
2.		5
3.		1
4.		4
5.		7
6.		14

Ranking:

- From 1st to 6th place: following the position of the final.
- From 7th to 12th place: semifinalists not qualified for the final, ranking as follows:
  - the order of arrival of each semifinal;
  - the best time of equal positions reached in semifinals. Example: 7th position = the best time between the two athletes who arrived fourth in each semifinal.
- From 13th to 30th place: heats finalists not qualified for the semifinal, ranking as follows:
  - the order of arrival of each heat;
  - the best time of equal positions reached in heats. Example: 13th position = the best time between the four athletes who arrived third in each heat.
- From 31st to last athlete: ranking by qualification time.

If there is no timekeeping for heats, semifinals and finals, the ranking times will be taken from the qualification.

APPENDIX N: EXAMPLE OF SPRINT RACE SCHEDULE (TO BE ADAPTED WITH THE NUMBER OF ATHLETES)

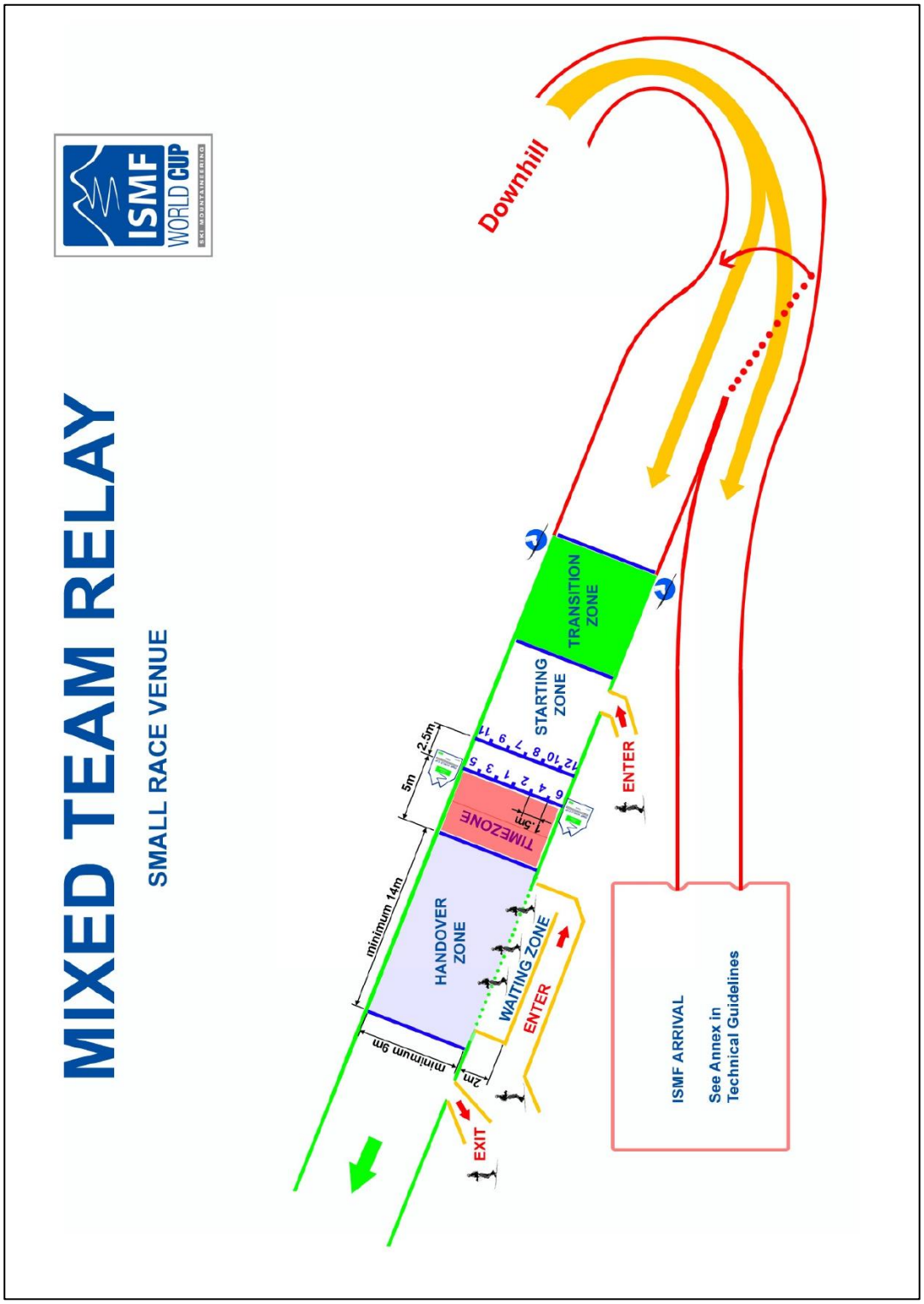
The Sprint race schedule is established between the LOC Race Director, the ISMF Event coordinator and the ISMF Marketing and Media Coordinator.

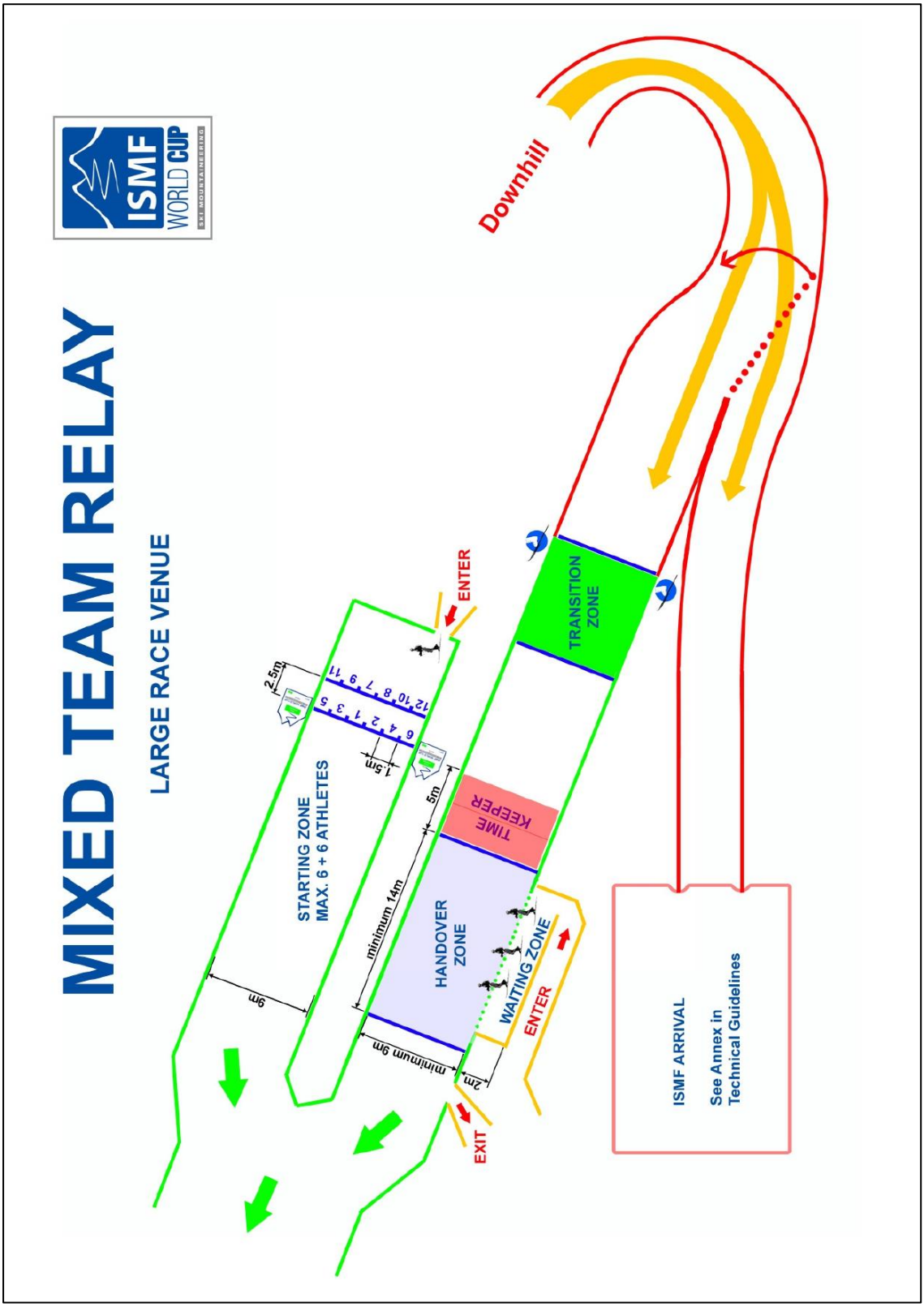
Number of female athletes:	**33**
Number of female quaterfinals:	**5**
Number of male athletes:	**54**
Number of male quarterfinals:	**5**
slowest race time	**00:04**
qualification start intervall	**00:00:20**
Start time for Flower Ceremony:	**11:45**

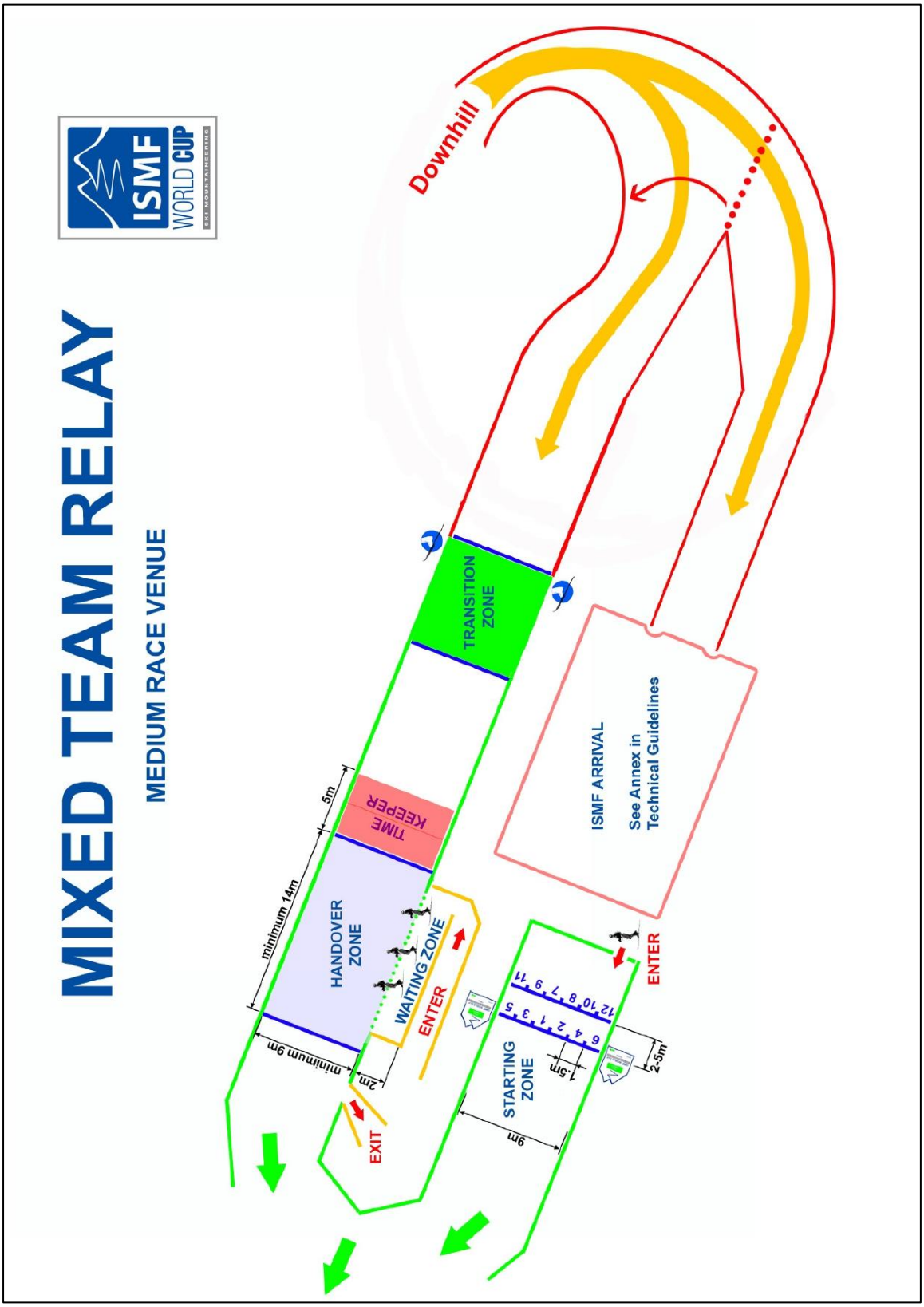
Start		Finish	
07:42			pre-start TCM
08:12		08:27	Senior Training
1st athlete	*last athlete*		
08:42:00	08:52:40	08:56:40	Qualification Senior Women
08:59:00	09:16:40	09:20:40	Qualification Senior Men
09:30		TBC	Start of Live-Streaming
09:33		09:37	1st 1/4 Final Senior Women
09:38		09:42	2nd 1/4 Final Senior Women
09:43		09:47	3rd 1/4 Final Senior Women
09:48		09:52	4th 1/4 Final Senior Women
09:53		09:57	5th 1/4 Final Senior Women
10:00		10:04	1st 1/4 Final Senior Men
10:05		10:09	2nd 1/4 Final Senior Men
10:10		10:14	3rd 1/4 Final Senior Men
10:15		10:19	4th 1/4 Final Senior Men
10:20		10:24	5th 1/4 Final Senior Men
10:32		TBC	Start of Live-TV
10:45		10:49	1st 1/2 Final Senior Women
10:53		10:57	2nd 1/2 Final Senior Women
11:04		11:08	1st 1/2 Final Senior Men
11:12		11:16	2nd 1/2 Final Senior Men
11:23		11:27	Final Senior Women
11:36		11:40	Final Senior Men
11:45		11:51	Flower Ceremony Senior Women / Men

APPENDIX O: RELAY HANDOVER AREA

The Relay handover area may be subject to change depending on the characteristics of the field of play. The drawings below are examples.

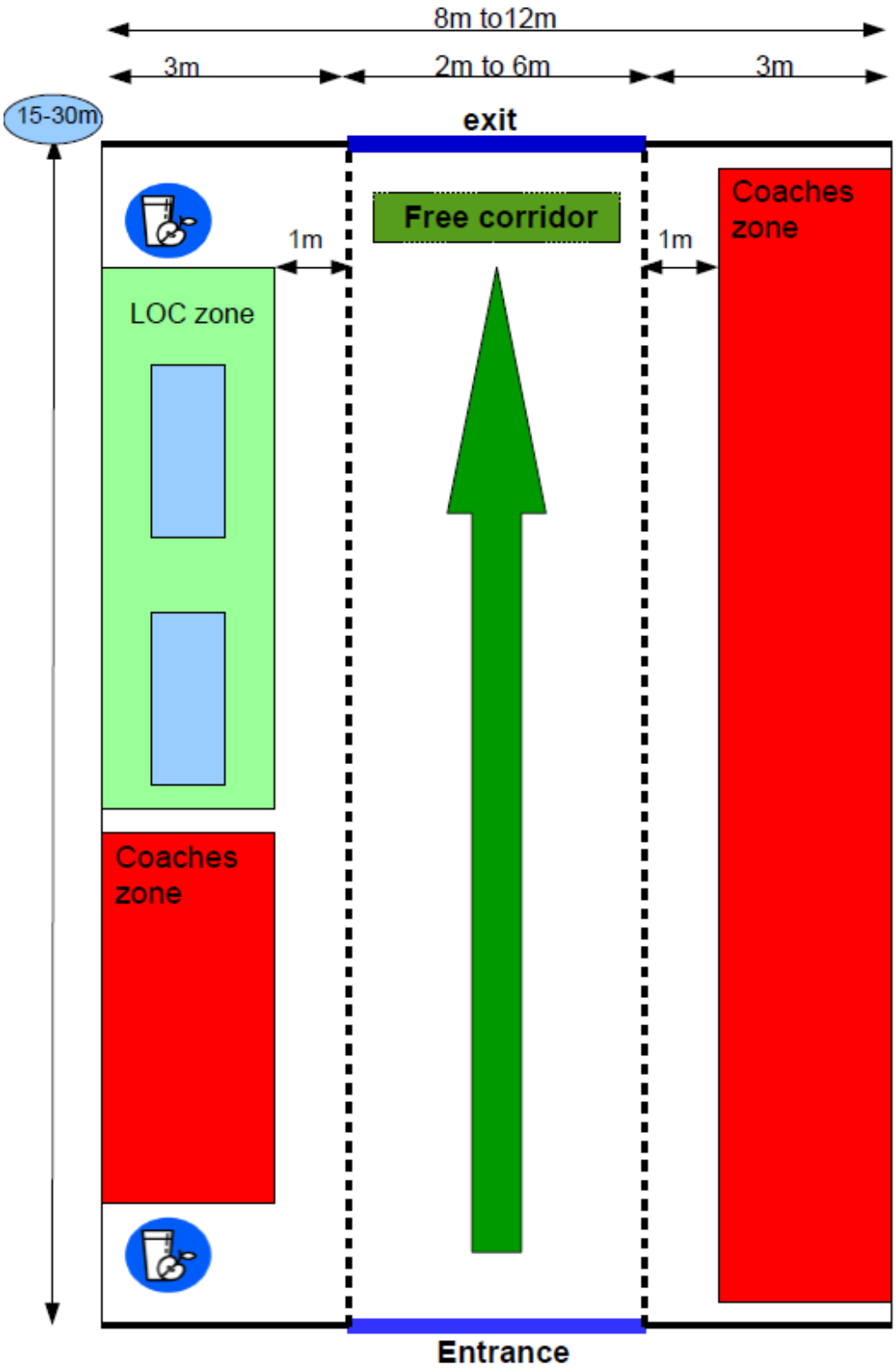



MIXED TEAM RELAY
LARGE RACE VENUE
ISMF WORLD CUP
Downhill
TRANSITION ZONE
ENTER
STARTING ZONE
MAX. 6 + 6 ATHLETES
2.5m
12 10 8 7 9 11
6 4 2 1 3 5
1.5m
5m
TIME KEEPER
minimum 14m
HANDOVER ZONE
WAITING ZONE
ENTER
9m
minimum 9m
2m
EXIT
ISMF ARRIVAL
See Annex in Technical Guidelines


MIXED TEAM RELAY
MEDIUM RACE VENUE
ISMF WORLD CUP
Downhill
TRANSITION ZONE
ISMF ARRIVAL
See Annex in Technical Guidelines
TIME KEEPER
5m
minimum 14m
HANDOVER ZONE
WAITING ZONE
ENTER
minimum 9m
2m
EXIT
STARTING ZONE
1.5m
9m
2-5m
ENTER

APPENDIX P: TECHNICAL SPECIFICATIONS REFRESHMENT AREA

Schematic example of the organisation of the start lines into the refreshment area. The implementation team of ISMF will adapt the Refreshment area to the needs and the terrain.



APPENDIX Q: CONTROL SHEET

Name/number of checkpoint or waypoint: **Track:**

Point chief:

Referees:

Rank	Hours	Minutes	Athlete		Rank	Hours	Minutes	Athlete	
			Num.	Comments				Num.	Comments
1					17				
2					18				
3					19				
4					20				
5					21				
6					22				
7					23				
8					24				
9					25				
10					26				
11					27				
12					28				
13					29				
14					30				
15					31				
16					32				

APPENDIX R: FINISH CONTROL SHEET

FOR EQUIPMENT DESCRIPTION: REFER TO RACE EQUIPMENT RULES.																									
Numbers																									
COMPULSORY EQUIPMENT																									
DVA test																									
Passport or ID card (or copy) in the backpack																									
Skis																									
Bindings																									
Boots																									
Ski poles																									
Skins (one pair min.)																									
Helmet																									
Gloves																									
Backpack																									
3 layers up																									
2 layers down																									
Snow shovel																									
Snow probe																									
Survival blanket																									
Eyewear																									
Whistle																									
SUPPLEMENTARY EQUIPMENT																									
4th layer																									
Ski cap or head band																									
2nd pair of gloves																									
Head lamp																									
2nd pair of eyewear																									
Crampons																									
Dynamic rope (one/team)																									
Harness																									
Via Ferrata kit																									
2 connectors																									
REMARKS																									

APPENDIX S: WIND CHILL CHART

		AIR TEMPERATURE (°C)																
		0	-1	-2	-3	-4	-5	-10	-15	-20	-25	-30	-35	-40	-45	-50	-55	-60
WIND SPEED (KM/H)	6	-2	-3	-4	-5	-7	-8	-14	-19	-25	-31	-37	-42	-58	-54	-60	-65	-71
	8	-3	-4	-5	-6	-7	-9	-14	-20	-26	-32	-38	-44	-50	-56	-61	-67	-73
	10	-3	-5	-6	-7	-8	-9	-15	-21	-27	-33	-39	-45	-51	-57	-63	-69	-75
	15	-4	-6	-7	-8	-9	-11	-17	-23	-29	-35	-41	-48	-54	-60	-66	-72	-78
	20	-5	-7	-8	-9	-10	-12	-18	-24	-30	-37	-43	-49	-56	-62	-68	-75	-81
	25	-6	-7	-8	-10	-11	-12	-19	-25	-32	-38	-44	-51	-57	-64	-70	-77	-83
	30	-6	-8	-9	-10	-12	-13	-20	-26	-33	-39	-46	-52	-59	-65	-72	-78	-85
	35	-7	-8	-10	-11	-12	-14	-20	-27	-33	-40	-47	-53	-60	-66	-73	-80	-86
	40	-7	-9	-10	-11	-13	-14	-21	-27	-34	-41	-47	-54	-61	-68	-74	-81	-88
	45	-8	-9	-10	-12	-13	-15	-21	-28	-35	-42	-48	-55	-62	-69	-75	-82	-89
	50	-8	-10	-11	-12	-14	-15	-22	-29	-35	-42	-49	-56	-63	-69	-76	-83	-90
	55	-8	-10	-11	-13	-14	-15	-22	-29	-36	-43	-50	-57	-63	-70	-77	-84	-91
	60	-9	-10	-12	-13	-14	-16	-23	-30	-36	-43	-50	-57	-64	-71	-78	-85	-92
	65	-9	-10	-12	-13	-15	-16	-23	-30	-37	-44	-51	-58	-65	-72	-79	-86	-93
	70	-9	-11	-12	-14	-15	-16	-23	-30	-37	-44	-51	-58	-65	-72	-80	-87	-94
	75	-10	-11	-12	-14	-15	-17	-24	-31	-38	-45	-52	-59	-66	-73	-80	-87	-94
	80	-10	-11	-13	-14	-15	-17	-24	-31	-38	-45	-52	-60	-67	-74	-81	-88	-95
	85	-10	-11	-13	-14	-16	-17	-24	-31	-39	-46	-53	-60	-67	-74	-81	-89	-96
	90	-10	-12	-13	-15	-16	-17	-25	-32	-39	-46	-53	-61	-68	-75	-82	-89	-96
	95	-10	-12	-13	-15	-16	-18	-25	-32	-39	-47	-54	-61	-68	-75	-83	-90	-97
	100	-11	-12	-14	-15	-16	-18	-25	-32	-40	-47	-54	-61	-69	-76	-83	-90	-98
	105	-11	-12	-14	-15	-17	-18	-25	-33	-40	-47	-55	-62	-69	-76	-84	-91	-98
	110	-11	-12	-14	-15	-17	-18	-26	-33	-40	-48	-55	-62	-70	-77	-84	-91	-99

SPORTING RULES

28. EQUIPMENT

Please refer to the document named "Race Equipment Rules" to get specific information regarding equipment.

The ISMF Race Jury reserves the right to reject any equipment judged to be defective or inadequate.
Infringement of these rules will be sanctioned by penalties, as described in below.

COMPULSORY EQUIPMENT	TEAM	INDIVIDUAL	SPRINT	RELAY	VERTICAL
Passport/National ID card or a copy (in the backpack or race suit)	X	X	X	X	X
Skis	X	X	X	X	X
Bindings	X	X	X	X	X
Boots	X	X	X	X	X
Ski poles	X	X	X	X	X
Skins (one pair min.)	X	X	X	X	X
Helmet	X	X	X	X	X*
Gloves	X	X	X	X	X*
Backpack	X	X	X	X	X*
Three layers up	X	X	X*	X*	X*
Two layers down	X	X	X*	X*	X*
DVA	X	X	X*	X*	X*
Snow shovel	X	X	X*	X*	X*
Snow probe	X	X	X*	X*	X*
Survival blanket	X	X	X*	X*	X*
Eyewear	X	X	X*	X*	X*
Whistle	X	X	X*	X*	X*
SUPPLEMENTARY EQUIPMENT					
Fourth layer					
Ski cap or head band					
Second pair of gloves					
Head lamp					
Second pair of eyewear					
Crampons					
Second pair of skins					
Dynamic rope (one per team)					
Harness					
Via Ferrata kit					
Two connectors					

The athlete must bring all obligatory and supplementary equipment to the event.
During the TCM, the LOC will display the list of all the required equipment for the race.

For Vertical, Sprint and Relay races, if the entire race is on a secured ski slope and the weather conditions are favourable, the ISMF Race Jury can decide to remove some elements of the compulsory equipment marked with yellow asterisk (X*).

28.1. Items provided by the time-keeping company

In the World Cups and World Championships the ISMF official time-keeping company will provide the 'athletes with:

- race bibs, which must not be folded or cut;
- timing chips, which must be placed in the appropriate box once the athlete has crossed the finish line or returned if the athlete decides not to start the race after the bib distribution;
- Chips not returned during the season will be invoiced to the NM of the respective athlete who did not return the chip with an amount of 110,00 EUR per chip.

28.2. Equipment inspection

Equipment may be inspected at the finish line or at any other point on the track during the race (without stopping the athlete, the controller takes note as the athlete goes past).
The athlete is totally responsible for his/her equipment.
If an athlete has doubts about his/her equipment, he/she can have it checked by the ISMF Race Jury at the end of the race TCM the day before the race.
ISMF and LOC designates a reserved area for the inspection of compulsory equipment for the athletes. Equipment inspection is presided by a member of the ISMF staff or a person designated by the ISMF Jury President.

The equipment and other devices inspection on the race day will be conducted as follows:

- At the start:
  - Individual inspection to control the good working order of avalanche transceivers for all athletes.
  - Taking note of all the numbers of the athletes.
  - Control of the chips

- During the race:
  The organisers will control DVA/transceivers.

- At the finish:
  - Athlete's equipment is inspected (systematic or random inspections according to the instructions issued by the ISMF Jury President). DVA control after finish line is compulsory for all athletes.
  - ISMF Referees will use calibrated scales and weights for equipment checks.

The ISMF Referees will check the functioning of the ski brakes during the material control.

29. RACE ORGANISATION

29.1. The start

Any changes from the previous day's TCM must be announced 30 minutes before the start of the race during the pre-start TCM.
If the start is delayed, announcements must be made every 15 minutes in English at the start and pre-start / warm-up area.

29.1.1. Starting procedure

For the track inspection of the Sprint and (Mixed) Relay races, the track opening will be available for 20 minutes in total.

If the ski brake is broken in the track inspection, the qualification, or any heat, the athlete cannot start the next phase of the Sprint/Relay race without both ski brakes working properly.

INDIVIDUAL – TEAM – VERTICAL – RELAY	TIME BEFORE OFFICIAL START	SPRINT
Avalanche transceivers and equipment are inspected.	10-20 minutes	
Athletes are called to the start line.	5 minutes	Athletes are called to the start line
Athletes are placed in starting position at the start line.	3min	Athletes are organised on the Pre-Start. After this moment the entrance to the pre-start tent will be closed.
The speaker will call "2 minutes until the start" in accordance with the ISMF Jury President.	2 minutes	

The speaker will ask for silence. The ISMF Referees must verify that all of the athletes have placed the front part of the skis totally behind the start line.	20 seconds	The speaker will ask for silence. The athletes will move from Pre-Start line to the Start line and are asked to stay stationary in place. The ISMF Referees must verify that the front part of the skis are totally behind the start line.
The ISMF Jury President calls: "Take your marks," Athletes must stay stationary and in position. The ISMF Referees will check that all skis are totally behind the start line.	About 10 seconds	The ISMF Jury President calls: "Take your marks."
The ISMF Jury President will call: "Set." After this command is given, all athletes must remain motionless and in their set position.	1-2 seconds	The ISMF Jury President will call: "Set." After this command is given, all athletes must remain motionless and in their set position.
Start signal pistol or whistle.	0 seconds	Start signal pistol or whistle.

29.1.1.1. False start

In the case of a false start, athletes are not stopped; the penalty will be directly applied to the athletes after he/she crosses the finish line. False start penalty applies only if the ISMF starting procedure is respected and if there is a camera video on the start line. The penalty applies for the first who commits the false start.

29.1.1.2. Specifications for Individual, Team, Relay or Vertical races

A pole position starting system is compulsory for the top World Cup athletes, according to the current World Cup ranking. If it is the first race of the season, the Specialty World Cup Ranking of the previous season will be adopted. In case there is not a ranking to be adopted, a random system will be used.
The Team and Relay race starting positions are decided by adding together the WC ranking of each of the two teammates.

Race Schedule for Relay

- Track inspection time for Youth teams (20min)
- 15min rest
- Youth Race
- Track inspection time for Senior Women teams (20min)
- 15min rest
- Senior Women Race
- Track inspection time for Senior Men teams (20min).
- 15min rest
- Senior Men Race.

Race Schedule for Mixed Relay (In the WCH and CCH with youth mixed team, schedule will include first the youth race)
Only the best 12 teams qualify for the final, the quota per NM is one team. If the number of teams is less than 12 teams, there will also be a qualification in order to determine the starting order. The time between the last qualification and the final is 25min. Depending on the number of teams in the qualification (at least more than 24 teams) the ISMF Race Jury shall be able to decide to introduce a final B (also depending on weather conditions) with the second best 12 teams of the qualification. The quota per NM for the final B is two teams.

- Track inspection for the mixed teams (20min)
- 15 min rest
- Qualification
- 25min rest time after the arrival of the last athlete of the qualification

- Mixed Relay top 12 final.

Qualifications. The start time and order will be displayed and cannot be modified. It will be done according to the number of athletes registered. An athlete will start every 30seconds, with all women going first, followed by all men. For the qualification the athletes will make just one lap, from the start to the finish line.
The order of the start will be according to the ranking of the Nation relay WC for the WC and WCH and CCH.
The highest ranked teams will begin qualifications in descending order and the non-classified teams will start after and randomly.

The ranking of the qualification will be the summatory of the time of the women and man of each team.

29.1.1.3. Specifications for Sprint races (heats)

- For the heats, the athlete with the best qualification time chooses a start lane, then the second placed athlete, then the third placed athlete.
- For the semifinals and finals, the athlete with the best time in the previous heat chooses the start line position, then the second, etc.
- During the qualification stage a single athlete starts every 20 seconds, timed against the clock.
- Semifinals composition: In the case of five heats, for the composition of the semifinals there will be two Lucky Losers. The Lucky Losers will be the two best times of the heats among athletes not qualified for the semifinals. It means that the two lucky losers can come from the same heat.
- Exception: If the timekeeper is not available to take times during the heats, the lucky loser from the heats will be the fastest two third-place athletes using the time from the qualification stage.
- Final composition: the two first athletes from each semifinal and two lucky losers with the two best times from both semifinals.
- Athletes during the heats must be present in the pre-start tent 3 minutes before their start time. If an athlete does not arrive, that racer is not allowed to access to the start line and is prohibited from starting the heat.
- If an athlete, during the qualification does not arrives at least 1min before their starting time to the start line, that athlete is not allowed to start.
- In order to preserve the quality of the track, athletes cannot make direct descent race lines during pre-race reconnaissance. During this reconnaissance phase, the LOC will place slalom poles or nets across the 2 m close to the race gate, so athletes must go around them.
- For the sprint, in case of bad weather conditions, the ISMF Race Jury, in order to make the race shorter and safer, can take the decision to go directly to the final after the qualification stage with the 6 best places from the qualification. The ISMF Race Jury should take this decision before the start of the race and communicate it to the coaches and athletes in the TCM 30min before the start., except in the case of sudden conditions that may suggest taking this decision later. If the decision is done before the start the ranking points of the race will be included in the overall ranking.

YOUTH (U18 & U20) SPRINT SCHEDULE in WCH and CCH:

The entire youth race takes place before the senior race.

- 15min track inspection
- 15min rest
- Just after the track inspection, forerunners are recommended
- Qualifications: the start time and order will be displayed and cannot be modified. Will be done according to the number of athletes registered in each category to permit as most recovery time as possible with a minimum of 15min after the arrival of each category before the heats (usual schedule according to the registration of previous seasons).

    - U20 Men

- U20 Women
- U18 Men
- U18 Women

**If there is a category of U20 Men or Women with less than 24 athletes, this category will start the qualification after the category that will compete in the heats scheduled to permit a longer recovery time. The ISMF will prepare the final schedule according to permit as longer recovery time as possible for all categories.

– Heats (only for U20):

- Five or four heats with six athletes.
- If there are from 12 to 23 athletes registered for each category, the heats do not take place and the best 12 athletes go directly into semifinals.
- If there are from 24 to 29 athletes registered, there will be 4 heats; if there are 30 or more than 30 athletes, there will be 5 heats.
- There is an in-line start (see placement on the start line), a photo finish or a video check is set up.
- If there are 4 heats the first 3 athletes of each heat will go on to the semifinals. If there are 5 heats, the first two athletes of each heat, as well as the two “lucky losers" go on to semifinals.
- Lucky loser designation: (if 30 and more than 30 athletes registered) the two best times of the heats among racers not qualified for the semifinals. If the timekeeping is not able to take exact times during the heats, then the times for the lucky loser designation will be taken from the qualification.

- Heats U20 Men
- Heats U20 women

– Semifinals (6 athletes every semifinal) for U18 & U20 Sprint Races will not take place if there are less than 12 athletes registered 3 best athletes of every semifinal will go on the final.

- Semifinal U18 Men
- Semifinal U18 Women
- Semifinal U20 Men
- Semifinal U20 Women

– Without semifinals, the starting order is as follows:

- Final U18 men (6 best times of the qualification)
- Final U18 women (6 best times of the qualification)
- Final U20 men (6 best times of the qualification)
- Final U20 women (6 best times of the qualification)

– During the qualifications, there will be a 2-minute break between each youth category (female/male U18 and female/male U20).
– The track will be open 15 min prior to the senior/U23 (for recognition) directly after the arrival of the last youth final and will be closed 15 minutes before the beginning of qualifications.

SENIOR SPRINT SCHEDULE in WCH and CCH:

– 15 min: track inspection.
– Qualifications: The start time and order will be displayed and cannot be modified.
- Senior Women
- Senior Men

**If there is a category of Senior Men or Women with less than 24 athletes, this category will start the qualification after the category that will compete in the heats scheduled to permit a longer recovery time. The ISMF will prepare the final schedule according to permit as longer recovery time as possible for all categories.

– Heats:

- Five or four heats with 6 athletes.
- If there are from 12 to 23 athletes for each category, the heats do not take place and the best 12 athletes go directly into semifinals.
- If there are from 24 to 29 athletes for each category, there will be 4 heats; if there are 30 or more than 30 athletes, there will be 5 heats.
- There is an in-line start (see placement on the start line), a photo finish or a video check is set up.
- If there are 4 heats the first 3 athletes of each heat will go on to the semifinals. If there are 5 heats, the first two athletes of each heat, as well as the two “lucky losers" go on to semifinals.
- Lucky loser designation: (if 30 and more than 30 athletes on the start) the two best times of the heats among athletes not qualified for the semifinals. If the timekeeping is not able to take exact times during the heats, then the times for the lucky loser designation will be taken from the qualification.

– Semifinals:

**If there are less than 12 athletes for each category the semifinals will not take place and the best 6 athletes go directly to the finals.

- There is an in-line start (see placement on the start line), a photo finish or a video check is set up.
- The first three athletes of every semifinal go on to the final.
  - Semifinal A Women
  - Semifinal B Women
  - Semifinal A Men
  - Semifinal B Men

- Final:

- There is an in-line start (see placement on the start line), a photo finish or a video check is set up.
- The starting order is as follows:
  - Final A Senior Women
  - Final A Senior Men

29.2. The finish

29.2.1. Finish procedure

The finish shall proceed as follows:

– times and finishing orders are established by the electronic timing system. In case of a photo-finish, the finishing order is established when the athlete's front foot crosses the finish line;
– when the difference of time between two athletes is under 1/10 of a second, the finish order is established when the front part of the athlete’s foot crosses the finish line (as indicated by photo finish, film, etc.);
– if a competitor falls while crossing the finish line, all of his/her body must cross the line without any outside help (except for teammates in team races) in order to declare a finish;
– The athlete should cross the second line in the arrival before stopping;
– for team races, teammates must finish together (less than 5 seconds between them) and the team's finishing time is that of the second teammate;

- a Flower Ceremony podium with the first three athletes will take place shortly after their arrival for press coverage. After the Flower Ceremony the 3top athletes will pass to the equipment control done by LOC staff under the responsibility of the ISMF Race Jury.
- the athletes are allowed to have their race equipment on this podium;
- in the event of Anti-Doping controls, athletes must submit to tests or be liable to sanctions;
- every athlete must present an official Passport/ID card or a copy, if required during the equipment control.

(For technical specifications of the finish area, refer to the Technical Race Guidelines.

29.3. Transition area and check point

- The transition areas are all the designated locations where the athletes must change from one mode of travel to another.
- A transition area is a closed area (with nets, ropes, flags), reserved for the athletes and the qualified track staffers.
- The flags used to mark the transition area will be of the colour of the next section (e.g., yellow if it is before a foot part, red if it is before a descent, etc.).
- A narrow gate (2m minimum for individual/team races and 3m minimum for Sprint/relay race) controls the exit. An image sign will indicate the operation to be carried out.
- The entrance and the exit gates of the area should be clearly marked, preferably with blue line in the snow with environmentally friendly marking material.
- Under instruction from race headquarters, the transition area chief must have enough authority to give instructions to athletes (for example: giving instructions to put on an extra layer of clothing, stopping the race under the authority of the LOC Race Director, etc.).

Athletes must pass through all the transition areas or check points present on the race track.

29.4. Mixed Relay and Relay race

A - Team presentation at the start area
All members of the team must be present in the pre-start tent 3 minutes before the start for the media presentation of the team.

B – Handover
Handover must take place inside the entry and exit line of the handover area. Handover is done by touching with the hand of the predecessor any part the body including the backpack (not the poles) of the successor. At the moment of the contact the skis of both athletes must be within the handover area. The athletes shall only enter the handover area when they see their partner entering the previous transition area. The predecessor must leave the track via the exit area within 10 seconds.
The relay is exchanged when the finishing athlete touches with his/her hand any part of the following athlete's body including the backpack.
Relay exchanging must take place inside the handover zone. This zone is defined between a preferably entry blue line and a preferably exit blue line. At the moment of the body/hand contact, both skis of each athlete must be inside the lines of the (touching the line is not allowed) handover area.
For safety reasons, it is compulsory to include a short uphill (with skins on) before the handover. The last athlete of the Relay can arrive either directly to the finish line (by skating) or with skins on (short uphill) depending on the conditions of the race venue.

C – Final heat
Starting position is chosen according to the qualification time. The best team will be able to choose its start line position first. If there is a final B it will take place before the final A.
Final A composition with a maximum of 12 teams (quota of one team per NM in the WC and quota of one team per NM in WCH and CCH).

Depending on the number of teams in the qualification the ISMF Race Jury shall be able to decide to introduce a final B (also depending on weather conditions). Final B with a minimum of 6 teams (quota of two teams per NM in the WC and quota of one team in WCH and CCH).
Without a final B, the ranking is defined by the qualification time.
If there is a final B it will take place before the final A.

D – Overlapping
An athlete is considered as overlapped in a Relay race, when between this athlete and the leader of the race (first athlete) there is not any unused transition area between them. In this case the overlapped athlete will be stopped when entering the next transition are. From this moment the athlete will leave the track and move safely to the finish area without interfering the race. The overlapped team will be ranked with the position of the team at the moment when entering the transition area where the athlete was stopped (the IRM will be LAP).

29.5. Conduct of athletes during the race

29.5.1. Flag colour

The sections marked with green flags must be carried out on skis with skins affixed to the underside of the skis and with bindings secured to the boots in uphill mode.
The sections marked with yellow flags must be carried out on foot with skis on the backpack or in the hands if allowed by the ISMF Race Jury.
The sections marked with red flags must be carried out on skis without skins affixed to the bases of the skis, and with bindings secured to the boots in downhill mode.
The boots must be locked during all the downhill parts marked with red flags except in the case of broken equipment. In the case of broken equipment, athletes have to show it to the equipment control.

29.5.2. Follow the markings

Athletes must follow the track markings closely in ascent and descent.
In ascent, the athletes must go in the direction of the next flag. In case of a kick turn you should follow the marked tracks; it is not allowed to cut.
In downhill the athletes must go in the direction of the flags.

All dangerous and/or unsportsmanlike behaviour will be sanctioned.

29.5.3. Overtake

An athlete who is about to be overtaken must, without fail, immediately leave the tracks and allow the athlete who shouts "TRACK" to pass, except in the event of presence of a ridge.

29.5.4. Through by the gates or waypoint

If there is a gate (two sets of two poles with a panel of the same colour) along the tracks (uphill and downhill), the athletes have to go through them.

29.5.5. Foot part

Skis must be carried on the backpack using two (2) fastening straps designed for this purpose (skis cannot be carried in shoulder straps and must remain fastened to the backpack of the athlete). In the event that the skis detach from the backpack, the athlete must stop to reattach the skis.

29.5.5.1. Foot part with crampons

If crampons are mandatory in the foot part and a crampon detaches from the boot, then the athlete must stop to reattach the crampon immediately.

29.5.6. Transition area

A - Transition area is marked by an entry and an exit line, preferably in blue paint. If another type of limit is used, it must be defined at the TCM. It is compulsory to use the same colour for the lines of the entire race track.

B – Athletes must carry out all transition manipulations required. Only removal or attachment of pole connections and engagement of the rear part of the binding can be done outside of the transition area.

C – The entry and exit lines are inside the transition area. While doing a transition manipulation, it is a penalty if a ski or any part of the athlete touches the snow at any location outside of the transition zone.

D - The athlete must stay in the same place from the beginning to the end of the transition manipulations.

E - Prior to starting transition manipulations, ski poles must be placed on the snow or ground, next to the athlete. The athlete can start his/her transition manipulation when his/her hands are free of poles. It is not allowed throw the poles before stopping. The ski poles may not be picked up while the athlete is performing the transition manipulations and stay inside the transition area until the end of the manipulation. The athlete must pick up the ski poles before leaving the transition area. The athlete is considered outside the transition area when his/her skis are completely outside the exit line. If the athlete must move the poles during the manipulations (ex. bringing them closer) he/she must stop the manipulation and move the poles. Stop manipulation means do not have anything in the hand(s) except the pole. The athlete may not continue the manipulation until the poles are again resting on the ground. This applies to when the athlete takes off/puts on skins or crampons, packs/unpacks skins or crampons, unfastens/fastens skis to the backpack, including the part of the transition manipulation where the athlete zips/unzips the suit.

F - The athlete must pick up his/her both poles at the end of the transition manipulation. If, unfortunately, another athlete interferes with his/her pole(s), or if one/both pole(s) is/are broken, the athlete can continue without one/both pole(s).

G – Special situation: due to the speed in the manipulations, it is possible for the athletes to make an error like not correctly fixing the front part of the binding, not locking one boot, losing a skin, etc. The athlete has to correct his/her personal error and finish correctly the manipulation to continue the race. If this error is detected for the athlete still inside of the transition zone, the athlete has to put his/her poles one the ground before starting his/her new part of the manipulation.

29.5.7. Skins

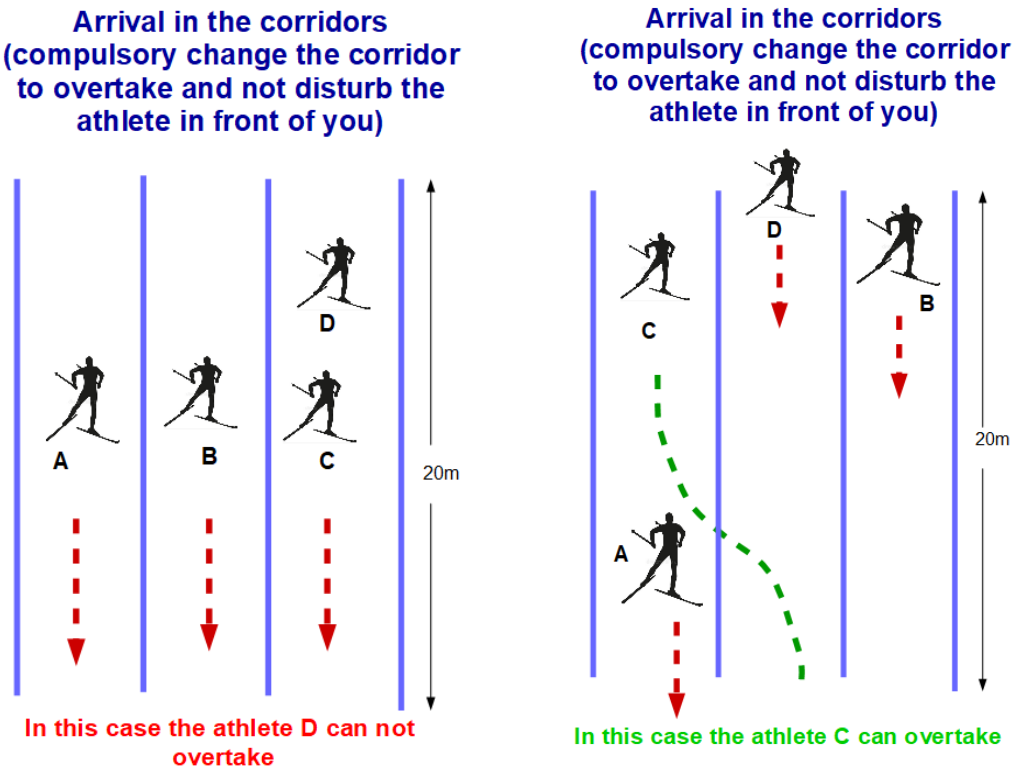
Athletes may have skins outside of race suit or backpack only during transition manipulations; at all other times they must pack their skins either inside their ski suit or place them in their backpack. The exception is for one pair of skins to be applied to the ski bases during appropriate times.

29.5.8. Skins storage

While skins are not in use on skis, they must be packed inside the athlete's race suit or backpack. If during a transition manipulation a athlete packs their skins into their race suit, they must zip their race suit closed at least until the armpit (a measuring point of the armpit will be used) prior to the end of manipulation. The skins may still be visible but cannot be dangling to any extent outside of the race suit or backpack.
It is strictly forbidden to change equipment during a race with the exception of one or more broken ski poles along all race track and/or skis and/or bindings unless otherwise decided by the ISMF Race Jury.
Refer to appendixes for the pictures of the correct skin storage.

29.5.9. Arrival in skating

When the athletes enter to the finish area, skating corridors have to yield the track to the athlete that arrived first and respect the corridor. To overtake, the athlete must change the corridor.



29.5.10. DVA

Athletes have to ensure that their device is functioning properly throughout the entire race.
Athletes must keep their DVA in emission until they have passed through equipment control at the finish line.

– If a DVA is not working properly, the athlete will be stopped and immediately disqualified.

29.5.11. Earphones

Earphones are forbidden during any ISMF races. They are allowed during the warm-up.

29.5.12. Via Ferrata kit

On stretches using a fixed rope, where use of lanyards is compulsory, athletes must not at any time detach themselves from the fixed rope. When passing a point anchoring the fixed rope, the athlete must clip the second karabiner onto the following part of the rope before removing the first karabiner. Any breaches to these safety rules will be penalised.

29.5.13. Wear all layers

The LOC Race Director or a checkpoint/waypoint chief may compel athletes, at any point on the track, to wear their windbreakers, caps or any other item of compulsory equipment.

29.5.14. Outside assistance

No outside assistance is allowed.
Exceptions:

– changing a broken pole. He/she may change a broken pole anywhere and with anyone.
– changing a broken ski and/or binding. He/she may change a broken ski and/or binding only in the technical zone close to the refreshment area and/or a technical zone authorised by the ISMF Race Jury.
– refreshments only in the areas authorised by the ISMF Race Jury.
– athletes must render assistance to fellow athletes in distress or any kind of danger. The ISMF Race Jury will take into account the ranking of the previous transition zone or the intermediate time if it is more favourable than the final position.

Abandon:

- An athlete having difficulties may give up on his/her own initiative or be forced to give-up by decision of the LOC Race Director or one of the doctor's present.
- Giving up (by own initiative or forced) must take place at a checkpoint or waypoint according to the procedure described during race TCM except under extreme circumstances. For team races, if one team member gives up then the other will be told to give up and must follow instructions given by the controllers. Every athlete having withdrawn MUST inform the ISMF Jury President (or his representative) upon arrival at the finish area. The athletes having withdrawn may also be subject to doping control.

29.5.15. Respect the environment

Athletes must respect the environment. Athletes must leave any rubbish in only the dedicated trash bag between the two lines marking the entrance and the exit of the refreshment areas. Penalties will be applied to athletes seen littering or abandoning equipment on the track (including in the transition area) or for any other poor environmental conduct.

29.5.16. For team races

- Team members must leave the transition area together (i.e., before crossing the line which marks the exit of the transition area). This means that both members have finished transition manipulation when the first teammate crosses the exit line.
- Each athlete must carry his/her own backpack throughout the entire duration of the race with all the required equipment (except skis).
- In team races, a athletes may only carry his/her teammate's skis if there are two separate sets of two fastening straps for carrying skis on his/her backpack that comply with the rules.
- Assistance is only allowed between team members. It is forbidden to use a rope or an elastic to tow his/her teammate during the first 15 minutes of the race during descents and in the parts defined by the ISMF Race Jury and announced in the TCM. If the use of ropes is not mandatory during a downhill, as in the traverse of a glacier for example, the rope (or elastic) must be put in the backpack or in the race suit during descents.
- The members of a team must not be separated by more than 30 seconds in ascents and more than 10 seconds in descents. All teams will be subject to surprise inspections throughout the track. The two teammates cannot have an interval of more than 5 seconds between them on the finishing line.

29.5.17. Offences to the LOC, ISMF officials or ISMF image

29.5.17.1. Behaviour of athletes and coaches

Athletes and coaches must respect the LOC, the officials and the image of the ski mountaineering during the race and during all events. These behaviours will be analysed by the ISMF Race Jury. In case of need, the International Disciplinary Commission of the ISMF will decide the sanction in less than a month.

29.5.17.2. Non presence at ceremonies

Athletes not present at any kind of official ceremonies related to ISMF events, except for medical reasons or proof of flight time with authorisation of the ISMF Jury President before the ceremony, will be penalised.

The following official ISMF ceremonies are concerned:

- Bib presentation (Top five - if foreseen by the LOC)
- Top3 presentation (Top three – if foreseen by the LOC)
- Flower Ceremony (Top three)
- Award Ceremony (Top five)
- Overall World Cup Ceremony:
  - Specialty World Cup Ceremony (Top three)
  - U23 Overall World Cup Ceremony (Top three)
  - Senior Overall World Cup Ceremony (Top ten)
  - Nation World Cup Ceremony (Top three nations, at least one representative person per nation).

The athlete concerned or his/her coach must inform the ISMF Jury President in good time (at least before starting the ceremony) if the athlete will not be present at one or more ceremonies listed above, even if the athlete is not present in person at the event in question.
In the case the excuse is not accepted, the ISMF Jury President will apply the penalty.
Prize money will be still awarded in the case of medical justified absence or cases of force majeure and if the ceremony takes place much later than scheduled.
In the case that the ISMF Jury President decides that the prize money will not be paid to the athlete, for any given reason, the LOC can keep the corresponding amount until final confirmation by ISMF Sport Department.

29.6. Safety/Event stoppage

The LOC Race Director, after having informed the ISMF Jury President or/and the ISMF Event Coordinator, can stop the race for safety reasons or sporting fairness. A report of the decision will be drawn up immediately.

30. ESTABLISHMENT OF RESULTS

The results, approved by the ISMF Jury President and displayed as, and when, athletes finish, with full results available immediately after the last athlete crosses the finish line and passed the equipment control. The ranking is carried out by adding the finishing time to any penalties incurred by the ISMF Race Jury. At World Cups and World Championships, the timings/results are produced by the ISMF timings provider. Provisional results are displayed after the first athletes cross the finish line.
If there are no means to decide between athletes, then a tie is declared.
Championships, Cups and World ranking are treated as described in the Ranking Rules.

30.1. Offences and penalties

A. General – for infringements not specifically cited
For the infringements not cited in the following tabs (B, C, D, E, F), the ISMF Referee uses scale A

#	Offences	Penalties	
		Team and Individual races	**Vertical, Sprint and Relay races**
A.1	Cheating, unsportsmanlike or important safety fault	disqualification	disqualification
A.2	Behaviour that may intentionally hinder	3 minutes	1 minute
A.3	Minor technical error, involuntary negligence,	1 minute	15 seconds

B. EQUIPMENT
Any compulsory equipment required by the ISMF Race Jury replaced during the race or lacking at a checkpoint or at the finish (except for broken ski poles/ski and/or bindings). Cumulative penalties are given for each piece of missing equipment.

#	Offences	Penalties	
		Team and Individual races	**Vertical, Sprint and Relay races**
B.1	Skis, binding or boot not in compliance with the rules	disqualification	disqualification
B.2	Ski and bindings or boot weight: between 1 and 20 grams missing	3 minutes	1 minute
B.3	Ski and bindings or boot weight: 21 or more grams missing	disqualification	disqualification

B.4	Missing equipment or equipment not in compliance with the rules for these items: DVA; DVA without battery or switched off during the race or in backpack; Snow shovel, probe; Helmet, included but not correctly worn; Ski brakes If required: harness, lanyard, karabiners – Via Ferrata kit head lamp, rope, crampon not in compliance with rules or missing at the start line; No penalty for equipment broken during the race. Athletes have to prove equipment is broken.	disqualification	disqualification
B.5	Missing equipment or equipment not in compliance with the rules, for these items: Clothes (for each item missing), long sleeves in the first layer (except Vertical race if accepted by the ISMF Race Jury), survival blanket, gloves (included not worn correctly during the race), eyewear (excepted if not required by the ISMF Race Jury), backpack, ski cap or headband, whistle, skins, passport/ National ID card or a copy. Pole(s) and Ski(s) missing (only for team and Individual races) one or both crampons. No penalty for equipment broken during the race. Athletes have to prove equipment is broken. Any pole abandoned on the track must either be 1) broken or 2) obstructed by an outside influence.	1 minute (for each item missing)	15 seconds
B.6	DVA out of order at the finish line Dead battery during the race DVA switched off after the passage of the finish line, before the equipment control.	3 minutes	1 minute
B.7	Crampon or crampons missing in a foot part with crampons	disqualification	disqualification
B.8	Head lamp not switched on	3 minutes	1 minute
B.9 **B.10**	Chip or electronic system missing at the start line Chip or electronic system missing at the finish line	No start 1 minutes	No start 15 seconds

C. BEHAVIOUR

Ignoring correct racing technique required for a given section of the track, disrespect of marking and of track itinerary, any actions considered to be dangerous or jeopardising race safety or the proper running of the race, unsportsmanlike conduct.

#	Offences	Penalties	
		Team and Individual races	**Vertical, Sprint and Relay races**
C.1	False start	1minute	15 seconds
C.2	Missing checkpoint – Voluntary or involuntary	disqualification	disqualification
C.3	Not following the correct track on a ridge	disqualification	disqualification
C.4	Missing a Gate (Downhill section) - Voluntary or involuntary -	1 minute	15 seconds
C.5	Having dangerous and/or unsportsmanlike behaviour by not closely following the track markings in ascent/ descent	disqualification	disqualification
C.6	Disregarding instructions given by an official on the track (at the start, at checkpoints or waypoints, at the finish).	3 minutes	1 minute

C.7	Not respecting the indicated mode of locomotion (e.g., skiing down a section indication as being on foot etc.). According to the point 4.6 (Conduct of athletes during the race – 1. Flags colours) In the case of broken equipment, the athlete will not be penalized if he/she does everything possible to avoid destroying the trail.	3 minutes	1 minute
C.8	Walking without crampons on a section where crampons are compulsory (except broken equipment checked by the controller).	Disqualification or 3min if crampons broken	Disqualification or 1min if crampons broken
C.9	Incorrect fastening of skis on the backpack (less than two fastening points).	1 minute	15 seconds
C.10	Removable anti-slipping skins not kept inside the ski suit or backpack.	1minute	15 seconds
C.11	Crampons without straps clipped on the ankles.	3 minutes	1 minute
C.12	Crampons outside the backpack.	3 minutes	1 minute
C.13	Ski poles not placed flat on the ground in a transition area.	1 minute	15 secs
C.14	Not clipping the karabiner to a compulsory rope.	3 minutes	DNA
C.15	Not yielding the track or disrespecting finish area skating corridor rules.	1 minute	15 secs
C.16	Pushing, shoving, or making another athlete fall.	Voluntarily: disqualification Not voluntarily: 1 minute	Voluntarily: disqualification Involuntary: 15 seconds
C.17	Not rendering assistance to a person in distress or in danger.	3 minutes	1 minute
C.18	Receiving outside help: except for changing broken ski in the technical zone *and*/or poles (everywhere on the track).	3 minutes	1 minute
C.19	Disrespecting the environment.	3 minutes	1 minute
C.20	Disrespecting or insulting anyone participating in the event (ISMF Jury, officials, athletes, organisers, spectators, etc.) or any behaviour that can damage ISMF and ski mountaineering during the race	Disqualification and the RJ sends the success to the International Disciplinary Commission of the ISMF	Disqualification and the RJ sends the success to the International Disciplinary Commission of the ISMF
C.21	Disrespecting or insulting anyone participating in the event (ISMF Jury, officials, athletes, organisers, spectators, etc.) or any behaviour that can damage ISMF and ski mountaineering during the event except during the race	The RJ sends the success to the International Disciplinary Commission of the ISMF	The RJ sends the success to the International Disciplinary Commission of the ISMF
C.22	Non presence at ceremonies	No prize money	No prize money
C.23	Incorrect manoeuvre in the transition area	1 minute	15 seconds
C.24	In case of abandon or DNS the athletes who does not inform the organisation will start in the rear part in the following race.	The athlete will start in the rear part in the following race (100,00 EUR)	-

D. SPECIFIC PENALTIES FOR TEAM RACE		
#	**Offences**	**Penalties**
D.1	Team members not together when leaving a check point or transition area.	1 minute **for each transition area.**

D.2	Team member not carrying own compulsory equipment of the ISMF list in own backpack throughout the duration of the race or at the finish line (exception for skis). The ISMF Race Jury will decide and inform in the TCM about the supplementary equipment of the ISMF list.	Disqualification
D.3	Athlete carrying a teammate's skis without fastening them correctly to backpack.	1 minute
D.4	The members of a team must not be separated by: - more than 30 seconds in ascents; - more than 10 seconds in descents. All teams will be subject to surprise inspections throughout the track.	1 minute (for each control point)
D.5	Interval of more than 5 seconds between the members of a team on the finishing line	In the event of intervals exceeding 5 seconds between team members, each additional second will incur a penalty adding the same number of seconds. E.g.: 15 second interval = 10 excess seconds. Penalty = 10 excess sec + 10 penalty sec = 20 sec. Interval of 1 min 5 sec = + 1 min. Penalty = 1 excess min + 1 penalty min = 2 min.
D.6	Using a rope (or elastic) on a part of the track where it is strictly forbidden	3 minutes
D.7	The rope/elastic not put away securely in backpack or inside the race suit.	1 minute

E. SPECIFIC PENALTIES FOR RELAY RACE		
#	**Offences**	**Penalties**
E.1	Incorrect relay hand-over (as defined in the rules).	1 minute
E.2	The same athlete races two legs.	Disqualification

F. SPECIFIC OFFENCES & PENALTIES for COACHES BEHAVIOUR		
#	**Offences**	**Penalties**
F.1	Not respecting designated areas for coaches, or areas with limited access.	The ISMF Race Jury prepares a report for the International Disciplinary Commission of the ISMF, who will decide a possible sanction
F.2	Not rendering assistance to a person in distress or in danger.	The ISMF Race Jury prepares a report for the International Disciplinary Commission of the ISMF, who will decide a possible sanction
F.3	Assisting own athletes (with the exception of changing broken ski and/or poles).	The ISMF Race Jury prepares a report for the International Disciplinary Commission of the ISMF, who will decide a possible sanction
F.4	Disrespecting or insulting anyone participating in the event (ISMF Jury, officials, athletes, organisers, spectators, etc.) and/or disrespecting a decision of the ISMF Jury.	The ISMF Race Jury prepares a report for the International Disciplinary Commission of the ISMF, who will decide a possible sanction
F.5	Infringement of any other rules not cited above.	The ISMF Race Jury prepares a report for the International Disciplinary Commission of the ISMF, who will decide a possible sanction

30.2. Results in the event of race stoppage

Ranking will be established according to times and orders at the last checkpoint passed by the first athletes. Athletes who have not yet reached this checkpoint will be ranked according to their times and order at preceding checkpoints.
The ISMF Race Jury decides if the results are fair-play and could be used for World Cup ranking and World ranking.

30.3. Protests

A protest is a formal complaint filed in a competition by eligible individuals within a specific time period and under the predefined requirements as outlined below:

Protestable Matters
Protests may be filed against the following:
- Penalties according to the Offenses and Penalties section (except those referred to in C. 20, C.21 and F.);
- The unofficial or provisional results;
- Conduct of an athlete or/and a coach concerned offenses A.1 and A.2;
- A technical error in the competition's official results.

Non-Protestable Matters
Protests cannot be filed during the heats and semifinals of sprint races due to the established schedule and timing constraints. Any infringement observed by an ISMF Referee or ISMF Jury President will result in a penalty after validation, and no protests will be accepted.

Eligibility to File Protests
Protests may be filed by accredited individuals at the event, referred to as the protester, as follows:
- Any National Official representing an ISMF National Member;
- The athlete (in the absence of the first).

Requirements
Protest filed for consideration must meet, without excuse, the following formal requirements, otherwise, it must not be considered for review:
- The protest form, as outlined in the ISMF Rules and Guidelines (see related appendix), must be duly completed and filed to the ISMF Race Jury within the designated time limit.
- The protest must include a payment of 50,00 EUR payable in cash. The payment will only be refunded if the protest is accepted.

Time Limit
Protests must be filed within the following time limit after the unofficial or provisional results are displayed on the designated bulletin board:

EVENT	TIME LIMIT
World Cup / World Championships / Continental Championships / Youth World Cup (Sprint and Relay races)	5 minutes
Vertical races, Individual races and Team races	15 minutes

In any other situation not previously mentioned, the eligible individual for filing a protest shall have a maximum of 15 minutes from the moment when the decision or situation, as described in Article 1, occurs, to file the protest.

Resolution
- Upon the consideration of a protest, the ISMF Race Jury should respond in writing within 1 hour of the protest filing, unless otherwise specified.
- The ISMF Race Jury will decide to either:

- Accept the protest, by revoking the penalty, or other applicable.
- Reject the protest and confirm the original decision.

– The protest may be appealed if meets the specified requirements.

30.3.1. Appeal

An appeal is a formal procedure to request the Jury of Appeal to review the decision upon the protest made by the ISMF Race Jury provided it meets the following requirements:

Requirements

– Formal: No specific format, however, the document must include each and every one of the following points:
  - Clear identification of the party(ies).
  - Inclusion of the protest filed and the corresponding reply, with a clear indication of the date and time of its receipt.
  - A thorough and reasoned description of the relevant facts, substantiated by appropriate evidence.
  - A comprehensive explanation of the ISMF rules and guidelines that have been affected.
  - A concise conclusion or plea summarising the appellant's position and the reasons for seeking a reconsideration of the decision.
  - The appeal must be duly signed by the President (or their representative) of the respective ISMF National Member.
– Fee: Appeals must be accompanied by proof of a 100,00 EUR fee payment to ISMF. This fee will not be refunded if the appeal is rejected.
– Time limit: Appeals must be filed within 10 hours for Championships/World Cup finals and 48 hours for World Cup events from the exact time of receiving the reply to the protest delivery.
– Filing: Only appeals that comply with all the previous requirements must be filed to the email address juryofappeal@ismf-ski.org. If an appeal does not comply with each and every one of the requirements it will be dismissed without exception.

30.3.2. Jury of Appeal

Purpose

The Jury of Appeal is established to provide fair and impartial authority or resolving appeals arising from decisions made upon protest.

Composition:

- The Jury of Appeal shall be composed of an odd number of members, with a minimum of three and a maximum of seven persons holding voting rights and up to two members without voting rights. These members will be officially appointed by the ISMF Council at the beginning of each season, upon the nomination of the ISMF Referee Manager and/or other ISMF Officials. The ISMF Council reserves the right to appoint additional members during the season if deemed necessary. Appointed members shall perform their duties throughout the official season calendar, preparing their availability and the roles assigned among their members for each competition to fulfil the following functions:
  - Members with right to vote:
    - Chair of the Jury: This individual will preside over the Jury of Appeal.
    - Vice-Chair of the Jury of Appeal: An expert in the ISMF rules and guidelines, preferably member of the Rule Commission.
    - Other Jury Members: These individuals are expected to offer valuable insights and contribute to the decision-making process.
  - Members with no right to vote:
    - Secretary of the Jury of Appeal: shall facilitate the proceedings and ensure that relevant documentation and information are properly maintained.
    - Expert / Advisor: provide their expertise in specific areas, relevant inputs and support but do not have the right to vote on decisions.

Restrictions:
To ensure impartiality and fairness, the following conditions shall apply to the members of the Jury of Appeal:

- None of the members can also be part of the ISMF technical staff or be part of the LOC during the same event.
- Members of the Jury of Appeal shall not be present during any deliberations of the Jury concerning any Appeal that affects, directly or indirectly, an athlete of their own nation. However, in cases where a substitute for a member from a different nation cannot be found, that member must confirm his/her impartiality.
- Only one member per nation is allowed to participate. Members of the same nationality cannot participate simultaneously.
- All members shall disclose any potential or actual conflict of interest that may affect their ability to remain impartial during the proceedings. If a member reveals such a conflict, they will be replaced by another member.

The Chair of the Jury of Appeal shall request the withdrawal of any member implicated by the situations mentioned above if the Jury member has not already withdrawn.

Initial review on the Appeal
The Secretary of the Jury of Appeal shall review received appeals to ensure compliance with formal requirements and shall take one of the following actions:
a) Admits the Appeal: If the appeal satisfies all prescribed formal requirements
b) Dismiss the Appeal: In the event that the appeal fails to meet the stipulated requirements, the Secretary shall dismiss the appeal and inform the concerned parties, thereby establishing the final decision (not subject to review by any other authority).

Scheduling the Hearing
If the appeal is admitted, the Jury of Appeal shall convene within 24 hours of receipt of the appeal to schedule the date of the hearing as promptly as possible. The parties concerned shall be duly notified of the chosen date through email.
If witness testimony is required, the parties shall bear the sole responsibility for communicating their witnesses to provide such testimony on the selected day and time for the hearing.

Meeting Format
The meeting format (in-person, virtual, or hybrid) is determined by the Chair.

Hearing Procedure

- Attendance and Representation: The appellant and respondent (“parties”) are entitled to attend the hearing. Failure to attend the hearing may result in the Jury of Appeal rendering a decision in their absence. Only under exceptional circumstances, and subject to the Chair's approval, may the parties be substituted by an accredited representative**.** In the case of the attendance of witnesses, their presence is likewise subject to the Chair's approval, and they may be present solely to deliver their testimony.
- Privacy of the Hearing: The hearing will be conducted privately and will not be open to the public unless otherwise stated by the Chair.
- Explanation of Hearing Process and Rights: The Chair of the Jury of Appeal will explain the hearing process and the rights of all parties involved.
- Assessment of Appeal: The Secretary of the Jury will assess the appeal admissibility based on the formal ISMF requirements received within the relevant timeline. At the Chair's discretion, the Secretary of the Jury may be instructed to read the appeal.
- Presentation of Evidence, Parties Statements and Expert Opinions: The Vice-President of the Jury will present the submitted evidence to the rest of the attendees. The Jury of Appeal will hear from each party, allowing adequate time for the parties to provide their arguments. Then with permission from the Chair,

the witness may speak briefly. After hearing all parties, the Jury of Appeal may elaborate questions as deemed necessary.

– Decision Making: The Jury of Appeal will consider all evidence and expert opinions and make a decision by a simple majority vote. Following deliberation, the possible outcomes include:
  - Appeal Accepted: The original decision is revoked.
  - Appeal Rejected: The original decision is confirmed.
  - Partial Acceptance: Aspects of the original decision may be modified while others are upheld.

Communication

The decision will be communicated immediately to the parties present and provided in writing upon request. The decision of the Jury of Appeal is final and binding on all parties concerned and may not be challenged in any other forum according to article 37.4 of the ISMF Statutes.

30.4. Podiums

The winners of each category receive awards (refer to Organisation Event Guidelines). Team heads must make sure that award-winners wear the official uniforms of their nation and are present at the Award Ceremony.
Podiums for ISMF races will take place before any other podiums.
The last day of the event, the Award Ceremony should take place before 2 pm.

30.5. Doping

Doping is strictly prohibited (Refer to the Anti-Doping section in the Organisation Event Guidelines).

APPENDIXES

APPENDIX T: PROTEST FORM

- Only written protests on official ISMF form submitted before the appropriate deadline will be accepted by members of the ISMF Race Jury.
- All protests must be accompanied by the sum of 50,00 EUR (in cash).
- A separate protest form must be completed for each incident and each form accompanied by the sum stated in the rules.
- The person that submits a complaint must support his/her arguments by quoting specific points of the rules.

ORGANISATION					
EXACT NAME OF THE RACE:					
EXACT DATE OF THE RACE:					
LOC / NM:					
CLUB OR ASSOCIATION:					
RACE					
TYPE OF RACE		*TYPE OF EVENT*		*CATEGORY*	
	Individual race		World Championships		Men
	Team race		World Cup		Women
	Vertical race		Continental Championships		Senior
	Sprint race		ISMF Series		U23
	Relay race		Other event		U18- U20
PROTEST					
Person in charge of filing the protest:					
NM:					
Phone number:					
Name(s) of athlete(s) involved:					
Bib number of athlete(s) involved:					
DETAIL OF THE EVENTS					
…… …… …… …… …… …… …… ……					

At ……, the ….. / ….. / …. (DD/MM/YY) Signature

Exact time ……. : ……. HH:MM

DECISION OF THE ISMF RACE JURY	
…… …… …… …… …… …… ……	

.....
.....

At ....., the ..... / ..... / .... (DD/MM/YY) The ISMF Jury President

Exact time ..... : ..... HH:MM

APPENDIX U: SKINS STORAGE PICTURES













RACE EQUIPMENT RULES

31. EQUIPMENT

The equipment listed hereafter is required for all ISMF events.

All equipment used by athletes taking part in ISMF events must be produced by a supplier that:
- Is registered in a chamber of commerce and industry.
- Is registered for VAT in the nation of origin (Intra community number for the EU or similar manufacturers).
- Has a product liability insurance, which covers the use of the equipment in ski mountaineering.

The labelled safety equipment must be CE and/or UIAA marked or comply with the requirements of a European rule in force (*except for the helmets, see chart in 4.1*) without any modifications, except by those authorised by the manufacturer in the written information supplied with the equipment.

No other compulsory equipment may be modified.

The athlete is responsible of his/her own equipment.

31.1. Equipment description for all ISMF events

ITEM	DESCRIPTION	CE or UIAA
A passport or a national ID card or copy	Required to be stowed away in the backpack or race suit. Every athlete must present an official ID document (passport or national ID card) or a copy if required.	
A pair of skis	– with metallic edges covering at least 90% of their length; – minimal width of at least 80 mm in the front, 60 mm under the boot and 70 mm in the rear part; – ski length must be of at least 160cm for men and 150cm for women. The skis will be measured according to the method «Rolling». Minimal weight for skis and bindings: – Men: 780 grams per ski. – Women: 730 grams per ski.	
Bindings	– which allow heel movement during ascents and are blocked for descents; – they may or may not be equipped with security straps; – the binding system must have both a lateral and a forward complete release system (the boot is allowed to completely separate from the ski). The lateral release (front part) has to be lockable manually (without the use *of any tool).* – If a binding is TÜV certified, the locking mechanism is not necessary. The use of ski brakes is compulsory. Athletes without ski brakes cannot participate in the race. Ski brakes: Retention device for ISMF events which is designed to slow down a ski after a ski binding release or ski loss. – Uphill position: Arrangement of the ski brake during the ascent phase – Downhill position: Arrangement of the ski brake during the descent phase. – Braking position: Arrangement of the ski brake when set in Downhill position and the boot is released from the binding. Mixed bindings (front part from one manufacturer and rear part from another one) are not allowed. Boots and bindings must be set according to the manufacturer's instructions in order to guarantee optimum function of the release systems and the best protection of bindings and ski structure.	

Boots	Minimal weight for boots (shell and dry inner): Men and U20 Men: 500 grams All Women categories & U18 Men: 450 grams In case of bikini liners, only the shell must cover the ankles. Each boot must have at least two (2) independent closing systems. Boots must be designed to be used with metallic crampons. Cross-country ski boots and bindings or equivalents are strictly forbidden. Sole: – Notched rubber soles. – The notched soles have to cover the 100% of the boot sole. – The minimum notch depth is 4 mm. – The minimum surface area of 1 cm^2 per notch. – There must be at least 8 notches under the heel and 15 under the front part of the sole. Modified boots by a second manufacturer are allowed only if there is a formal agreement between the two manufacturers, which is specified in the written information supplied with the modified part. Athletes in the U18 and lower category are not allowed to wear/use full carbon structured boots (including carbon composites or similar: Kevlar, aramite, etc.).	
A pair of ski poles	Carbon or other material Maximum diameter of 25 mm With non-metallic baskets.	
A pair of removable anti-slipping skins	Skins originating from wild animals are strictly forbidden. The skins have to cover at least 40% of the snow contact length of the ski. Use of adhesive tape is forbidden on the skins for environmental reasons.	
Upper body clothing	Three layers that fit the athlete well: 1 long or short sleeves or sleeveless, body-hugging layer (no bustier). ISMF Race Jury decides if compulsory. 1 ski suit with long-sleeves or a second layer with long-sleeves covering the whole arms. 1 long-sleeved wind breaker jacket. ISMF Race Jury decides if it is compulsory to put it in the backpack or worn. The jacket must be sized appropriately to fit the athlete.	
Lower body clothing	Two long-legged layers that fit the athlete well: 1 ski suit or ski pants covering the whole legs (no underpants) 1 breathable wind breaker trousers. ISMF Race Jury decides if it is compulsory to put it in the backpack or worn.	
An avalanche detector	Also called DVA or ARVA, that conforms to standard EN 300718 457 kHz frequency. The DVA has to be equipped with a 3 antennas receiving system. The DVA has to be worn in a closed pocket (zipper only) inside of the race suit at the belly level or as defined by the manufacturer**.**	YES
A helmet	Conforming to: - UIAA 106 and EN 1077 class B standards. - EN 12492 and EN 1077 class B standards. Helmets must be used (chin-strap has to be fastened) during the whole race (from the start to the finish line).	YES
A snow shovel	Conforming to ISMF standards (refer to appendixes).	
A snow probe	Conforming to ISMF standards (refer to appendixes).	
A survival blanket	The minimum surface area of 1.80 m^2. Modifications subsequent to manufacture are not allowed. The term "survival blanket" is as defined by the manufacturer.	
A pair of gloves	That covers the entire hand up to the wrist - to be worn throughout the duration of the race.	

A pair UV-protection eyewear	Recommended for the athletes (refer to appendixes).	
A backpack	With sufficient carrying capacity to hold all the equipment required by the rules, with two rear and/or lateral fastening straps for carrying skis. In the event of cooperation between teammates, the carrier's backpack must have two independent sets of fastening straps for skis. If the backpack has an independent crampons pouch, the pouch must be securely fastened to the back of the backpack (using Velcro straps, etc.). Crampons must be secured in the appropriate compartment of the backpack worn on the back.	
A whistle		
SUPPLEMENTARY EQUIPMENT THAT MAY BE REQUIRED BY THE ISMF RACE JURY		
A pair of metallic crampons	That conforms to UIAA standard 153, with at least 10 spikes. The two front spikes must adjust to fit the athlete's boots. They must have the original safety straps that should be properly fastened to all crampons during the on-foot portion of the race. When crampons are not worn on boots, they must be packed in the backpack or in the independent pouch carried on the back, with spikes facing each other.	YES
A harness	Conforming to UIAA standard 105	YES
Via Ferrata kit	With energy absorbing system for use in Via Ferrata Kit conforming to UIAA standard 128.	YES
Two (2) connectors - Via Ferrata kit connectors	That conform to UIAA standard 121. When the lanyard and the 2 connectors are not in use, they must be put away in the backpack or wrapped around the waist.	YES
An additional upper body thermal fleece layer of clothing	(Fourth layer with long sleeves) The sleeves must fit the athlete well. The fourth layer is comprised of thermal clothing which must have a minimum weight of 300 grams.	
A ski cap or headband		
A second pair of gloves	that must be thermal and wind-proof.	
A Head lamp in full working order;		
A second pair of UV-protection eyewear	Recommended for the athletes (refer to appendixes).	
A dynamic rope	That conforms to UIAA standard 101, with a minimum diameter of 8,5 mm and a length of 30 m.	YES
Skins	The ISMF Race Jury has the right to request additional skins.	
Wax	Use of fluorinated wax or tuning products containing fluorine is prohibited for all ISMF events (disciplines and levels).	

APPENDIXES

APPENDIX V: ISMF SNOW PROBE STANDARD

The manufacturer has to define the probe as a "rescue snow probe" and make a self-certification confirming that it meets this ISMF standard:

- Minimum external diameter: 10 mm
- Minimum total length: 240 cm
- When loaded without shock with a mass of 3 kg as in figure 1, the probe should not break or leave permanent deformations and should not go out of the supports or hooks the supports (with certain models, the locking system or the metallic point are prominent, and they prevent the exit of the supports).

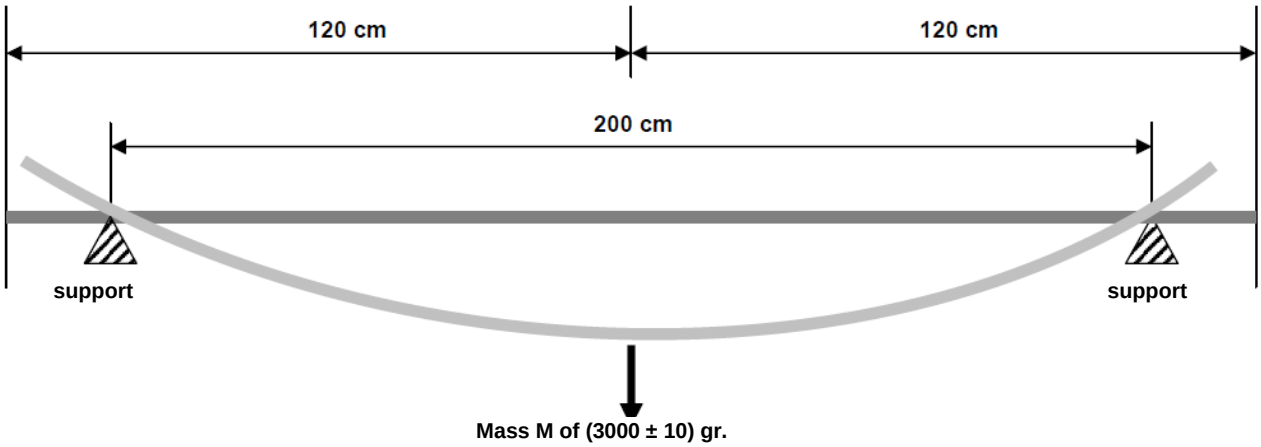


Figure 1

- When loaded without shock with a mass of 20 kg as in figure 2, the probe should not break and the different parts of the probe shall still fit one inside of the other.

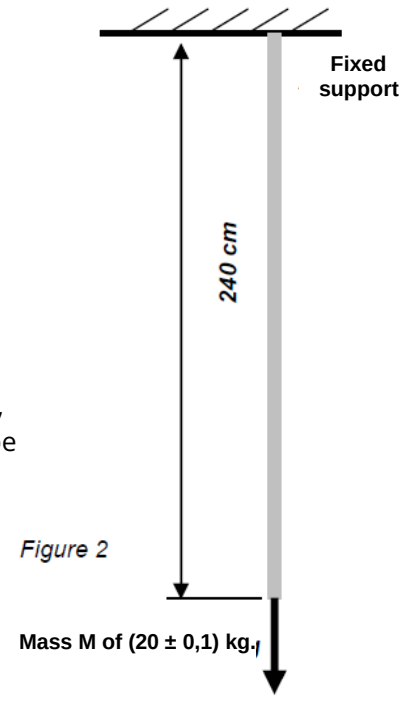
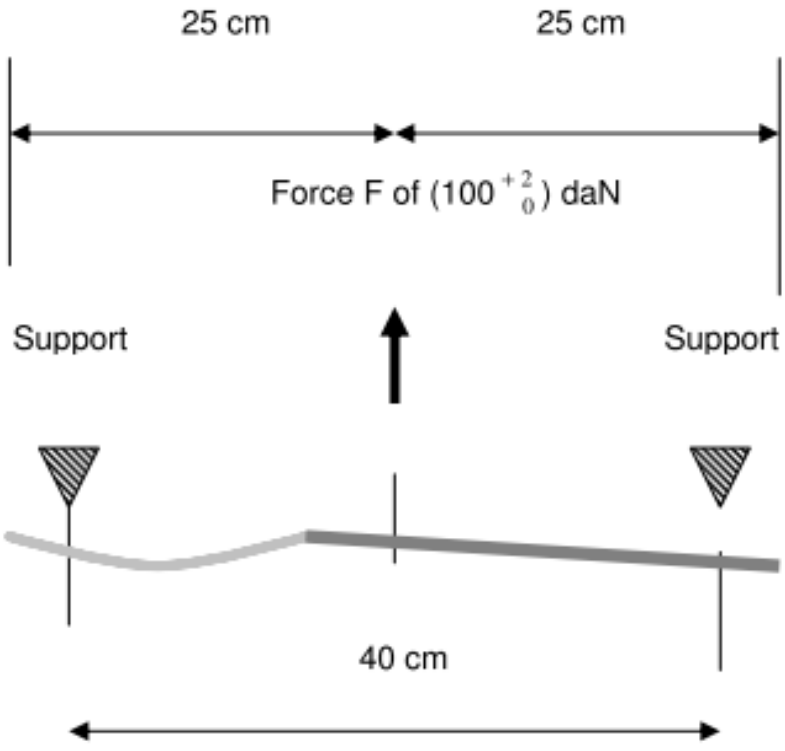


Figure 2

APPENDIX W: ISMF SHOVEL STANDARD

- A snow shovel in compliance with the ISMF standard here stated, defined by the manufacturer as a "rescue snow shovel".
- The equipment concerned directly with safety cannot be modified; except for modifications performed or authorized by the manufacturer.
- The manufacturer has to define the shovel as a "rescue snow shovel" and make a self-certification confirming that it complies with the ISMF standard:
- Minimum shovel surface including a square of 20 cm x 20 cm.
- Test method: place a piece of 20 X 20 cm cardboard under the shovel: no part of the cardboard must be visible.
- Minimal total length of the shovel in working configuration: 50 cm.
- The shaft has to end in a T or L shape, so the athlete is able to push down / leverage the handle.
- The test sample for the strength test shall be conditioned for at least 1 h at (-20 ± 3) °C. The test shall be carried out at (23 ± 5) °C. The test shall begin within 2 min from removal of conditioning.
- Strength test: When loaded with a speed of (100 ± 10) mm/min as in figure 1, the shovel shall be capable of withstanding a static force of at (100 $^{+2}_{0}$ daN over a period of (60 ± 5) s.
- The test sample shall not break, nor go out of the supports, and no permanent deformations are admitted on any part of the shovel.

Figure 1



APPENDIX X: RECOMMENDED EYEWEAR PROTECTION CHART

Catégorie de protection	Transmission visible	Transmission UVB	Race
Catégorie 0	80% à 100%	Max. 8% à 10%	Night race
Catégorie 1	43% à 80%	Max. 4,3% à 8%	Scandinavian race
Catégorie 2	18% à 43%	Max. 1,8% à 4,3%	
Catégorie 3	8% à 18%	Max. 0,8% à 1,8%	Daylight race
Catégorie 4	3% à 8%	Max. 0,3% à 0,8%	

RANKING RULES

32. DEFINITIONS

Result: it applies to a race, list of the athletes based on the time of race or place order following the Sporting Rules, all categories merged
Category results: result for one category (including its subcategories) - e.g.: Senior Results
Ranking: list of athletes based on the ranking score
Ranking score: accumulation of points obtained by one athlete during the ranking's period with all the races taken in account
Rank: athlete's position in a ranking
Place: athlete's position in the Category Results of a race
WRK points: points attributed to an athlete following his/her place and the race level for the WRK
Time Points: depend on the ratio of an athlete's finish time and that of the winner given as a percentage for each race, used to decide between dead heats.
Place Points: attributed to athletes depending on their results in a given race irrespective of the race coefficient.
Race coefficient: attributed to the race depending on the previous ranking of the best athletes to finish.
Ranking points: attributed to individual athletes, teams or countries and used to establish their position in race ranking.

33. APPROVED EVENTS

Only events that meet the following requirements will be taken into account for ISMF rankings:
- events announced in the ISMF calendar;
- with the participation of at least 3 athletes with ISMF licence;
- general compliance with ISMF rules;
- Transmission of results according to the ISMF results protocol.

34. MEANS OF RANKING

34.1. Place Points

The following points are awarded to athletes and teams depending on their results for each race in which they participate.

PLACE POINTS									
Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1	100	11	45	21	30	31	20	41	10
2	90	12	43	22	29	32	19	42	9
3	81	13	41	23	28	33	18	43	8
4	73	14	39	24	27	34	17	44	7
5	66	15	37	25	26	35	16	45	6
6	60	16	35	26	25	36	15	46	5
7	57	17	34	27	24	37	14	47	4
8	54	18	33	28	23	38	13	48	3
9	51	19	32	29	22	39	12	49	2
10	48	20	31	30	21	40	11	50	1

After 50th place, each athlete will be awarded one place point.

34.2. Time Points

In order to decide between athletes or teams that have the same final ranking points (same final number of place points), race times will be taken into account. In the event of a tie, the final ranking will be determined by the

addition of time points. Time Points depend on the ratio between the athlete's time and the winner's time (percentage).
If the athletes' time points are identical, then the tie will not be broken.
Time Points are calculated as follows:
Px =T1/Tx*100
Tx = time of the athlete or team X, in seconds
T1 = time of the winner (individual or team), in seconds
Px = Time Points of athlete or team X
Times are to the second, and percentages to the nearest hundredth.

For example: Athlete A wins the race in 2 hrs 00'00", athlete B finishes second in 2 hrs 03'30" and athlete X is 30th in 2 hrs 15'45". The results of the race are:
A: place points = 100; time points = 100.00
B: place points = 95; time points = 7200 / 7410 * 100 = 97.16
X: place points = 51; time points = 7200 / 8145 * 100 = 88.39

35. RANKINGS

35.1. Continental and World Championships rankings

35.1.1. Country ranking

The country ranking is calculated by summing the Place Points of athletes who count for country ranking.
The number of athletes taken into account for country ranking and the coefficients allocated for each event are detailed in the table below.
For the U23 category, only PPs awarded in U23 ranking are taken into account.
For example, if during an individual event, an U23 finishes 1st in the U23 ranking and 3rd in the Senior ranking and is 1st for his/her country in both U23 and Senior categories, then his/her Place Points from the U23 ranking count with a coefficient of 1, whereas the place points of the Senior athletes from the same country who finished 2nd count with a coefficient of 1.

Type of event	Individual		Team	Vertical		Relay		Mixed Relay		Sprint	
	Senior Men & Women	U23, U20, U18 Men & Women	Senior Men & Women	Senior Men & Women	U23, U20, U18 Men & Women	Senior Men & Women	Youth Relay event	Senior Men & Women	Youth Mixed Relay event	Senior Men & Women	U23, U20, U18 Men & Women
Coefficient	1	1	1	1	1	1	1	1	1	1	1
Number of athletes /teams that count towards country ranking, Men and Women	1	1	1	1	1	1	1	1	1	1	1

Country ranking points
= (sum of Place Points of the country's first individual male Senior athlete)
+ (sum of Place Points of the country's first individual female Senior athlete)
+ (sum of Place Points of the country's first individual male U23 athlete)
+ (sum of Place Points of the country's first individual female U23 athlete)

+ (sum of Place Points of the country's first individual male U20 athlete)
+... etc. -
Countries can tie.
The country ranking will be considered to award the trophies for the World and Continental Championships.

35.1.2. Medal Table

A Medal Table is made for each World and Continental Championships.
The ranking will be determined by:
- The Gold medal number
- Then Silver medal number
- Then Bronze medal number.

35.1.3. Combined Senior Championship ranking

Combined Senior Championship rankings are calculated by adding the Place Points obtained by Senior athletes (both for men and women) from the three best results out of the following races: Team, Individual, Vertical, and Sprint Race.
Senior men combined ranking points = PPs for Individual races + PPs for Team races + PPs for Sprint races + PPs for Vertical races – PPs of the worst result out of the 4 races. In the event of a tie, the final ranking is determined using time points.
If one or more of the following races: Team, Individual, Vertical, and Sprint race cannot be held during the Continental or World Championships, then the combined ranking will be calculated by adding the place points obtained during all the remaining races.

35.2. Continental Cups rankings

The Continental Cups follow the same rules as the World Cups (see sections 34.1, 34.2 and 35.3), the only difference being that:
- Athletes from other continents can participate and be ranked on the race results.
- If the athlete and/or team are from the continent hosting the Cup, then their place points count towards the Continental Cup ranking and WRK.
- If the athlete and/or team are not from the continent hosting the Cup and if the event is open, their place points count towards the WRK.
- In order to be ranked in a Continental Cup, athletes/teams must:
  - have participated in at least one of the races that count for ranking.

35.3. World Cup and Youth World Cup rankings

35.3.1. General principles

The ISMF Sport Department organises each season the World Cup's and Youth World Cup's calendars (Number of events, number and type of races, locations...). The World Cup concerns the Senior category and his sub-category (U23) as defined by the Athletes Participation Rules. The Youth World Cup concerns the categories U20 and U18.

35.3.2. Rankings per athlete and per nation

The World Cup circuits gives rise to different rankings.
Each ranking done per athlete for men and for women, except Mixed Relay World Cup ranking done per nation.

35.3.3. Scoring

The score is the accumulation of the Place Points earned during the World Cup season for an athlete or a nation.

35.3.3.1. Scoring for Mixed Relay races

For each Mixed Relay World Cup race, a Nation Ranking List (NRL) is produced.
The NRL is based on the race result list but keep only the best team of each NM (adjusted result).

The score of the Mixed Relay World Cup is per nation and calculated from the NRL Place Points at each race.

35.3.4. Tie

In case of Tie in any ranking, Time Points will be used to rank the athletes or nations.

35.3.5. World Cup Overall ranking

This ranking is based on the athlete's score for the Individual races, Vertical races, Team races and Sprint races of the World Cup season.

35.3.6. Specialty World Cup ranking

It is only for the World Cup circuit (Senior category).
The ranking is based on the athlete's score (or Nation for Mixed Relay Specialty) for the considered specialty of the World Cup season.
A Specialty World Cup ranking is made only if there is a minimum of three specialty races scheduled for the season.
A Specialty World Cup Final ranking is awarded only if there is a minimum of three specialty races with Official Results during the whole season.

Disciplines concerned and produced rankings:
- Sprint race World Cup
- Vertical race World Cup
- Team race World Cup
- Individual race World Cup
- Mixed Relay race World Cup (by nation)

35.3.7. Youth World Cup

The Youth World Cup circuit consists of the following rankings:
- U20 Overall ranking for women and for men
- U18 Overall ranking for women and for men
- Nation Youth World Cup ranking

35.3.8. U23 Ranking

The U23 Overall ranking is an extraction of the Senior ranking. The Place Points used are the Senior's PPs.

35.3.9. Nation World Cup Ranking (NWCR and NYWCR)

The NWCR is calculated by summing the PPS of the Senior ranking for the best athlete male and the best athlete female from Senior and U23 categories (this means four athletes could be taken into account for each race), or the best team of a nation for each World Cup race of the concerned circuit.
For the World Cup circuit, the NWCR is based only on Senior results.
For the Youth World Cup circuit, the NYWCR is based on U20 results and U18 results.

35.4. Specific rules for Sprint races

35.4.1. Result management for Sprint races

- 1st - 6th place: Position from the final
- 7th - 12th place: Semi-finalists not qualified for the final round. The ranking order is established following:
  - the order of arrival of each semifinal
  - the best time of semifinals with the equal position reached.

Example: 7th position = the best time between the two athletes who arrived fourth in each semifinal.
If there are 30 or more athletes:
- 13th - 30th place: Quarter-Heat finalists not qualified for semi-final round. The ranking order is established following:

- the order of arrival of each heat
- the best time of heats with the equal position reached.

Example: 13th position = the best time between the four athletes who arrived third in each heat.

– 31st and more: Ranked by qualification time.

If there are 24 - 29 athletes:

– 13th - 24th place: Heat finalists not qualified for semifinal round. The ranking order is established following:
- the order of arrival of each heat
- the best time of heats with the equal position reached.

Example: 13th position = the best time between the four athletes who arrived fourth in each heat.

– 25th – 29th place: Ranked by qualification time.

If there is no timekeeping for heats, semifinals, finals, the ranking times will be taken from the qualification.

35.4.2. Ranking of IRM athletes for a Sprint race

IRM				
	DNS	**DNF**	**DSQ**	**DQB**
Qualification	Not ranked (DNS)	Not ranked (DNF)	Not ranked DSQ	Not ranked
Heats	- latest place of the heats Tie: by qualification time (e.g.: 29th and 30th)	- latest place of the heats (but before DNS) Tie: by qualification time (e.g.: 27th and 28th)	Not ranked DSQ (each athlete gains 1 place)	Not ranked DQB (each athlete gain 1 place)
Semifinal	- latest place of the heats Tie: by heat position and time (in 2nd) (e.g.: 11th and 12th)	- latest place of the heats Tie: by heat position and time (in 2nd) (e.g.: 9th and 10th)	Not ranked DSQ	Not ranked DQB
Final	- latest place of the heats Tie: by semifinal position and after semifinal time (e.g.: 5th and 6th)	- latest place of the heats Tie: by qualification time (e.g.: 3rd and 4th) Tie: by semifinal position and after semifinal time (e.g.: 3rd and 4th)	Not ranked DSQ	Not ranked DQB

35.5. World Ranking (WRK)

35.5.1. General principles

The World Ranking represent sporting excellence with the larger number of ski mountaineering athletes and races. To reach this goal and reflect the sport values, races will be organized by level. The place obtained in a race result following the level the race will awarded some WR points accumulated for the World Ranking.

35.5.2. WRK period

The World Ranking accumulated the results for a period of 2 years. The WRK points of a race will be removed from the athlete WRK score the day after the second anniversary the considered race's date.

35.5.3. WRK score

The WRK score does the accumulation of the WRK Points earned during the WRK period.

35.5.4. WRK points

Each race witch the results provide to the ISMF Ranking Manager following the WRK results protocol will be take in account in the WRK.

The WRK points awarded from a race depend on the race's WRK Level.

WRK Level	WRK points for the winner	1st proposal	Other
1	1300	OG	
2	1200	WCH	
3	1000	WC	
4	800	CCH + YWC	
5	600	CC + World Series	
6	400	Continental Series	
7	200	NCH	The 5 best results maximum (=1000 pts)
8	100	NC	The 5 best results maximum (=500 pts)
9	50	Regional race	The 7 best results maximum (=350 pts)

There is a limit from the WRK points awarded in the level races 7, 8 and 9. Only the 5 best results will be taken in account for the level races 7 and 8, and the 7 best results for the level races 9.

35.5.5. List of World Rankings produced

The following WRKs will be produced for Men and for Women:

	Senior	U23	U20	U18
Overall (with all races)	X	X	X	X
Individual	X	X	X	X
Sprint	X	X	X	X
Vertical Race	X	X	X	X
Team race	X			
Long Distance race	X			

35.6. ISMF Series Ranking

The WRK will rank the athletes participating in ISMF Series.

36. RESULTS AND RANKING MANAGEMENT

The ISMF Ranking Manager is responsible for establishing World Cup, World and Continental Championships, Series and other ISMF events results and rankings.
The ISMF Ranking Manager will be in charge of updating the World Rankings.
Further specification for events where there is not the official ISMF time-keeping company:
Within 24 hours after termination of the event, the LOC has to provide the ISMF Ranking Manager the official results of each race held during the event using the official format that the ISMF Office will send in due course.

37. RANKING PROTEST

A Ranking Protest contests an athlete's rank and/or ranking score from an ISMF ranking (final or provisional). This is not a process to claim against a result.
This protest must be submitted in writing by the National Team Captain during an event or by the NM President after the event, to the ISMF Office and the ISMF Ranking Manager as soon as possible from the publishment of the ranking and within one month of publication.
In case of calculation error, the ISMF Ranking Manager is allowed to fix it and inform the ISMF Sport Department and the protester.
If the error concerned the athletes awarded during the End of Season ceremony, the ISMF Sport Department will take the appropriate action to fix it.

If the Ranking Protest is not accepted, the ISMF Ranking Manager will answer by writing to the author of the Protest. The protester could appeal to the ISMF Ranking Jury (composed by ISMF Event Coordinator, ISMF Referee Manager, ISMF Ranking Manager) until two weeks after the rejected protest notification.
In order to submit a Ranking Protest, the protester must use the form in the Appendixes of the Sporting Rules.

RULES FOR YOUTH WORLD CUP

Any rule not cited below obeys by the rest of ISMF rules.

38. REQUIREMENTS FOR HOSTING AN ISMF YOUTH WORLD CUP

All applications from the LOCs must be submitted to their NM, who after consideration, will then forward to the ISMF office. Applications submitted directly to the ISMF office from the LOCs will not be considered.
ISMF Youth World Cup events are reserved to U18 and U20 categories only.
There will be between 3 and 4 ISMF Youth World Cup events per season.
It is strongly recommended to stage the event during the weekend (two consecutive days) with a rest day only in the case of three or four races.
The LOC has the possibility to organise an Open Race alongside the ISMF Youth World Cup event. This race has to be entirely managed by the LOC, without interfering with the ISMF races, this having different starting times, different ceremonies (both Flower and Award Ceremonies), etc. The Open Race is only allowed for Senior athletes and for the Vertical and Individual disciplines, while not for the Sprint.
An agreement between the ISMF, the NM and the LOC has to be signed.
On the communication side, the title "ISMF Youth World Cup" and the ISMF logo must appear in any kind of advertising material or mean of communication of the LOC and on its official website as well.
The LOC, for its part, must publicise the event as much as possible in the weeks leading up to it in order to increase its media visibility.

39. ATHLETES PARTICIPATION

ISMF Youth World Cup events are reserved to U18, U20 categories only.
This circuit is reserved to athletes of NMs and ski mountaineering clubs authorised by the NM.
Only ISMF licence holders with ISMF Elite or Youth licence can participate and be ranked in the ISMF Youth World Cup. The national licence* or the authorisation** from the NM is compulsory for the athletes of all categories participating in this circuit.
*Only for the NMs which have national licence.
** The NMs (which do not have national licence) have to provide the respective athletes with an official document valid as a pass to allow them to apply for the ISMF licence.

The fee for the registration in the races is at the discretion of the LOC. The ISMF recommends the amount of between 30,00 EUR to 40,00 EUR for each race. Athletes' registration is done through the ISMF website using the intranet system, as per the other ISMF events. All athletes (of both the national team and the ski mountaineering clubs) can be registered in the races only by the NM of belonging. There is no possibility of late registrations.

Accommodation is managed directly by the athletes or NMs. The ISMF will provide the relative information and the pertaining email address in due course.

40. ISMF STAFF AND SERVICES

Costs borne by the LOC (Event hosting fee with ISMF staff & services needed):

SERVICES RELATED TO EACH EVENT	
Anti-Doping service	Compulsory – through the respective NADO (National Anti-Doping Organisation)
Time-keeping service	With a local company validated by the respective NM
Starting numbers/bibs	To be coordinated with the selected time-keeping company
Awards	Please refer below
Official speaker	To be validated by the respective NM
ISMF Ranking Manager supervision	In coordination with the ISMF
Ski pass (if the race takes place in a ski resort)	To consider: • 1 ski pass for each ISMF official per race day + 1 extra day

Pre-visit for the event check and preparation (optional – at the discretion of the ISMF)	Around 1.100,00 EUR		
ISMF PRESENCE ON EACH EVENT			
ISMF PRESENCE	TRANSPORT EXPENSES[1]	DAILY ALLOWANCES[1]	ACCOMMODATION EXPENSES[2]
ISMF Official Representative	Included	-	Full board accommodation
ISMF Jury President	Included	Included	Full board accommodation
ISMF Technical Delegate	Included	Included	Full board accommodation
ISMF Assistant Referee	Included	Included	Full board accommodation
1-2 National Referee* (Priority to ISMF Referees)	To be coordinated with the respective NM		Full board accommodation

All costs are paid by the LOC directly to the ISMF. The exact amount will be established annually.
* The ISMF certified Referees from the NM hosting the event will have the priority to attend the event as National Referee of pertinence. If the NM hosting the event does not have National Referees, the extra Referee will be ISMF Referee from other countries.

1. The following costs are included in the Event hosting fee:
   - Transport expenses from home to the event venue except for extra-continental and very long travels;
   - Daily allowances as per specifications included in the table above.
2. The following costs are not included in the Event hosting fee but must be covered by the LOC:
   - Accommodation expenses (food and lodging) from two nights before the start of the first race until the morning following the end of the event, if necessary (details to be communicated in due advance). Minimum 3 stars (three-stars) hotel with complimentary internet connection (single rooms).

41. ON SITE LOGISTICAL ORGANISATION FOR ATHLETES

41.1. TCM

The TCM must take place on the eve of the race and is only open to the coaches of the NMs and representative person of the ski mountaineering clubs.

41.2. BIBs

The race numbers (bibs) must have a specific numbering system and if possible, a different colour on the basis of the category of belonging.
Bib numbers are attributed to the athletes or teams according to the current individual ranking.
A bib list is provided by the ISMF Ranking Manager according to the timelines as agreed between the ISMF and the LOC.

42. RACE SPECIFICATIONS

For the general features of ISMF Youth World Cup events refer to the Technical Race Guidelines as the information can be applied to this circuit as well.

The Mixed Relay is organised for each category if there are at least 6 teams per category. The ISMF Event Coordinator will decide with the LOC whether to organise a final A and final B according to the registrations.

Please refer to the ISMF Sporting Rules in order to set correctly up the various areas of the race track, to follow the guidelines regarding penalties and offences, etc.

43. EQUIPMENT

As a supplementary equipment, only crampons, an additional upper body thermal fleece layer of clothing and a head lamp for a dark race can be required.
Please refer to the Race Equipment Rules in order to find out the equipment that athletes have to hold to compete in the ISMF Youth World Cup events.

The use of ski brakes is compulsory for all athletes participating in the ISMF Youth World Cup events.

44. RANKING

A specific ranking dedicated to the ISMF Youth World Cup events will be introduced on the ISMF website.

The awarding of race points will be carried out according to the ISMF Ranking Rules and the same will be done for the determination of the Overall ranking.

45. CEREMONIES, PRIZE MONEY AND AWARDS

Ceremonies, prize money and awards for ISMF Youth World Cup events:

PRIZE MONEY* (minimum)	**ISMF YOUTH WORLD CUP**			
	SPRINT	**VERTICAL**	**INDIVIDUAL**	**MIXED RELAY**
1st U20W/U20M	300,00 EUR	300,00 EUR	300,00 EUR	300,00 EUR**
2nd U20W/U20M	200,00 EUR	200,00 EUR	200,00 EUR	200,00 EUR**
3rd U20W/U20M	100,00 EUR	100,00 EUR	100,00 EUR	100,00 EUR**
1st U18W/U18M	Equipment	Equipment	Equipment	Equipment***
2nd U18W/U18M	Equipment	Equipment	Equipment	Equipment***
3rd U18W/U18M	Equipment	Equipment	Equipment	Equipment***
TOTAL	600,00 EUR	600,00 EUR	600,00 EUR	600,00 EUR
TOTAL/category	1.200,00 EUR	1.200,00 EUR	1.200,00 EUR	1.200,00 EUR

* The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation. Subject to prior coordination with the ISMF, it is possible to reward U20 athletes with equipment (amount equal to the prize money in EUR included in the table above).
** The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.
*** The LOC shall provide both team members with an equipment item.

Any changes to prize money must be arranged in advance between the ISMF and the LOC.

(If possible) all Award Ceremonies have to be arranged in advance with the ISMF.
The Award Ceremony will take place immediately after the Flower Ceremony of each single category.
Podiums are compulsory for:
- the Top3 athletes of each category for each scheduled race (both for Flower and Award Ceremonies)
- the Top3 athletes of each category winning the Overall ranking.

There will be no Specialty Youth World Cup rankings.
The ISMF will provide the LOC of the final Youth World Cup stage with necessary trophies for the Overall Youth World Cup Ceremony.

RULES FOR LONG DISTANCE TEAM

Any rule not cited below obeys by the rest of ISMF rules.

46. REQUIREMENTS FOR HOSTING AN ISMF LONG DISTANCE EVENT

ISMF Long Distance Races are for Senior and Master categories only.
ISMF Long Distance Individual or Long Distance Team World or Continental Championships: a long distance race individual or team, can be a one day race or more than one.
ISMF can decide to organise the LDI WCH and the LDT WCH every year.
A Series assessed by an ISMF Referee must be organised at most a season before hosting a LDI or LDT WCH.

47. ATHLETES PARTICIPATION

Only ISMF Elite licence holders can participate and be ranked in the ISMF LD event.
The teams are composed of 2 or 3 athletes of the same nationality and the same gender.
Composition Senior Team = any athlete 18 years old (during the year of the race) or over. For safety reason in LD events, the LOC can request to ISMF that athletes must be 20 years old or over.

48. REGISTRATION FEES

The registration fee is at the decision of the LOC. The fee should include the race fee and full board accommodation. When possible, the LOC should also propose a registration fee including only the race fee. Accommodation is then managed directly be NMs.
The athletes or teams registration is done through the LOC website (English compulsory).

49. WORLD CHAMPIONSHIPS AND OPEN RACE

If there is an Open Race in parallel of the ISMF LD event, the Open Race must be managed so that LD event athletes are not jeopardized by Open Race athletes:

- For stage with multiple race days: The start of the LD event race will be decided on the eve of the race by the ISMF Race Jury and the LOC Race Director. The start protocol of the following day(s) will be determined during the race application process of the previous years and will be subject to an agreement between the LOC and the ISMF.
- For single race day: The start of the LD event race will be decided on the eve of the race by the ISMF Race Jury and the LOC Race Director.

Open race and ISMF LD event race must have separated and distinctive rankings. Only LD event results will have the mention of "World Championships".
The Open Race must have a different Award Ceremony. The LD World Championships event Flower Ceremony and Award Ceremony must be always before the Open Race ones.

50. ISMF STAFF AND SERVICES

Legend:
- YES: the relevant service cost is included in the Event hosting fee
- NO: the relevant service cost is not included in the Event hosting fee
- NOB: the relevant service cost is not included in the Event hosting fee, but the LOC must provide/supply it
- PRESENT: the relevant staff is present at the event & it is included in the Event hosting fee
- NOT PRESENT: the relevant staff is not present at the event

SERVICES	LD EVENT
Calendar fee	YES
Anti-Doping service	YES
Time-keeping service	NOB
Awards	YES
Online registration through ISMF web site	NOB
Starting numbers/bibs	NOB
Official speaker	NOB
ISMF Ranking Manager supervision	YES

Pre-visit for the event check and preparation				YES
Ski pass if the race takes place in a ski resort: 2 ski passes for each national team per race day + 1 extra day 1 ski pass for each ISMF official per race day + 1 extra day 1 ski pass for each person of TV Team, Implementation Team, Time-keeping Team per race day + 1 extra day				NOB
ISMF PRESENCE	**TRANSPORT EXPENSES**	**FINANCIAL ALLOWANCES**	**ACCOMMODATION EXPENSES**	**WORLD CHAMPIONSHIPS**
ISMF Jury President	Included[1]	Included[1]	Full board accommodation[2]	PRESENT
ISMF Referee	Included[1]	Included[1]	Full board accommodation[2]	PRESENT
ISMF Official Representative	Included[1]	-	Full board accommodation[2]	PRESENT
National Referee 1 (If possible ISMF Ref)	-	-	Full board accommodation[2]	NECESSARY
National Referee 2 (If possible ISMF Ref)	-	-	Full board accommodation[2]	NECESSARY
ISMF Media staff (2 persons)	-	-	Full board accommodation[2]	PRESENT
Anti-Doping doctors (2 persons)	included[1]	included[1]	Full board accommodation[3]	PRESENT
PRE-VISIT:				
Assessors (2 persons - The ISMF Event Coordinator and the ISMF Technical Delegate)	included[1]	included[1]	Full board accommodation[3]	YES

All fees are paid by the LOC directly to the ISMF. The exact amount will be established annually.

The following costs are included in the Event hosting fees:

1 All transport expenses from home to the event venue except costs of extra-continental travel, plus daily allowance for duration of event.

The following costs are not included in the chart above and have to be covered by the LOC:

2 Accommodation expenses (food and lodging) from two nights before the start of the first race until the morning following the end of the event, details to be communicated in due advance. Minimum 3 stars (three-star) hotel with complimentary Internet connection (single and double rooms).

3 Accommodation expenses (food and lodging) from one night before the start of the first race until the morning following the end of the event, details to be communicated in due advance. Minimum 3 stars (three-star) hotel with complimentary Internet connection (single room).

The ISMF official speaker and time-keeping company are recommended.

51. ON SITE LOGISTICAL ORGANISATION FOR ATHLETES

51.1. TCM

The ISMF LD event TCM must take place before 18:30 on the eve of the race and is only open to the coaches of the NMs.

51.2. BIBs

LD event race numbers (bibs) must have a specific numbering system and, if possible, a different colour. It is necessary to follow gender equality rules and use the same numbering for both Men and Women.
The first top 5 athletes or teams men and women must be present during the Opening Ceremony or BIBs distribution.

BIB numbers are attributed to the athletes or teams according to the current individual World Cup ranking, for teams of the sum of the teammates. A bib list is provided by the ISMF Ranking Manager to the LOC according to the timelines as agreed between the LOC and the ISMF.

52. RACE SPECIFICATIONS

52.1. Technical details of the race track

Recommended race track following the rules below:

- At least 85% of the elevation must be raced with skis on feet;
- At the most 15% should be raced on foot - footpaths, forest tracks, etc.;
- At the most 15% should be technical sections raced carrying skis on the rucksack -ridges, couloirs, etc..

The snow conditions, weather and the terrain define the final option.
The track can be the same for Men and Women.
Positive ascent:

- For single race day: recommended from 3000m to 5500m;
- For stage with multiple race days: recommended 3500 m/ maximum a day.

Unless there are critical weather conditions or important safety issues, the tracks for individual/team race must be ready in the morning on the day before the race (10h00 maximum). There should be at least one track, with a few flags to give the main direction.

52.2. Starting order

Starting order and timings will be decided in conjunction between the ISMF Sport Department and the LOC.
For ISMF LD events the start time will be according to the duration of the race, snow conditions and weather, some special races can be at night.

53. EQUIPMENT

On stretches using a fixed rope, where use of lanyards is compulsory, athletes must not at any time detach themselves from the fixed rope. When passing a point anchoring the fixed rope, the athlete must clip the second karabiner onto the following part of the rope before removing the first karabiner. Any breaches to these safety rules will be penalised. Penalty for not clipping the carabineer to a compulsory rope (Penalty for each anchoring when the athlete is not correctly attached): Disqualification.

In addition to all the compulsory and supplementary equipment required in the ISMF Race Equipment Rules, LD event LOC might request the following supplementary equipment:

EQUIPMENT	DESCRIPTION
Lower body clothing: 3rd layer	Soft shell double with fleece that fits the athlete well. The 3rd layer is thermal clothing. See the race specific rules.
Dynamic rope	Specificity: Rope (UIAA standard 101) with a minimum diameter of 8,5mm
Ice axe	Minimum length 50cm, UIAA standard 152
Crampons	Crampons (UIAA standard 153) with steel spikes might be asked by the LOC
Others	Any other equipment requests for safety reasons

54. RANKING

Long Distance Nation Ranking for Continental and World Championships:

Type of event	LDI	LDT
	Seniors Men & Women	Seniors Men & Women
Coefficient	1	1
Number of competitors/teams that count towards country ranking, men and women	1	1

Only when a LD event is valid as World Championships, the quotas per nation are the following:

- Race with teams of 2 athletes: 4 SM teams + 4 SW teams
- Race with teams of 3 athletes: 3 SM teams + 3 SW teams.

The LD competition ranking will only be valid if there is a minimum of 10 SM teams and 5 SW teams starting the race.

55. PODIUMS AND AWARDS

Podiums are compulsory for the 5 first individual athletes or the 3 first teams of each category. Medals for the podiums of the World Championships will be provided by the ISMF.
If there are several podiums (Open Race, special awards, etc.), the World Championships podium always takes place first.
Precise information with the date, time and attending personalities must be sent to the ISMF office one month prior to the event. The Award Ceremony programme must be compulsorily agreed with the ISMF Event Coordinator.

56. PRIZE MONEY

Prize-money of any LD event must be agreed between the LOC and the ISMF prior to the event.

RULES FOR OLYMPIC GAMES

57. GENERAL INFORMATION

These rules apply for Olympic Games events. Any rules not mentioned or specified below are subject to the other ISMF rules and guidelines.

58. QUALIFICATION SYSTEM – OLYMPIC RANKING LISTS

Only athletes with a valid ISMF Elite licence and from a Full National Member (NM) will be considered for the Olympic Ranking Lists.

58.1. Olympic Mixed Relay Ranking List (OMRRL)

The OMRRL ranks the National Olympic Committees (NOCs) based on the results achieved in Mixed Relay races during the qualification period. For the OMRRL all Mixed Relay races in the ISMF World Cup (WC) circuit during the qualification period and the Mixed Relay Senior race of the World Championships 2025 are taken into account.

58.1.1. Scoring

Place Points for each NOC are accumulated from the Nation Result List (NRL) of Mixed Relay races during the qualification period. The NRL only includes the best result in a race of each NOC (adjusted ranking) and assigns Place Points according to the World Cup Place Points table. Only the 4 (four) best results (Place Points) are taken into account for the OMRRL score. The final number of best results taken into account for OMRRL will be confirmed in October 2024.

58.1.2. Tie

In case of a tie, the following criteria will be used to break the tie:

1. The first 5 (five) best results;
2. The sum of Time Points of the considered place point (5 results);
3. The best ranking per NOC from OMRRL results (World Cup and World Championships at the same level);
4. The second best ranking per NOC from OMRRL results (World Cup and World Championships at the same level);
5. Etc.

58.1.3. Change of athlete's nationality

In case an athlete changes the nationality during the qualification period, the points gained for the NOC the athlete was competing for before changing the nationality remain with that NOC.

58.2. Olympic Sprint Ranking List (OSRL)

The OSRL ranks the athletes (and their NOCs) per gender based on the results get in Sprint races during the qualification period. For the OSRL all Sprint races in the ISMF World Cup (WC) circuit during the qualification period and the Sprint Senior race of the World Championships 2025 are taken into account.

58.2.1. Scoring

Place Points for each athlete are accumulated from the official results of Sprint races during the qualification period. The OSRL assigns Place Points according to the World Cup Place Points table. Only the 4 (four) best results (Place Points) are taken into account for the OSRL score. The final number of best results taken into account for OSRL will be confirmed in October 2024.

58.2.2. Tie

In case of a tie, the following criteria will be used to break the tie:

1. The first 5 (five) best results;
2. The sum of Time Points;
3. The best ranking per athlete from OSRL results (World Cup and World Championships at the same level);

4. The second best ranking per athlete from OSRL results (World Cup and World Championships at the same level);
5. Etc.

58.2.3. Change of athlete's nationality

In case an athlete changes the nationality during the qualification period, the athlete will only be ranked with the NOC he/she was competing for at the beginning of the qualification period.

59. ORGANISATION

59.1. Bib numbers

Bib numbers will be assigned according to the OSRL and OMRRL. The best athlete/NOC in the OSRL/OMRRL will have the bib number 1 etc. In case of a tie, the International Federation (IF) Delegate will flip a coin to break the tie.

59.2. Team Captain Meeting (TCM)

It is compulsory for a representative from each NOC to be present at the TCM, confirming the presence during the roll call. During the TCM, all data from NOCs and athletes will be checked, verified and signed by the NOC representative.

59.3. Substitution

If an entered athlete cannot start due to force majeure (medical certificate required), another athlete already registered in the Olympic Winter Games may take his/her place. The substitution must take place no later than 60 (sixty) minutes before the start of the track inspection.

59.4. Starting procedure

Athletes must be present in the pre-start area 5 (five) minutes before the start of the race. If not present, the ISMF Race Jury could disqualify the athlete/team (Did not start - DNS).

59.5. Timekeeping

All races must be timed with a precision of 1/100th of a second. For the Sprint race, timing will be displayed with a precision of 1/100th of a second (one hundredth). For the Mixed Relay race, timing will be displayed with a precision of 1/10th of a second (one tenth). The result for each athlete will be determined and displayed with a precision of 1/10th of a second (one tenth) by truncating the calculated net time (e.g., 38:24.38 becomes 38:24.3.).

59.5.1. Photo finish

The photo finish will be watched when the timing between 2 (two) athletes on the finish line is less than 2 tens of second (<0.2"). The photo finish result has the priority on the timing. During the final, if the photo finish cannot break the tie, the teams/athletes concerned will be ranked ex-aequo. For the heats and semifinals, refer to chapter 4.6.

59.6. Protest

The Protest Period starts:

- Either after the athlete has crossed the finish line, if the penalty was displayed during the race;
- Or immediately when the penalty is displayed on the scoreboard, if the penalty was displayed after the finish.

The NOC representative must announce to the ISMF Jury President or his representative the intention to protest within 3 (three) minutes of the start of the Protest Period and must submit the protest in writing (protest protocol duly filled out) within 5 (five) minutes of the start of the Protest Period.
The ISMF Race Jury has up to 5 minutes before the official start of the Award Ceremony to respond.

Protest is only possible during:
- Sprint heats;
- Sprint final;
- Mixed Relay final.

Due to the pressure of the timeline, protest is not possible during Sprint Semifinals.

59.7. Appeal

The submission time is reduced to 3 hours (Appeal Deadline).

60. SPRINT RACE

60.1. Phases

Olympic Sprint race is composed of 3 (three) phases:

#	Name	Number	Athletes	Qualification
Phase 1	Heats	x 3	3 x 6	OSRL
Phase 2	Semifinals	x 2	2 x 6	From each heat, 3 qualified athletes directly + 3 Lucky Losers from all heats.
Phase 3	Final	x 1	1 x 6	From each semifinal, 2 qualified athletes directly + 2 Lucky Losers from all semifinals.

60.2. Heats – Start list composition

The athletes will be assigned to the heats according to the following pre-defined grid:

No.	Heat 1	Heat 2	Heat 3
1	Bib #1	Bib #2	Bib #3
2	Bib #6	Bib #5	Bib #4
3	Bib #7	Bib #8	Bib #9
4	Bib #12	Bib #11	Bib #10
5	Bib #13	Bib #14	Bib #15
6	Bib #18	Bib #17	Bib #16

60.3. Position on the starting line

The best athlete enters the starting area first and chooses his position on the starting line. For the heats, the best athlete is defined by the bib number. For the semifinals and the final, the rank of the previous phase is used to define the best athlete.

60.4. Semifinals – Start list composition

Semifinal 1		Semifinal 2	
Order to choose starting position in the semifinal 1		Order to choose starting position in the semifinal 2	
1*	H1#1	1	H3#1
1*	H2#1	2*	H1#2
3	H3#2	2*	H2#2
4	H3#3	4*	H1#3
5	LL1	4*	H2#3
6	LL3	6	LL2

H1#2 means the athlete finished second in the heat 1.
* For athletes with the same rank in the previous phase, the athlete with the best race time of the previous phase chooses his/her position on the starting line first.

60.5. Finals – Start list composition

Athletes will choose their starting position following the order below:

FINAL - Start list order	
1st position	Winner of semifinal, break tie by semifinal time
2nd position	Winner of semifinal, break tie by semifinal time
3rd position	2nd place of semifinal, break tie by semifinal time
4th position	2nd place of semifinal, break tie by semifinal time
5th position	1st Lucky Loser: fastest time among all semifinal finishers not yet qualified for the final
6th position	2nd Lucky Loser: fastest time among all Semifinal finishers not yet qualified for the final

60.6. Photo finish

In case of a tie after Photo finish during heats, the lower bib number will be ranked in second place of the tie (e.g., bib 7 is lower than bib 9). In case of a tie between two athletes for the third Lucky Loser, only the athlete with the lowest bib number will be qualified.

In case of a tie after Photo finish during semifinals, the athlete with the best rank in the heats then with the best time in the heats will be ranked in first place of the tie. In case of a tie between two athletes for the second Lucky Loser, the second athlete in the tie will not be qualified for the final.

In case of a tie after Photo finish during finals, athletes will be ranked ex-aequo.

60.7. Final ranking

Athletes with the same rank in the semifinal or heats, which were not progressing to the next phase will be ranked according to their position and then their time during the previous phase. In the heats phase, ex-aequo is possible when athletes have the same time. In the semifinal, ranking is done by position, then semifinal time, then heat rank, then heat time, otherwise ex-eaquo.

60.8. Invalid Result Mark (IRM)

Did not start (DNS) / Did not finish (DNF) during semifinal will be ranked in the last position of semifinalists (e.g., 12th position). In case of several athletes with DNS, the tie will be broken by the rank after the heats.

DNS/DNF during final will be ranked in the last position of finalists (e.g., 6th position). In case of several athletes with DNS, the tie will be broken by the rank in the semifinals then their semifinal time.

DNF athletes take the rank before the DNS.

Example with 2 DNS and 2 DNF in semifinals:
12th: DNS / 11th: DNS / 10th: DNF / 9th: DNF.

DNF in heats will not be ranked in the results but be listed and marked DNF in event summaries.

Disqualified (DSQ) / Disqualified for special behaviour (DQB) athlete will not be ranked at any phase of the event.

If a DSQ athlete is announced before the start of the next phase, the first athlete not qualified will replace the position of the DSQ athlete.

If DSQ or DQB athlete is announced after a phase, athletes ranked behind the DSQ/DQB athlete will gain one place.

61. MIXED RELAY RACE

61.1. Start list

NOCs must provide the ISMF Race Office with the composition of the Mixed Relay teams 2 (two) hours before the TCM.

61.2. Phases

For the Mixed Relay race there will be only the final phase. Therefore, it could be possible to have more than 12 (twelve) teams at the starting lines. In this case the last bib numbers will be positioned on a third line in the starting area. There will be a maximum of 6 (six) athletes on each starting line.

61.3. Position on the starting line

The female athlete from each team will start the race and will choose the position on the starting line. Bib #1 will select first, and selection follows by bib number in ascending numerical order.

61.4. Invalid Result Mark (IRM)

Team with IRM (DNS, DNF, DSQ, DQB) will not be ranked in the results, but be listed in event summaries.

In case of DQB, each team ranked behind the DQB team will gain one place.

APPENDIXES

APPENDIX Y: SPRINT TIE RULES

PHASE	RULES FOR THE FINAL RESULT	RULE IF TIE AT PHOTO FINISH (inside unit) only to organise the progression system
FINAL	Place 1-6 Photo finish Ex-eaquo possible	
SEMIFINAL	Places 7-12 (non-qualified athletes): Rank in each semifinal Then semifinal time Then heat rank Then heat time Then Ex-eaquo	Photo finish Then rank during heats Then time during heats Then bib number
HEATS	Places 13-18 (non-qualified athletes): Rank in each heat Then heat time Then Ex-eaquo	Photo finish Then bib number

TRANSITORY RULES FOR EUROPEAN CHAMPIONSHIPS

62. GENERAL INFORMATION

These transitory rules apply only for the European Championships 2024. Any rules not mentioned or specified below are subject to the other ISMF rules and guidelines.

62.1. Specification of races

A five-day event for Senior and Youth categories that must include Individual, Vertical, Sprint and Mixed Relay races.

62.2. Criteria for hosting

Must have previously held an ISMF World Cup event, Youth World Cup or ISMF event or a technical visit and received a favourable ISMF report before applying to host a European Championship.

63. FEES

63.1. Calendar Fee

The Calendar Fee applicable for European Championships 2024 is 5.000,00 EUR. The calendar fee will be invoiced upon publication of the event on ISMF website.

63.2. Hosting Fee

The first instalment of the Hosting Fee will be invoiced before the beginning of the season with an amount of 7.500,00 EUR (non-refundable). The final payment of the hosting fee will be invoiced after the event balanced out with the registration fee.

64. PRIZE MONEY

The following prize money is applicable according to the different age categories.

64.1. Senior category

The following prize money is applicable for senior categories.

PRIZE MONEY* (minimum)	SPRINT	VERTICAL	INDIVIDUAL	MIXED RELAY
1st SM/SW	1.300,00 EUR	1.300,00 EUR	1.300,00 EUR	1.500,00 EUR**
2nd SM/SW	1.000,00 EUR	1.000,00 EUR	1.000,00 EUR	1.200,00 EUR**
3rd SM/SW	700,00 EUR	700,00 EUR	700,00 EUR	800,00 EUR**
4th SM/SW	500,00 EUR	500,00 EUR	500,00 EUR	Gift***
5th SM/SW	300,00 EUR	300,00 EUR	300,00 EUR	Gift***
TOTAL per category	3.800,00 EUR	3.800,00 EUR	3.800,00 EUR	3.500,00 EUR
TOTAL per race	7.600,00 EUR	7.600,00 EUR	7.600,00 EUR	3.500,00 EUR
TOTAL all races	26.300,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*

***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*

****The LOC shall provide both team members with a gift.*

64.2. U23 and Youth categories

The following prize money is applicable for U23 and Youth categories.

PRIZE MONEY* (minimum)	SPRINT	VERTICAL	INDIVIDUAL	MIXED RELAY
1st U23M/W	500,00 EUR	500,00 EUR	500,00 EUR	-

2nd U23M/W	300,00 EUR	300,00 EUR	300,00 EUR	-
3rd U23M/W	200,00 EUR	200,00 EUR	200,00 EUR	-
4th U23M/W	Gift	Gift	Gift	-
5th U23M/W	Gift	Gift	Gift	-
1st U20M/W	300,00 EUR	300,00 EUR	300,00 EUR	500,00 EUR**
2nd U20M/W	200,00 EUR	200,00 EUR	200,00 EUR	300,00 EUR**
3rd U20M/W	150,00 EUR	150,00 EUR	150,00 EUR	200,00 EUR**
4th U20M/W	Gift	Gift	Gift	Gift***
5th U20M/W	Gift	Gift	Gift	Gift***
1st U18M/W	200,00 EUR	200,00 EUR	200,00 EUR	-
2nd U18M/W	150,00 EUR	150,00EUR	150,00 EUR	-
3rd U18M/W	100,00 EUR	100,00 EUR	100,00 EUR	-
4th U18M/W	Gift	Gift	Gift	-
5th U18M/W	Gift	Gift	Gift	-
TOTAL per category	2.100,00 EUR	2.100,00 EUR	2.100,00 EUR	1.000,00 EUR
TOTAL per race	4.200,00 EUR	4.200,00 EUR	4.200,00 EUR	1.000,00 EUR
TOTAL all races	13.600,00 EUR			

**The said amounts of prize money have to be considered gross which will be then deducted of any withholding tax in force in the LOC's nation.*

***The amount has to be considered per team. The LOC should pay exact half amount to one team member and the other exact half amount to the other team member.*

****The LOC shall provide both team members with a gift.*

65. SCHEDULE OF EVENT

For ISMF events a certain event schedule is obligatory, and the following elements have to be respected. Any changes in the mentioned schedules have to be presented and approved by the ISMF Event Coordinator. TCMs can be combined in one, BIB distribution always has to take place the day before the respective race.

Day 1	**Day 2**	**Day 3**	**Day 4**	**Day 5**	**Day 6**	**Day 7**
Arrival	Track inspection	Race 1	Race 2	Rest Day	Race 3	Race 4
Accreditation	TCM Race 1 + 2	Ceremonies	Ceremonies	TCM	Ceremonies	Ceremonies
Opening Ceremony	BIB distribution	BIB distribution	TCM	BIB distribution	TCM	Closing Ceremony
			BIB distribution		BIB distribution	Departure

66. LICENCE AND REGISTRATION QUOTAS

Athletes participating in the European Championships 2024 must hold the ISMF Elite licence.

The following quota apply for Individual, Sprint and Vertical races:

- Senior: 4 M and 4 W
- U23: 3 M and 3 W (total of 7 Seniors M and 7 Seniors W)
- U20: 4 M and 4 W
- U18: 4 M and 4 W

The following quota apply for Mixed Relay race:

- Senior: 3 teams
- Youth: 2 teams

67. SERVICE PROVIDERS

The following service providers are expected at the European Championship 2024:

- Official ISMF time-keeping company;

- ISMF Implementation Team's staff;
- ISMF Ranking Manager.

The LOC should provide the aforementioned persons with the necessary accommodation.
The cost of the above-mentioned services will be included in the total amount of the Hosting Fee invoice.